

GLOBAL NEWS
Fukushima Fallout in our Fish

REVIEWS
Books, Films, Music

SCIENCE
Gravity and the Ether

NEXUS

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The West vs Putin: an inside view

**Wi-Fi, cellphones
and DNA damage**

**Vanished races
of the Americas**

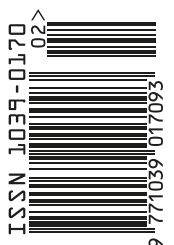
**Is Epstein-Barr
virus a cause of
mystery illnesses?**

**Ancient Ethiopians
and the Naga Empire**

**Air Force whistleblower
on ET war in Greenland**



**Rhythm of breathing affects our
emotions and memory function**





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– Duncan Roads, Editor

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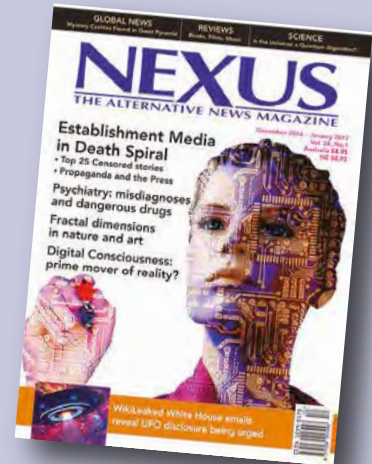


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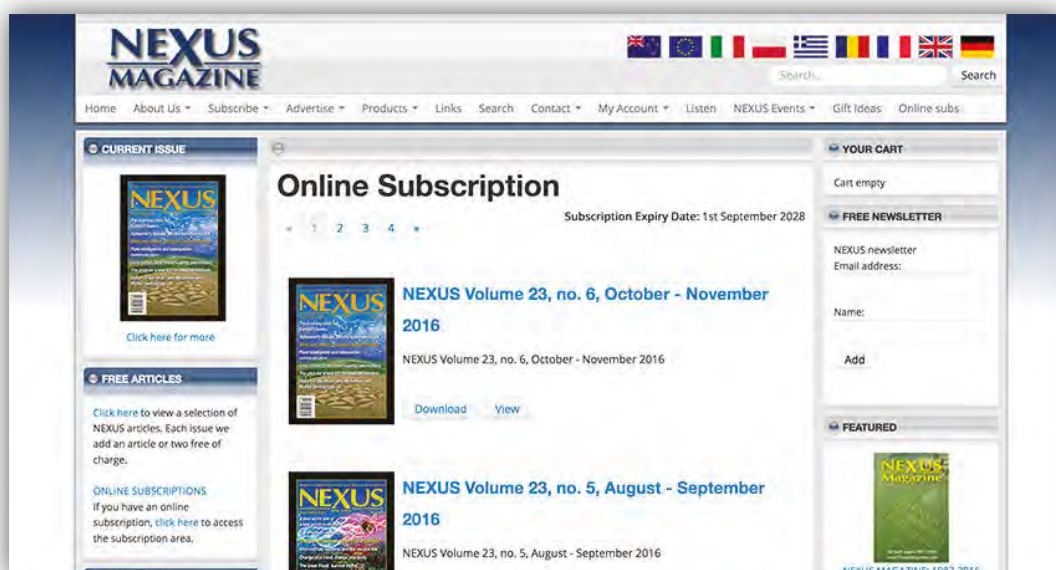
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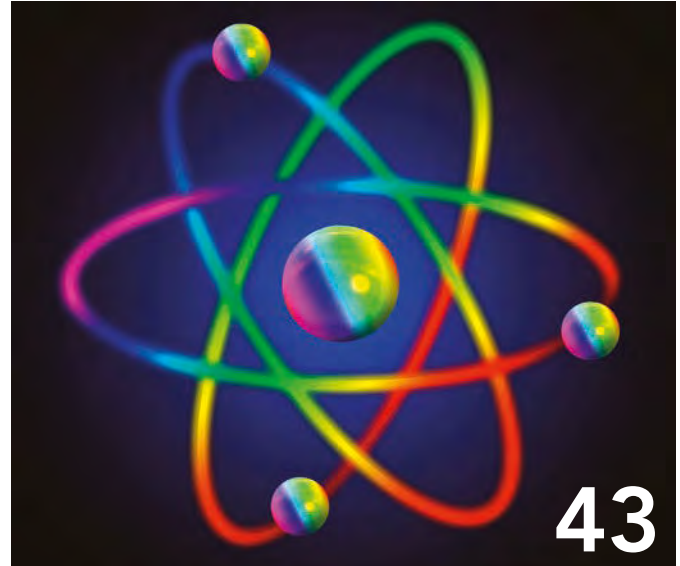
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EDITORIAL

Power, Politics & Presidents...

There's just under one week to go, as I write this editorial, until President-elect Donald Trump is inaugurated as President of the USA. To say that emotions are still running high is an understatement. There are so many with hopes—and just as many with fears—as to what will happen before and/or after the inauguration ceremony on 20 January.

But seriously, how much power does the President of the USA actually have? One can accept that Trump might be given the nod to do what he wants on the domestic front with running the business that is called America—but how many readers accept the idea that a US President has any *real* say in global matters? Very few, I'd suggest.

Take a look at President Barack Obama, who promised change with America's international affairs, promised to close America's overseas detention and torture centres, promised fewer bombing strikes, promised to protect whistleblowers, and so on. He's done the exact opposite on all counts!

According to a blog on the Council on Foreign Relations website (see <http://tinyurl.com/hkj3swg>), during 2016 alone the USA dropped 26,171 bombs on wedding parties, funerals, children's soccer games, hospitals, schools and people in their homes and in the streets and fields in seven countries: Syria, Iraq, Afghanistan, Libya, Yemen, Somalia and Pakistan.

It is obvious when one looks back that since the time of JFK, US Presidents have become no more than just pre-selected figureheads who are either told or steered into what to do on international matters.

Even as I write this, the USA and NATO are rushing thousands of troops and tanks to the Russian border with Europe—yet there's barely a mention in the mainstream (controlled) news, of course. Is war imminent? Has there been a hidden coup in the US military?

Is war with Russia on the cards? The demonisation of Vladimir Putin has certainly escalated. If the formula used for the past 100 years is being followed, you need to look for reports that Putin kills or eats babies! Once you see this in the "news", you'd better dig your bunker or head for the hills! Having been to Russia, I have a different perspective on Putin than do most westerners—and to this end, I've selected an article that casts a very different light indeed.

Another very important article in this issue focuses on the EMF plague. While mainstream "experts" are being paid to distort the truth and lie about safety levels for cellphones, Wi-Fi, smart meters and more, the number of people who suddenly find themselves electrosensitive to the point of debilitation is growing rapidly. If you're looking for something that actually "works" in terms of removing symptoms, we at NEXUS recommend the Blushield range of products. (In fact, we were so impressed that we decided to help sell them!)

There is one article in particular in this issue that really excites me. I refer to the Epstein-Barr virus extract from the book by the self-titled "Medical Medium". Move over, Edgar Cayce! The information coming from this author is quite controversial, to say the least. Be sure to read the book review, too.

However world events turn out, NEXUS will surely shed some light on them!

– Duncan

...the USA and NATO are rushing thousands of troops and tanks to the Russian border with Europe... Is war imminent?

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LETTERS

Beyond Digital Consciousness

Hi Duncan: Re the article "Digital Consciousness" last edition [24/01], I couldn't help but put pen to paper to comment.

Although the article was very well written and raised some intriguing points, to me it missed the whole point of its subtitle, i.e., "The Answer to Life's Great Mysteries?". The article's theme is that our life is "digital", i.e., "having properties that can be encoded into bits", and even our consciousness is "a consciousness-driven digital reality". Then to explain, quite rightly, that consciousness is not an "emergent property" of brain function seems to me wholly contradictory. We know that our consciousness is linked to our etheric or spirit being and continues with it long after the brain, digital or otherwise, has ceased to function.

To present human consciousness and life as some sort of "digital" machine is most unfortunate and well wide of the mark, particularly as we now know so much more about ourselves. We know, for example, that a person really is a spiritual being and to make him/her out to be, as also did the front cover graphic, a bunch of computer bits is to my mind a very limited and limiting theme.

Our "digital" world labours under left-brained, ever-cleverer, intellectual graffiti and ever more artefact-laden accumulation, while waiting in the wings are the right brain's intuition and artistic insight that we so desperately need. If we are ever to develop into our full potential as sentient beings, it will be because we have learned to use our whole brains and consciousness to discover our true spiritual nature.

The answer to life's great mysteries is not to be found in "digital" research, as our long history of science and spirituality shows us. It's now very hard to

distinguish between the leading understanding of quantum physics and what the mystics have been telling us for a thousand years.

Regards,

Peter, Queensland, Australia

[Hi Peter: My understanding is that we exist and that we experience and express ourselves through consciousness. In fact, consciousness itself can be expressed through an infinite number of forms or mediums, ranging from rocks to bacteria to humans to stars and galaxies.

That said, most people believe in or perceive and therefore experience a type of binary life of opposites; for example, the belief in good and evil, and the perception of light and dark (which is absence of light and does not exist anyway), on and off, left and right, etc.

But I do have to say that I believe that consciousness can be relocated from one place to another and also from one body to another—similar to the concept in the movie Avatar and some episodes of the TV series Stargate. Ed.]

Anunnaki Film Suppressed?

Hi Duncan: I am an avid reader of NEXUS and I thank you for a great alternative news magazine, although I've only been reading it for a few years.

So I wonder if you have ever done any articles on Jon Gress and the reason why his movie *1 Anunnaki*, which began production in 2005, was never released in full. It was based on the research of Zecharia Sitchin, and Gress found Sitchin's theories so enthralling that he was inspired to make a movie which was to be the first in a trilogy.

There was an interview done by TV Amsterdam with Jon Gress, who is a successful director, editor and producer, having worked on many projects. There have been and still are so many movies out there with

similar themes that one has to wonder why

this one never made it to the cinema. Perhaps you are already aware of this; but if not, would it be something that you might investigate? You can see the interview with Gress on YouTube at <http://tinyurl.com/zyuh5xw>.

Best wishes,

Tess B., UK



Vortex Geometry Research

Dear Duncan: Thank you for your great contributions in alternative media and science. I hope you get to share this story as well.

My name is Maggie Blair, and in the last few years I have been researching and exploring the properties of vortex geometry and mathematics.

I started by creating 2D fractal maps based on Marko Rodin's sign for the base-9 system. One pattern in particular has branched out into four other arrangements that suggest the existence of a pulse. I refer to this fractal as "base C", and it is presented in my web page with images of 2D grids.

My first exploration of 3D fractals started by using truncated tetrahedrons and octahedrons as building blocks. I used truncated tetrahedrons on their own, truncated octahedrons on their own, and a mixture of truncated tetrahedrons and octahedrons.

In a later example, I discovered the formation of cuboctahedrons and anticuboctahedrons. They exist in unfilled spaces and are literally encapsulated by square and triangular walls, perfectly spaced out and adjustable. Again, I connected cuboctahedrons on their own and anticuboctahedrons on

their own and mixed the two together. This time, unfilled spaces contained octahedrons and octahedral chains in a 3D matrix.

In a sense, octahedrons have the peculiar ability to pair themselves, forming double, triple or any desired length chains, which again are perfectly spaced and adjustable.

As I was unable to find any information on the Internet about anticuboctahedrons and none linking them to cuboctahedrons, I feel that this subject needs to be explored much further.

We are still missing a great deal of understanding about how the universe works. I would love for my little contribution to be fully comprehended.

All links mentioned in this letter are at <http://tinyurl.com/j9ouyb9>.

As an update, I have read your latest issue of NEXUS and found Nigel Lesmoir-Gordon's work [see 24/01]. I sent him the material to assess and he congratulated me on my efforts and passed on the material to a very accomplished animator. So, a giant step forward thanks to you!

Maggie Blair, Australia

Mini Ice Age Scenario

Season's greetings, Duncan: I like the new-look NEXUS Magazine [24/01]. I thought that the history behind the Mandelbrot set in "Fractal Geometry and the Mandelbrot Set" by Nigel Lesmoir-Gordon was particularly interesting, as were the articles "The Universe is a Quantum Algorithm" by Ovidiu Racorean and "Digital Consciousness" by Jim Elvidge.

We will soon see who is correct about climate change, but with massive environmental destruction everywhere I fear the worst, yet I will continue to keep an open mind until we see what occurs next.

Sudden, massive ice-melting and sea level rises as well as unstoppable fires from cyclonic dry winds will likely be the first signs. I am hoping that the planet's natural

systems will have a fallback option: a sudden mini ice age, as mentioned in the 2003 article by Dr Robert B. Gagosian, former President and Director and current President Emeritus of the Woods Hole Oceanographic Institution ("Can Global Warming Cause an Ice Age?", NEXUS vol. 10, no. 2).

I did in fact see an article in a newspaper recently, which said that oceanographers are shocked to see a sudden chilling of the Atlantic Ocean—exactly as had been predicted by Dr Gagosian. Better to have an intense cold spell than the planet cooking!

I wish you and your family and the NEXUS staff a very wonderful festive season and a brilliant 2017.

Gary Opit, NSW, Australia

The Pitch for 432 Hz Tuning

Hi! I came across an effort to get Spotify to include a function to tune all its streamed music to 432 Hz; see <http://tinyurl.com/grtpomo>. [Refer to the article "432 Hz: Towards a New Standard Concert Pitch" in NEXUS 23/06 and letter in 24/01.]

I thought it might be a good idea to see if NEXUS, with its broad readership, could use this distribution to get Spotify to re-open this ability and finally make a huge headway towards the 432 Hz retuning effort.

Dane, NSW, Australia

Poland News Censorship

Dear Editor: I don't know if you are aware of this, but it seems that there is some kind of censorship of information regarding what is going on in Poland.

German and Russian agencies were publishing that it was a Polish driver who caused that mayhem in Berlin on 19 December 2016, but he was the first victim of the terrorist. German and Russian agencies are spreading lies about my country, Poland, and nobody does anything about it.

Also, there was an attempt to make a revolutionary change of

power. Some people don't want stability in my country. During those days, the television was experiencing signal outage, the main government database was hacked, the airports were not able to function as the back-up systems were locked out, and the T-Mobile network signal was turned off in many regions. Does anybody know that? Some people or organisations want Poland on its knees...

Name withheld, Poland

Blushield Protection Works!

Dear Duncan: We were very sceptical about trying the Blushield EMF protection device.

Over the past eight years, I have suffered from severe nerve pain in both legs as a result of multiple, extensive back operations for osteoporosis, and I've had four spinal rods inserted.

This has required the use of a lot of medications—painkillers, Lyrica® and baclofen—as well as heat packs and hot water bottles to enable just a limited degree of relief. At night-time, the pain always increased and therefore sleep was very difficult.

However, *the first day that we plugged in our Blushield EMF device, my severe pain was gone!* I find this almost unbelievable, but it has been over two weeks now since I started using the device and I have had none of the disabling nerve pain.

I add that unfortunately the Blushield device has not eliminated the heavy "pins and needles"—the neuropathy that I still have—but *the big horror is 99 per cent gone!*

Both my daughter, who is my full-time carer, and I fully recommend this product.

Ann H., Australia

[Hi Ann: We at NEXUS have received more positive feedback from users of Blushield devices than any other product or device in this field. I use Blushield products at home, and I also highly recommend the devices to anyone. Ed.]

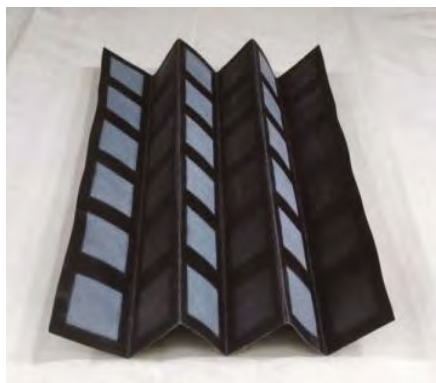


Global News from **NEXUS** Newsfeed

SCIENTISTS BUILD BACTERIA-POWERED BATTERY ON SHEET OF PAPER

Researchers at Binghamton University, State University of New York, have created a bacteria-powered battery on a single sheet of paper that can power disposable electronics. The manufacturing technique reduces fabrication time and cost, and the design could revolutionise the use of bio-batteries as a power source in remote, dangerous and resource-limited areas.

On one half of a piece of chromatography paper, Assistant Professor Seokheun "Sean" Choi and PhD candidate Yang Gao, the co-author of the study published in *Advanced Materials Technologies*, placed a ribbon of silver nitrate underneath a thin layer of wax to create a cathode. The pair then made a reservoir out of a conductive polymer on the other half of the paper, which acted as the anode. Once they properly folded



Researchers at Binghamton University have created a bacteria-powered battery on a single sheet of paper that can power disposable electronics. (Source: Dr Seokheun Choi)

the paper and added a few drops of bacteria-filled liquid, they found that the microbes' cellular respiration powered the battery. (Source: *ScienceDaily.com*, 21 December 2016, <http://tinyurl.com/gsa8a2t>)

HUNDREDS OF GM STUDIES BUSTED BY CONFLICTS OF INTEREST DISCOVERY

Researchers affiliated with France's National Institute for Agricultural Research (INRA) recently announced the results of their study regarding potential conflicts of interest and published studies on genetically modified (GM) crops.

The study, published in the journal *PLOS ONE* on 15 December 2016, determined that a large portion of studies on GM *Bt* crops were rife with conflicts of interest. Most of these studies were tainted because someone working on the study was also an employee of a GM-producing company either as an author or having received funds directly from the company.

Out of 579 published studies that were analysed, around 40 per cent showed a conflict of interest.

"We found that ties between researchers and the GM crop industry were common, with 40% of the articles considered displaying conflicts of interest (COI)," the study authors wrote.

The researchers also noted that studies with conflict of interest had a much higher likelihood of presenting a favourable outcome for GM organisms (GMO) when compared to those without.

The authors stated: "In particular,

we found that, compared to the absence of COI, the presence of a COI was associated with a 50% higher frequency of outcomes favorable to the interests of the GM crop company."

The majority of these studies were American—404 in total—and 83 were Chinese.

"The most important point was how we also showed there is a statistical link between the presence of conflicts of interest and a study that comes to a favorable conclusion for GMO crops," Dr Thomas Guillemaud, Director of Research at INRA and lead author, told Agence France-Presse. "We thought we would find conflicts of interest, but we did not think we would find so many."

It should also be noted that the study itself was limited because it only investigated direct financial conflicts of interest. It did not include conflicts of interest such as authors being members of advisory boards, co-holders of patents or consultants to GM companies.

This study thus shows the incredible level of corruption, politicisation and deceit now present in the scientific community, particularly in the Western world. If academics and scientists want to know why more and more people distrust their claims, this is a perfect example.

(Source: *ActivistPost.com*, 27 December 2016, <http://tinyurl.com/he8gtpq>)

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SWEEPING POWERS TURN UK INTO SURVEILLANCE STATE

On 29 November 2016, Her Majesty gave royal assent to the most encompassing surveillance law that the UK has ever seen: the Investigatory Powers Act 2016 (IP Act), or "snooper's charter".

The act of curtailing what might once have been thought to be basic political freedoms—to anonymously read what you want in your living room, say—has passed by with astonishingly little public debate.

The UK government is now legally authorised to do much of what it has been doing anyway for the past 17 years, as the IP Act incorporates on a clean sheet of legislation the most sweeping surveillance powers ever enacted, not just in the UK but in any Western European nation or in the United States.

For the first time, the UK government has the legal authority to hack devices in bulk, even when citizens are overseas, in what it calls "equipment interference".

Internet service providers are now required by law to collect and retain details of every website user's visits over the course of a year and to cooperate noiselessly with the government upon request.

Forty-eight agencies including the Food Standards Agency, Ofcom and various police bodies can access these records.

(Source: *OpenDemocracy.net*, 7 December 2016, <http://tinyurl.com/hj5w79e>)



THUMBPRINT PAYMENT SYSTEM LAUNCHED IN INDIA

Taking a major step towards bolstering the government's plans to turn India into a digital economy,



Prime Minister Narendra Modi has launched a digital payment application based on the United Payments Interface (UPI) and Aadhaar that will enable people to make digital transactions more easily.

The system will also allow users to transact through the use of biometrics. Called BHIM (Bharat Interface for Money), the new application has already been made available for smartphones running on Android systems. An app for iPhone users is set to follow soon.

"With the BHIM app, you'll only require your thumb to pay. [N]ow your thumb is your bank," Modi said at the DigiDhan Mela, an event organised to celebrate the success of the digital currency push.

The speed at which the biometric options in the app are enabled, however, will depend on the speed at which security features for the same are put into place.

The Aadhar-linked payment system's security operations are currently being developed by the government.

Users can register their bank account with BHIM and set up a UPI PIN for the account. The mobile phone number then acts as the user's identifier, enabling transactions such as sending or receiving money.

(Source: *NewIndianExpress.com*, 31 December 2016, <http://tinyurl.com/z5245u7>)

SIX MORE STRANGE RADIO SIGNALS DETECTED COMING FROM OUTSIDE OUR GALAXY

Back in March 2016, scientists detected 10 powerful bursts of radio signals coming from the same location in space.

Now, a research team led by the McGill Space Institute at McGill University in Montreal, Canada, has picked up six more of the signals seemingly emanating from the same region, far beyond our Milky Way.

These fast radio bursts (FRBs) are some of the most elusive and explosive signals ever detected from space. They only last for milliseconds, but in that short period of time they generate as much energy as the Sun does in an entire day. But despite how powerful these FRBs are, scientists still aren't sure what causes them.

Until the detection of the 10 repeating signals in March, it was thought that the bursts were only ever one-off events coming from random locations around space. And without a discernible pattern to these bursts, scientists were left stumped as to what could be causing them.

Now that they've detected 16



Arecibo Observatory, Puerto Rico

FRBs all coming from the same place, scientists might finally begin to narrow down options for what could be causing the signals.

The first 10 radio bursts recorded coming from this one region were identified in March 2016, but they actually occurred in May and June 2015. Not only were these the first FRBs ever detected coming from outside our galaxy—the rest all appeared to originate in the Milky Way—but they also created a repeating pattern of signals unlike anything seen before.

When the researchers looked back over the data, they also saw an FRB from 2012 that appeared to come from the same location, too, making a total of 11 FRBs from the one spot and indicating that there was something beyond the Milky Way that was regularly producing the extremely short and intense signals.

The region where six more of the mysterious signals were detected has become known as FRB 121102, after the first FRB recorded there.

"We report on radio and X-ray observations of the only known repeating Fast Radio Burst (FRB) source, FRB 121102," the team wrote in *The Astrophysical Journal* (20 December 2016). "We have detected six additional radio bursts from this source: five with the Green Bank Telescope at 2 GHz, and one at 1.4 GHz with the Arecibo Observatory, for a total of 17 bursts from this source."

The team can't pinpoint the exact location of FRB 121102. But based on the specific way in which the

lower frequencies were slowed, the researchers can tell that the FRBs came from a long way away, far beyond the Milky Way galaxy.

(Source: *ScienceAlert.com*, 24 December 2016, <http://tinyurl.com/zonb7jy>)

MONSANTO'S TAKEOVER BY BAYER TO FORM WORLD'S LARGEST SEED AND CHEMICAL COMPANY

Monsanto shareholders have approved the company's US\$66 billion takeover by German pesticide and pharmaceutical corporation Bayer AG. The acquisition faces intense regulatory scrutiny in the United States, the European Union and other markets, as combining the two multinational juggernauts would form the world's largest seed and chemical company.

As Reuters reported, the combined companies plan to increase research and development spending and develop a global seeds and biotechnology hub in St Louis, Missouri, to help spur regulatory approval.

"I think those [measures] augur well for the deal," Monsanto's CEO Hugh Grant told the news service.

In an interview with the *St. Louis Post-Dispatch*, Grant said that

regulatory filings have now been made in the United States. The deal also needs to be upheld in the European Union, Brazil, India and China. The Monsanto boss is hopeful that the proposed merger will be passed in all jurisdictions since "the overlap between the two [companies] is really quite small".

But in November, several US state attorneys general reportedly joined federal antitrust investigations of the pending multibillion-dollar deal.

One concern is that Bayer and Monsanto have overlapping cottonseed brands. Bayer licenses genetic traits that make seeds resistant to its herbicide Liberty®, while Monsanto licenses traits that make seeds resistant to its herbicide Roundup®. Monsanto and Bayer control the two top cottonseed brands in the US—comprising about 70 per cent of all cotton acreage in the country.

Critics have many misgivings about the takeover, citing increased prices for farmers and consumers due to reduced competition, the monopolisation of the global food supply and the proliferation of pesticides.

The Natural Resources Defense Council (NRDC) has concerns that the potential mega-corporation



Activists protest against bee-killing pesticides at Bayer's 2016 AGM in Cologne, Germany. (Photo: SumofUs)

would have control of 29 per cent of the market for seeds and 28 per cent for pesticides—a threat to farmers, consumers, bees and other pollinators, and the environment.

"The existence of such a powerful player would substantially harm both farmers and the environment by decreasing competition and innovation, resulting in increased costs, and allowing for greater corporate control over farmers' planting choice. It's lose-lose for farmers and consumers," the organisation said. "Of particular concern to NRDC is that the merger would reinforce the chemical-intensive growing practices currently threatening bees and wild pollinators that support between \$200–600 billion worth of crops in the global food supply."

The NRDC has filed a letter with the US Department of Justice, objecting to the proposed takeover.

The letter also notes that other major agribusinesses plan to combine, including ChemChina with Syngenta AG and Dow Chemical Company with DuPont.

"Mergers are a big win in a corporate boardroom, but out on the farm, consolidation just means higher costs," said NRDC senior attorney Rebecca Riley.

(Source: *EcoWatch.com*, 14 December 2016, <http://tinyurl.com/h36rgzg>)

RHYTHM OF BREATHING AFFECTS EMOTIONS AND MEMORY FUNCTION

Northwestern Medicine scientists have discovered that the rhythm of breathing creates electrical activity in the human brain that enhances emotional judgements and memory recall. These effects on behaviour depend critically on whether you inhale or exhale and whether you breathe through the nose or mouth.

In the study, published in *The Journal of Neuroscience* (7 December 2016), individuals were more likely to remember an object if they encountered it on the inhaled



breath rather than on the exhaled one. The effect disappeared if breathing was through the mouth.

"One of the major findings in this study is that there is a dramatic difference in brain activity in the amygdala and hippocampus during inhalation compared with exhalation," said lead author Dr Christina Zelano, Assistant Professor of Neurology at Northwestern University's Feinberg School of Medicine in Chicago. "When you breathe in...you are stimulating neurons in the olfactory cortex, amygdala and hippocampus, all across the limbic system."

The scientists discovered these differences in brain activity while

studying seven patients with epilepsy who were scheduled for brain surgery. A week prior to surgery, a surgeon implanted electrodes into the patients' brains in order to identify the origin of their seizures. This allowed the scientists to acquire electro-physiological data directly from the patients' brains. The recorded electrical signals showed that brain activity fluctuated with breathing. The activity occurred in brain areas where emotions, memory and smells are processed.

This discovery led the scientists to ask whether cognitive functions—in particular, fear processing and memory—typically associated with these brain areas could also be affected by breathing.

Another potential insight from the research relates to the basic mechanisms of meditation or focused breathing.

"When you inhale, you are in a sense synchronizing brain oscillations across the limbic network," Dr Zelano noted. (Source: *ScienceDaily.com*, 7 December 2016, <http://tinyurl.com/jm9wy9b>)





USA CREATES 'PROPAGANDA ACT' TO COUNTER 'FAKE NEWS' – EU TO FOLLOW SUIT

On 23 December 2016, President Obama signed the National Defense Authorization Act (NDAA), which approves US\$611 billion for military spending in 2017. Leaving aside the year-on-year increase and the huge sum overall, buried deeply inside its hefty documentation the NDAA authorises the "Countering Foreign Propaganda and Disinformation Act of 2016".

Senator Rob Portman justified the hidden Act by saying that "there is currently no single US governmental agency or department charged with the national level development, integration and synchronization of whole-of-government strategies to counter foreign propaganda and disinformation". In other words, the NDAA effectively brings with it the creation of a post-Cold War Ministry of Information.

Before this hidden Act was passed, ZeroHedge.com described it as "a bill that further chips away at press liberties in the US, and which sets the stage for future witch hunts and website shutdowns, purely as a result of an accusation that any one media outlet or site is considered as a source of 'disinformation and propaganda' and is then shut down by the government".

European Parliament President Martin Schulz and Germany's Justice Minister Heiko Maas both came out against so-called fake news around the same time. In separate press interviews, they

discussed plans to create laws banning platforms like Facebook from spreading what they consider to be fabricated stories presented as real news. Schulz claimed that to combat the subversion of democracy that occurs when foreign interests create fake viral stories, "not only a national, but a European" solution is necessary.

Facebook and Google have both stated that "fake news" stories will be taken down by an army of "fact-checkers".

It is clear that the political elite want to crack down on what they view as fake news—which amounts to pretty much anything that they disagree with or doesn't fit with their own world view and the outcomes desired.

(Source: *TruePublica.org.uk*, 29 December 2016, <http://tinyurl.com/hlb66jn>)

USA TO BOOST SPACE WEAPONISATION

The USA has just taken a big step forward to unleash an arms race in space. On 23 December 2016, President Obama signed the National Defense Authorization Act which includes legislation to relaunch the "Star Wars" program. The national Ballistic Missile Defense System (BMDS) is to enter a new phase which will greatly complicate the international security agenda and heighten tensions with Russia and China.

As a US presidential candidate, Barack Obama called ballistic missile defence plans "unproven" and vowed to cut them! The decision to relaunch the "Star Wars" program is at odds with the opinion of many experts in the field. For instance, the 2016 report by the Union of Concerned Scientists says that the US missile defence program is costly, unreliable and exempt from oversight.

Weapons of mass destruction are banned from space under the 1967 Outer Space Treaty. But the Treaty does not ban the placement of

conventional weapons in orbit.

The potential arms race in space is an issue of major concern for the United Nations. In 2008, Russia and China proposed the first-ever draft Treaty on Prevention of the Placement of Weapons in Outer Space and of the Threat or Use of Force against Outer Space Objects (PPWT). The initiative led nowhere after being torpedoed by the USA.

In December 2015, the UN General Assembly adopted a Russian-led resolution calling for a nonbinding restriction against the first placement of weapons in outer space. One hundred and twenty-nine nations, including China, voted to adopt the measure. The only government that objected to the substance of the initiative was the USA. The EU abstained.

(Source: *Strategic-Culture.org*, 29 December 2016, <http://tinyurl.com/hsoyx5s>)

ANONYMOUS URGENT MESSAGE TO THE WORLD

Greetings, world. We are Anonymous. This message goes out not only to citizens across the globe but to the US President-elect, the incoming Director of Central Intelligence and individuals within the Kremlin.

As many of you are by now aware, there are entities within the United States government and various allied Western nations who have been executing a long-planned agenda involving a series of created enemies. This agenda was exposed through individuals such as Dr Carol Rosin, who was the former spokesperson for Dr Wernher von Braun, the German aerospace engineer and space architect who, as a member of the Nazi Party and SS, invented the V-2 rocket for the Nazis. Dr von Braun was one of 1,500 scientists and engineers who were brought to the United States after World War II as part of Operation *Paperclip*.

The agenda being commenced by the US government has been

planned and in motion since the 1950s, and ultimately led to President Eisenhower's loss of control over deep national security state programs within the government. No President since has had full operational access control over the rogue elements within the Establishment, and the covert operations undertaken by these entities (most often in the form of psychological warfare, such as frightening a nation into agreeing to war) have gone unchecked for decades and are now an existential threat. Many believe this is what Eisenhower was referring to in his farewell address, in which he warned the nation and the world about the military-industrial complex.

To reiterate Dr Rosin's Disclosure Project statement, the series of enemies created by the US and various other Western nations include first Russia, with a focus on communism, and then terrorists, which the US created themselves and continues to arm and fund.

Third World countries, or "nations of concern", were listed next: these are countries that are not aligned with either Western nations or Russia and its allies, and we have in fact watched the US wage silent wars on many of these countries in the form of illegal coups and the placement of dictators sympathetic to US interests.

Dr Rosin went on to briefly mention asteroids as part of the agenda, and we know that there is research currently underway to reportedly protect the planet from cosmic dangers, such as that being undertaken by the Asteroid Deflection Research Center at Iowa State University which has been working on developing a spacecraft armed with a nuclear warhead to destroy incoming threats.

The final and most significant enemy listed by Dr Rosin, however, is the so-called extraterrestrial threat, in which the plan is to unite the world under the guise of a

cosmic threat from a hostile alien race... The majority of ruling governments across the globe have been aware of the extraterrestrial presence in our solar system since World War II, and this presence increased greatly after the atomic bombings of Hiroshima and Nagasaki...

Over the last 60–70 years, the US government has worked to discredit the extraterrestrial phenomenon, not only through denial and avoidance but with the help of the media. As news outlets report on UFO sightings with a tone akin to reports of Santa's sleigh, Hollywood has portrayed extraterrestrial life, also referred to as extraterrestrial intelligence or ETI, either as comical little green men with a penchant for anal-probing or as apathetic monsters devoted to destroying all human life.

The US government's reason for the smokescreen revolves around the advanced technology it has obtained from ETI through various means, and to admit to the ETI presence in our solar system is to admit that advanced forms of technology exist. This would not only bring an end to the lucrative fossil-fuel industry, but it would mean that the US military would lose its technological advantage on the battlefield and ultimately the elite would lose their power.

We know from government, intelligence and military

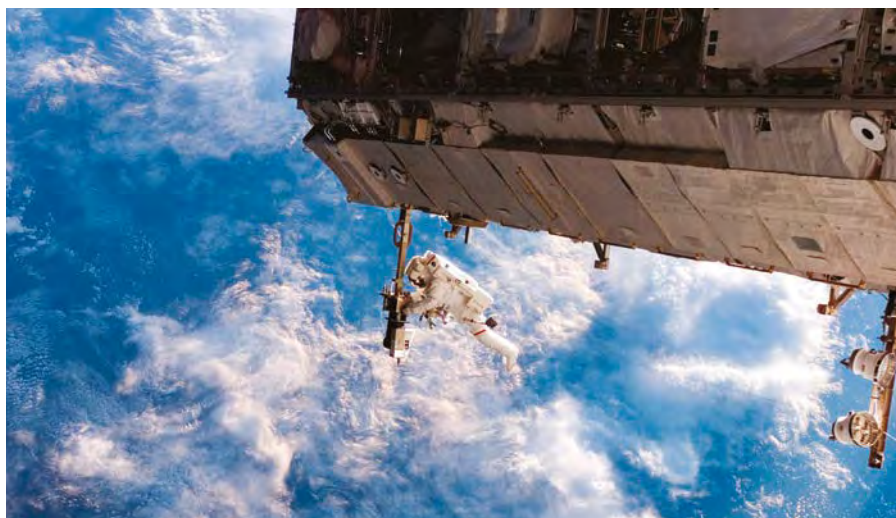
whistleblower testimonies that the advanced beings interacting with our planet are nonviolent. This fact was confirmed through the Podesta Files in leaked emails between John Podesta and Apollo 14 astronaut Dr Edgar Mitchell, in which Mitchell reminded Podesta that "...our nonviolent ETI from the contiguous universe are helping us bring zero point energy to Earth. They will not tolerate any forms of military violence on Earth or in space."

Various signs have mounted over the last six to nine months that would indicate we are getting closer to what is referred to in the intelligence community as a "false I and W", or "false indication and warning", which will be aimed at propelling the weaponisation of space. Nations such as Russia and China, in the meantime, have already proposed a UN treaty to ban space-based weapons.

The plans for this final step in the agenda, and the ensuing false-flag attack, have been confirmed by a US Air Force Special Investigations Counterintelligence Officer who also attests to the military staging of abductions, making them appear to be extraterrestrial in an effort to confuse the public.

All evidence will be released in early 2017...

(Source: Edited from a posting at AnonHQ.com, 30 December 2016, <http://tinyurl.com/ztdf5rs>)



SUPPRESSED PATENT NUMBERS ON THE RISE

The US Invention Secrecy Act of 1951 requires the government to impose "secrecy orders" on certain patent applications that contain sensitive information, thereby restricting disclosure of the invention and withholding the granting of a patent. This requirement can be imposed even when the application is generated and owned by a private individual or company without government sponsorship or support.

There are several types of secrecy orders which range in severity from simple prohibitions on export (but allowing other disclosure for legitimate business purposes) up to classification, requiring secure storage of the application and prohibition of all disclosure.

At the end of fiscal year 2016, 5,680 secrecy orders were in effect, the highest number since 1993.

The USA has reciprocal agreements regarding patent applications with the UK, Australia, Germany, Japan, Korea and France as well as many other EU nations.

The initial invention secrecy policies came as part of a temporary order during World War I. New legislation enacted on the eve of World War II followed the same model. Immediately after the war, Washington looked to ease worries about rogue scientists by simply banning them from seeking patents related to a wide swathe of atomic energy research.

The US Congress also gave the patent office permanent authority to put gag orders on applications via the Invention Secrecy Act of 1951. Under this law, federal agencies can ask the office to seal applications with orders that can be renewed annually. Any inventor who breaks a gag order can lose patent rights or face fines and prison.

While a handful of patent-secrecy orders are reversed each year, most seem to stay in place indefinitely. The longest-running secrecy orders

date back to the early 1940s. (Sources: *FAS.org*, December 2016, <http://tinyurl.com/hbww57w>; *Bloomberg.com*, 8 June 2016, <http://tinyurl.com/ha4ofu3>)

DUTCH JOURNALISTS ORDERED TO BE SILENT ON MH17 DISASTER

Two Dutch journalists, Stefan Beck and Michel Spekkers, were detained by the Dutch national police at Schiphol airport upon their return from Donbas, Ukraine.

The journalists had spent over a week in the Donbas area, interviewing locals and looking over the crash site of the Malaysia Airlines Flight 17 (MH17) that came down on 17 July 2014. They found aircraft wreckage fragments still strewn around the crash site, even though all the fragments were supposed to have been collected long ago. The Dutch police confiscated the fragments that the journalists had with them, along with video including interviews with eyewitnesses to the disaster.

"There are still a lot of materials to collect there, and it is not as dangerous there as representatives of the Dutch Public Prosecutor say. Apparently, we are dealing with serious negligence," the journalists said. "Officials with the Dutch Public Prosecutor Office claimed that they could not collect the material because the region where the plane crash occurred was too dangerous. However, during our stay in the region, we could see that it was not the case," they wrote.



Floral tributes and notes were left at Amsterdam's Schiphol airport to mourn the MH17 disaster victims.

Representatives of the Russian Foreign Ministry stated that the results of the MH17 investigation are biased because the report is based on information received from the Ukrainian side only.

(Source: *GlobalResearch.ca*, 9 January 2017, <http://tinyurl.com/zwo3u2q>)

FUKUSHIMA FALLOUT FOUND IN USA AND CANADA

Seaborne caesium-134, the so-called "fingerprint of Fukushima", has been detected on US shores for the first time, say researchers from the Woods Hole Oceanographic Institution. The seawater samples were taken from the shores of Tillamook Bay and Gold Beach in Oregon, and were actually obtained in January and February 2016 and tested later in the year.

In similar news, researchers at the Fukushima InFORM project in Canada, led by University of Victoria chemical oceanographer Dr Jay Cullen, said they sampled a sockeye salmon from Okanagan Lake in British Columbia that tested positive for caesium-134 as well.

Caesium-134 is called the "footprint of Fukushima" because of its fast rate of decay. With a half-life of only 2.06 years, there are few other places where the carcinogenic isotope could have originated.

Airborne radioactive fallout from the initial explosion and meltdowns at Fukushima in March 2011 reached the USA and Canada within days and circled the globe, falling out wherever the currents and precipitation carried it—mostly to places unknown to this day. Radioactive iodine-131 was found in municipal water supplies in places like Pennsylvania and Massachusetts shortly after the accident—a triple meltdown ranked as the most destructive environmental catastrophe in human history.

In the wake of the disaster, several governments, and certainly the Japanese government, have raised the "safe" annual limit for radiation

exposure for humans. Critics say that this is meant to lower the legal liability and placate concerns from the public in a radioactive world.

(Source: *EnviroNews.tv*,
12 December 2016,
<http://tinyurl.com/hqrvdun>)

AUSTRALIA PONDERES REMOVAL OF \$100 NOTE

Australia looks set to follow India and Venezuela by abolishing the country's highest-denomination banknote in a bid to crack down on the "black economy".

Speaking to ABC Radio, Revenue and Financial Services Minister Kelly O'Dwyer flagged a review of the \$100 note and cash payments over certain limits as the government looks to recoup billions of dollars in unpaid tax.

The mid-year budget update saw the appointment of former KPMG global chairman Michael Andrew to oversee a black economy taskforce. The black economy accounts for 1.5 per cent of GDP, given that many cash payments are untaxed.

Despite the broad use of electronic forms of payment, Minister O'Dwyer warned that there are three times as many \$100 notes in circulation as \$5 notes.

The Minister would not rule out the removal of the \$100 note, saying it was up to the expert panel to provide recommendations.

"There's nothing wrong with cash *per se*; the issue is when people don't declare it and when they don't pay tax on it," she said.

The taskforce will draw on the experience of countries like France, where the government banned cash payments of more than 1,000 euros.

The proposal comes after a report by UBS recommended that Australia scrap the \$100 note. According to UBS, benefits may include "reduced crime (difficult to monetise), increased tax revenue (fewer cash transactions) and reduced welfare fraud (claiming welfare while earning or hoarding cash)".

In November 2016, India



Photo: Martin Kingsley

demonetised the country's two highest-denomination banknotes in a move to crack down on "black money", sparking chaotic scenes. Prime Minister Narendra Modi sent shockwaves through the country on 8 November by announcing that all 500-rupee (\$10) and 1,000-rupee (\$20) notes—some 85 per cent of all the bills in circulation—would cease to be legal tender within hours.

In December 2016, Venezuela joined suit, with Venezuelans rushing to trade in their 100-bolívar bills after President Nicolás Maduro said he was eliminating them in an attempt to fight speculation and currency hoarding in the nation.

(Source: *News.com.au*,
14 December 2016,
<http://tinyurl.com/jdt4cj7>)

WALL STREET BANKS HAVE \$2 TRILLION IN EU EXPOSURES

The Office of Financial Research (OFR), a unit of the US Treasury, was created under the Dodd-Frank financial reform legislation of 2010. Its role, according to its website, is to "shine a light in the dark corners of the financial system to see where risks are going, assess how much of a threat they might pose, and provide policymakers with financial analysis, information, and evaluation of policy tools to mitigate them".

The OFR's 2016 Financial Stability Report, released on 13 December, indicates that Wall Street banks have been allowed by "regulators" to take on unfathomable risks, and that dark corners remain in the US financial system that are impenetrable even to this federal agency that has been tasked with

peering into them.

At a time when global business headlines are filled with reports of a massive banking bailout in Italy and the potential for systemic risks from Germany's Deutsche Bank, the OFR report delivers a chilling statement (p. 24): "U.S. global systemically important banks (G-SIBs) have more than \$2 trillion in total exposures to Europe... Roughly half of those exposures are off-balance-sheet... U.S. G-SIBs have sold more than \$800 billion notional in credit derivatives referencing entities domiciled in the EU."

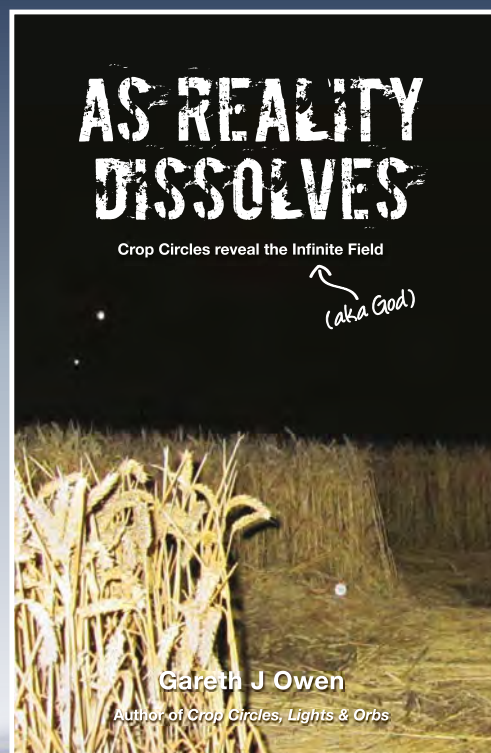
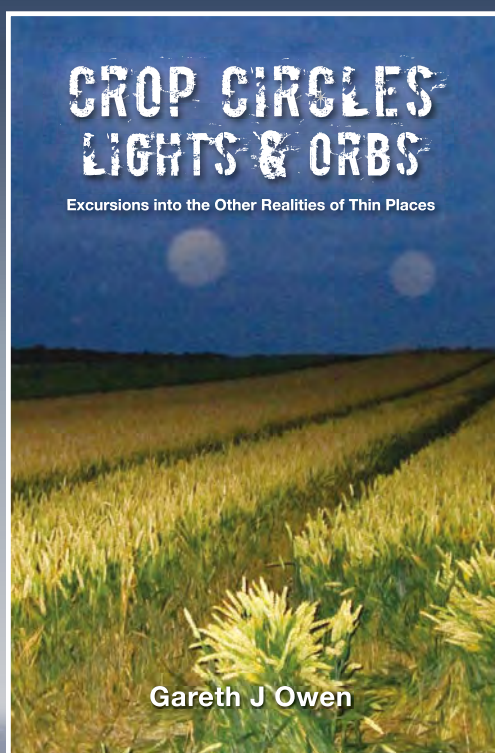
When a Wall Street bank *buys* a credit derivative, it is *buying protection* against a default on its debts by the referenced entity such as a European bank or corporation. But when a Wall Street bank *sells* credit derivative protection, it is on the hook for the losses if the referenced entity defaults.

Regulators will not release to the public the specifics on which Wall Street banks are selling protection on which European banks, but the idea that regulators would allow this build-up of systemic risk in banks holding trillions of dollars in insured deposits after the cataclysmic results of similar hubris in 2008 shows just how little has been accomplished in terms of meaningful US financial reform.

Adding to the potential for another epic crash on Wall Street taking down the entire US economy is data within the OFR report showing how interconnected the big Wall Street banks have become to the largest US insurers through derivatives. This has been allowed to happen despite the fact that the giant insurer AIG required a government backstop of \$182 billion following the 2008 crash because it had sold credit default protection via derivatives to the big Wall Street banks.

(Source: *WallStreetOnParade.com*,
3 January 2017,
<http://tinyurl.com/z9masyf>)

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The EMF Plague

by Donna Fisher © January 2017

Part 1 of 2

Scientific evidence demonstrates that microwave radiation from mobile phones and Wi-Fi damages our DNA and harms our health.

Legislating against Wi-Fi

In January 2015, the French National Assembly made history by passing a new national law to reduce exposure to wireless radiation electromagnetic fields (EMF). According to the law, Wi-Fi and wireless devices are now banned in "the spaces dedicated to home, to rest and activities of children under 3 years", Wi-Fi must be minimised in "schools for children up to 11 years" and Wi-Fi routers must be turned off when not in use for educational purposes.¹

Among other measures, children must be supplied with protections. At the request of the buyer, equipment reducing mobile phone radiation exposure to the head for children under 14 years must be made available. In addition, Wi-Fi hotspots must be labelled and places

where Wi-Fi is provided have to be clearly marked with a pictogram.²

Prior to this, in 2013, the Israeli Ministry of Education issued new guidelines regarding Wi-Fi use in schools to stop the installation of wireless networks in classrooms prior to the first grade. In first and second grades, Wi-Fi use is limited to a maximum of three hours per week, and in third grade a maximum of eight hours per week. A hard-wired direct cable connection must be used if the teacher has a computer in the classroom.³

EMF Effects on Gene Expression and Biology

In a 2007 study⁴, changes were seen in gene expression following Wi-Fi exposure within a matter of a few hours for cultured human cells under controlled laboratory

conditions: 221 genes altered their expression after a two-hour exposure and 759 genes after a six-hour exposure.⁵ Our genes have already been affected.

Wi-Fi, one antenna from a smart meter, some cordless phones (often labelled as "pulsed digital 2.4 GHz"), some wireless baby monitors, and microwave ovens operate at the frequency of 2.45 GHz.

Dr Magda Havas, Associate Professor of Environmental and Resource Studies at Trent University, Ontario, Canada, comments on exposure to Wi-Fi in schools: "We've got an analogy of a classroom being the inside of a microwave oven."⁶

Neurosurgeon Keith Black, MD, states: "What microwave radiation does in most simplistic terms is similar to what happens to food in microwaves, essentially cooking the brain."⁷

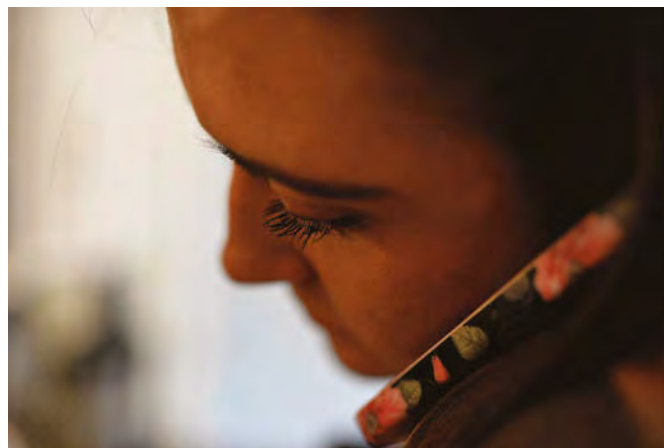
Professor Konstantin Meyl, hailed as a modern-day Nikola Tesla, notes that 2.45 GHz is an important biological frequency window that nature uses in cell communication. Meyl comments: "Only a half-knowing company would allow the sale of devices that produce sparks in nature in the midst of perhaps the most important biological window for humanity."⁸

On the use of wireless baby monitors, Dr Havas asks: "What parents in their right mind would knowingly expose their infant to constant microwave radiation?"⁹

In his book *Overpowered*, Dr Martin Blank, from Columbia University's Department of Physiology and Cellular Biophysics, gives a warning about baby monitors: "Given that such monitors are generally positioned relatively close to the child, the baby's actual radiation exposure from a baby monitor is likely more than that from a nearby cell phone antenna."¹⁰



Wi-Fi in classrooms bombards children with RF EMF.



The Environmental Health Trust, led by Dr Devra Davis, founding director of the Board on Environmental Studies and Toxicology of the US National Research Council, states that children are not little adults. A child's skull is thinner, and certain tissues of a child's head, including the bone marrow and the eye, absorb significantly more energy than those in an adult head. Children are more sensitive to environmental contaminants including microwave radiation. They have rapidly developing body systems, and their stem cells are more active and more affected by microwave radiation compared with those of adults.¹¹

A mobile phone exposes your head to microwave radiation, a computer connected to Wi-Fi exposes your entire upper body to radiation, and a computer on your lap exposes your reproductive organs as well. Most people don't want to live near mobile phone antennas or Wi-Fi antennas because of health concerns. Yet when wireless routers for Wi-Fi are used inside buildings, their effect is similar to the antenna being inside the building rather than outside and is potentially much worse with respect to exposure since you are closer to the source of emissions.¹²

Wi-Fi systems in school districts are usually of a much higher strength because they are designed to operate hundreds of computers simultaneously, unlike home-based systems that operate only one or several computers. Wireless routers in classrooms are akin to having mini mobile phone towers indoors.¹³

In her "Open Letter to Parents, Teachers, School Boards Regarding Wi-Fi Networks in Schools", Dr Magda Havas states: "[B]iological effects include increased permeability of the blood brain barrier, increased calcium flux, increase in cancer and DNA breaks, induced stress proteins, and nerve damage. Exposure to this energy is associated with altered white blood cells in school children; childhood leukemia; impaired motor function, reaction time, and memory; headaches, dizziness, fatigue, weakness, and insomnia".¹⁴

The blood-brain barrier (BBB) plays a vitally important role in the protection of the brain from pathogens, toxins and heavy metals.

What is RF EMF?

Radio-frequency electromagnetic fields (RF EMF) are the artificial, human-made fields that emanate from Wi-Fi, mobile phones, mobile phone antennas, cordless phones, computers, wireless baby monitors, smart/digital meters, electrical wiring and equipment, power lines, substations, solar panel technology, wind turbines and other common sources. All wireless technologies emit RF EMF, and "dirty electricity" also falls under RF EMF. Some electrical currents flow along the ground, and scientists have documented their adverse health effects on both livestock and farmers.

RF EMF is generally recognised as being in the range of 30 kHz to 300 GHz. Because microwaves are also used for communication, RF and microwave (MW) emissions overlap considerably. Microwave energy is within the radio frequency band of the electromagnetic spectrum and is generally recognised as ranging from 300 MHz to 300 GHz.

All electronic products that can wirelessly send voice, images or data to another product or network emit microwave radiation—RF EMF.¹⁵

EMF, Cancer and Other Health Issues

In his 1990 book *Cross Currents*, Robert O. Becker, MD, reports on a study by Drs Jerry Phillips and Wendell Winters. He comments: "At this time, the scientific evidence is absolutely conclusive: 60-Hz magnetic fields cause human cancer cells to permanently increase their rate of growth by as much as 1600 percent and to develop more malignant characteristics."¹⁶ Dr Becker adds: "These results indicate that power-frequency fields are cancer promoters—that is, they promote the growth of human cancers... The promoting effect speeds up the clinical course of any established cancer and makes it that much more difficult to treat."¹⁷ He further states that "it is quite possible that chronic exposure to such fields is a competent cause for the origin of cancers".¹⁸

Dr Havas confirms that in the presence of EMF, cancer cells are more likely to be much more aggressive.¹⁹

In 2008, Samuel Milham, MD, MPH, a former Adjunct Professor of Medicine and long-time chronic disease epidemiologist at the Washington State Department of Health, and Lloyd Morgan, an electronics engineer and former director of the Central Brain Tumor Registry of the United States, conducted the groundbreaking La Quinta Middle School, California, cancer cluster study. This study showed that if you are exposed to dirty electricity (radio waves running along potentially all electrical wiring—RF EMF) for six hours for 180 days a year, your cancer risk is increased by 25 per cent if you are exposed to above 2,000 Graham–Stetzer (GS) units and 15 per cent if you are exposed to above 1,000 GS units. Milham stated at the time that dirty electricity may be a universal carcinogen similar to ionising radiation, which is an established cause of cancer.²⁰

Milham and Morgan noted that the relatively short latency time of melanoma and thyroid cancers in the cancer cluster at La Quinta Middle School suggests that these cancers may be more sensitive to the effects of high-frequency transients (RF EMF) than the other cancers seen in this population. Malignant melanoma and thyroid cancer have among the highest rates of increase in Western populations.²¹

On 31 May 2011, the International Agency for Research on Cancer (IARC) within the World Health Organization (WHO) classified RF EMF as Group 2B—possibly carcinogenic to humans—based on an increased risk for glioma, a type of malignant brain cancer associated with wireless phone use. (Lead and DDT are also included on



Wi-Fi video baby monitor (Photo: Binatoneglobal)

this list.) Dr Robert Baan, a member of the IARC, confirms that the Group 2B carcinogen status "holds for all types of radiation within the radiofrequency part of the electromagnetic spectrum, including the radiation emitted by base-station antennas, radio/TV towers, radar and Wi-Fi".²²

In 2013, Lennart Hardell, MD, PhD, and Michael Carlberg from the Department of Oncology at the Örebro University Hospital, Sweden, concluded in a study conducted on mobile and cordless phones that RF EMF should be classified as a Group 1 carcinogen, that is, carcinogenic to humans. "Based on the Hill criteria, glioma and acoustic neuroma should be considered to be caused by RF-EMF emissions from wireless phones and regarded as carcinogenic to humans, classifying it as Group 1 according to the IARC classification. Current guidelines for exposure need to be urgently revised," the authors wrote.²³

A 2010 paper by Dr Havas *et al.* documented definitive evidence that radiation from a cordless phone, which is common in many homes, causes heart arrhythmia and tachycardia (rapid heart rate) and alters the sympathetic and parasympathetic nervous system in a way similar to a "fight-or-flight" stress response.²⁴

In May 2015, the International Electromagnetic Field Scientist Appeal was presented to the Secretary-General

of the United Nations, the Director-General of the WHO, the Executive Director of the United Nations Environment Programme and UN Member Nations. As of October 2016, the appeal has been signed by 223 scientists from 41 nations who have all had papers published in peer-reviewed journals on the biological or health effects of non-ionising radiation (EMF).²⁵

With over 30 years' experience in conducting EMF research, Dr Martin Blank, the spokesperson for the Appeal, states in a video: "Cellphones, tablets, Wi-Fi... are damaging the living cells in our bodies and killing many of us prematurely... It's particularly frightening that radiation from our telecommunication and powerline technology is damaging the DNA in our cells. It is clear to many biologists that this can account for the rising cancer rates... [T]he time to deal with the harmful biological and health effects is long overdue."²⁶

According to published, peer-reviewed research, the effects of low-intensity EMF include: increased cancer risk, cellular stress, free radical formation, increased permeability of the BBB and genetic damage. Other potential effects include learning and memory deficits, neurological/neurotransmitter disorders, reproductive effects and negative impacts on general wellbeing. Moreover, there is "growing evidence of harmful effects

to both plant and animal life".²⁷

We did not evolve in artificial EMF. In his book *Overpowered*, Dr Blank states that numerous studies have found that EMF damages and causes mutations in DNA. He notes that DNA mutations are believed to be the initiating steps in the development of cancers, and it is the association of cancers with exposure to EMF that has led calls for revising safety standards.²⁸ Dr Blank says that all EMF is bioactive.²⁹ He also notes that public health scientist Dr George Carlo found the presence of micronuclei (DNA fragments) in the blood, indicating that radiation from mobile phones caused irreparable DNA damage in cells.³⁰ (The relationship between micronuclei and cancer is so strong that physicians around the world test for the presence of micronuclei in the circulation to identify patients likely to develop cancer.)

The EMF Mechanism of Action

Without a "mechanism", it is difficult for the scientific community to accept that an agent can harm. Ionising radiation, asbestos and tobacco smoke are already classified as a Group 1 carcinogens. It took decades for scientists to understand how these agents cause cancer and to discover what is called the "mechanism of action".

Ionising radiation has a direct mechanism of action, whereas the non-ionising radiation (EMF) mechanism of action is indirect. Dr Havas states: "Ionizing radiation such as x-rays and gamma rays are known to cause cancer by detaching the negative ion—the electron—at the heart of human cell structure. Non-ionizing radiation, such as microwaves, [does] not detach electrons." She continues: "One critical aspect of non-ionizing radiation has been overlooked. Ionizing radiation increases free radicals in the body *directly*. Non-ionizing radiation increases free radicals in the body *indirectly*, by interfering with repair mechanisms that neutralize free radicals. Free radicals are carcinogenic. Therefore by interfering with the body's ability to repair free radical damage, microwave radiation is also carcinogenic."^{31, 32}

Dr Blank explains that ionising radiation vibrates at a very high frequency with a tremendous amount of energy. When ionising radiation comes into contact with an atom, it can knock an electron free from its orbit around the nucleus and the atom becomes a positively charged ion. (The electron can then attach to another stable atom, resulting in a negatively charged ion.) In this way, ionising radiation causes neutral atoms to become charged ions. Ionising radiation causes chemical reactions that in turn cause damage to biological systems (such as the molecules in the body). The risks of ionising radiation are recognised due to this power to alter the electric charge of atoms and create ions.³³

According to Dr Blank: "The damage to DNA caused by EMF exposure is believed to be one of the mechanisms by which EMF exposure leads to negative health effects."³⁴



Telecommunications tower in London

He compares our DNA to what electrical engineers refer to as a "fractal antenna" that receives or transmits electromagnetic radiation, which is why DNA is very sensitive to EMF radiation—notably more sensitive to EMF than are any other large molecules (such as proteins) in the body. Dr Blank explains that electrons in DNA conduct electricity and the DNA is coiled within the nucleus. Our DNA contains different coils of varying sizes that respond to many different frequencies on the EMF spectrum, which accounts for why our DNA responds to such a wide range of frequencies and why DNA is reactive across the entire electromagnetic spectrum.³⁵

In a 2010 presentation, Dr Blank states: "[C]ells react to EMF as potentially harmful, and that is the message that we get from cells, so there's no question about it."³⁶

Reporting on Dr Blank's presentation, Joseph Mercola, MD, notes: "Research has clearly shown that radiation within the non-ionizing range can cause single- and/or double-DNA-strand breaks, which cells respond to by creating stress proteins... The reason why the DNA molecule can be made to break apart even though the radiation is non-ionizing is because of the electrical conductivity inside the DNA molecule, i.e., the electrons present in the DNA bases can be made to move. And EMFs have been shown to cause electron transfer in the DNA. So, the idea that non-ionizing radiation cannot create a biological effect has been shown to be completely inaccurate."³⁷

Dr Blank explains in his talk that the DNA which "controls the response to EMF" has now been identified. This section is known as the "EMF domain". By changing that part of the DNA, the EMF response can be effectively eliminated. The particular stress protein involved is Hsp70.³⁸

Our DNA contains different coils of varying sizes that respond to many different frequencies on the EMF spectrum.

In 2013, Dr Martin Pall, Professor Emeritus of Biochemistry and Basic Medical Sciences at Washington State University, was given a Global Medical Discovery award. Through a review of the scientific literature and his own meta-analysis, Dr Pall demonstrated that one of the primary non-thermal effects is the activation of voltage-gated calcium channels (VGCCs) in the plasma membrane of cells. When EMF activates these channels, large amounts of intracellular calcium (Ca^{2+}) are produced. This excess calcium within the cells produces a chain of chemical reactions leading to the production of free radicals and oxidative stress. The free radicals then culminate in DNA damage. In short, the excess calcium directly increases nitric oxide (NO) within cells.



EMF radiation damages the DNA in our cells.

This increased NO can interact with superoxide to create peroxynitrite. It has been found that when peroxynitrite breaks down, it creates free radicals and oxidative stress within cells. These free radicals together with oxidative stress from peroxynitrite are thought to be the main culprits in causing disease and DNA damage.³⁹

Oxidative stress has been reported around 800 times, so it is well documented that it is produced. In simple terms, free radicals can lead to DNA damage in the cells and can cause cancer. Too much calcium in the cells results in oxidative stress and inflammatory overload. Calcium is a very important signalling molecule in cells, and normally its levels are kept very low.

EMF, Alzheimer's, Autism and Mental Health

In *The BioInitiative 2012 Report*, Drs Zoreh Davanipour and Eugene Sobel state: "There is now evidence that (i) high levels of peripheral amyloid beta are a risk factor for AD [Alzheimer's disease] and (ii) medium-to-high ELF MF [extra-low-frequency magnetic field] exposure can increase peripheral amyloid beta protein."⁴⁰ They also write: "There is considerable *in vitro* and animal evidence that melatonin protects against AD. Therefore it is certainly possible that low levels of melatonin production are associated with an increase in the risk of AD."⁴¹

There is strong evidence that long-term exposure to EMF is associated with a decrease in melatonin production. Dr Pall says that we know that diseases such as amyotrophic lateral sclerosis (ALS), Parkinson's and Alzheimer's are also caused by excess calcium in the cells. He notes that with the breakdown of the BBB, the number one concern is the impact on the neurons in the brain. He says there are many reports of people in their 30s and 40s developing dementia.⁴²

In his 2008 paper, independent EMR researcher Dr Stephen J. Genuis of the Faculty of Medicine, University of Alberta, Canada, highlights the following case study. "A 17-year-old boy experiencing a 3-year history of intrusive thoughts relating to religious themes believed he had committed unpardonable sins and was convinced the devil was imminently sending him to hell. As well as



increasing depressive symptoms, the adolescent displayed escalating aggression towards his parents. The nominally religious parents took their son for religious counsel, to no avail. Psychiatric diagnosis included a thought disorder. Psychotropic medication failed to control the symptoms but caused numerous side effects. Human exposure assessment uncovered extremely high gauss measurements (≥ 200 mGauss) at the head of the teen's bed, as electrical entry to the house was immediately adjacent to the bedroom, right beside his bed. As well as changing rooms, all other sources of EMF exposure were minimized. Within 12 weeks, the intrusive thoughts abated considerably, the mood symptomatology declined, the medication was stopped, and the parents indicated that their son was now a friendly, motivated boy. One episode of symptom aggravation subsequently occurred immediately following 4h of online work in a high school computer

...there are at least 10 different research groups which have argued that EMF has an important role in the autism epidemic.

laboratory; symptoms subsided within 72h of deliberate EMF avoidance. All adverse symptoms completely cleared within 6 months and wellness was maintained over the next 2 years and at the time of writing.⁴³

In regard to the autism epidemic, in 2013 Dr Martha Herbert, a paediatric neurologist at Massachusetts General Hospital, and Cindy Sage, co-editor of the *BioInitiative* reports of 2007 and 2012, outlined a wide range of autism symptoms that match known symptoms of wireless exposure, including genetic damage to sperm, calcium channel mutations and inflammation.⁴⁴

Dr Pall comments that there are at least 10 different research groups which have argued that EMF has an important role in the autism epidemic. He contends that

the autism epidemic is caused by EMF acting via calcium channels and chemicals acting via NMDA receptors.⁴⁵

In his 2016 paper on EMF and neuropsychiatric effects, Dr Pall describes the five criteria that are required to prove a cause-and-effect relationship, and demonstrates that the evidence supports them all.⁴⁶

Dr Pall has solved the puzzle of how EMF influences our biology through non-thermal effects: EMF activates VGCCs. He notes: "The key piece of evidence is that in 26 different studies, the effects of these microwave and lower frequency EMFs were blocked or greatly lowered by calcium channel blockers!... There are close to 1000 studies showing effects of microwave EMFs on calcium fluxes and calcium signaling in cells, effects that can be explained by VGCC activation. An important study (Pilla, 2012^[47]) showed that the increase in intracellular calcium $[Ca^{2+}]_i$ seems to be almost instantaneous [and this] argues for a direct effect."⁴⁸

Continued next issue...

About the Author:

Donna Fisher is the author of four books on EMF: *Silent Fields: The Growing Cancer Cluster Story* (2008; reviewed in NEXUS 15/06); *More Silent Fields: Cancer and the Dirty Electricity Plague* (2009; 17/01); *Dirty Electricity and Electromagnetic Radiation* (2011; 18/04); and *Light that Heals: Energy Medicine Today & Beyond* (2014; 22/01). Her article "Dirty Electricity and the Link to Cancer" was published in NEXUS 16/06. Donna is currently assisting women in a workplace breast cancer cluster, and lectures to doctors and health professionals, educators, occupational health and safety officers and union representatives. She can be contacted by email at donna@donnafisher.net. For more information, visit her website <http://www.donnafisher.net>.

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Who Is Vladimir Putin? Why Do the US Government and the Western Media Demonise Him?

by Sharon Tennison © 2014–2016

Countering the Accusations

As the Ukraine situation has worsened, unconscionable misinformation and hype are being poured on Russia and President Vladimir Putin. Journalists and pundits must scour the Internet and thesauruses to come up with fiendish new epithets to describe both.

Wherever I make presentations across America, the first question ominously asked during Q&As is always: "What about Putin?" It's time to share my thoughts.

Putin obviously has his faults and makes mistakes. Based on my earlier experience with him and the experiences of trusted people including US officials who have worked closely with him over a period of years, Putin most likely is a straight, reliable and exceptionally inventive man. He is obviously a long-term thinker and planner and has proven to be an excellent analyst and strategist. He is a leader who can quietly work towards

his goals under mounds of accusations and myths that have been steadily levelled at him since he became Russia's second President.

I've stood by silently, watching the demonisation of Putin grow since it began in the early 2000s, and I've pondered on computer my thoughts and concerns, hoping eventually to include them in a book (published in 2012 as *The Power of Impossible Ideas*). The book explains my observations more thoroughly than this article does.

Like others who have had direct experience with this little-known man, I've tried to no avail to avoid being labelled as a "Putin apologist". If one is even neutral about him, this is considered as being "soft on Putin" by pundits and newshounds as well as by average citizens who obtain their news from CNN, Fox and MSNBC.

I don't pretend to be an expert; I'm just a program developer who's worked in the USSR and Russia for the



Palace Square, featuring the triumphal arch and the General Staff Building, St Petersburg, Russia.
(Photo: Josep Renalias)

past 30 years. But during this time, I've had far more direct, on-ground contact with Russians of all stripes across 11 time zones than any of the Western reporters or, for that matter, any of Washington's officials. I've been in the country long enough to ponder Russian history and culture deeply, to study the psychology and conditioning, and to understand the marked differences between American and Russian mentalities which so complicate our political relations with their leaders. As with personalities in a family, a civic club or a city hall, it takes understanding and compromise to be able to create workable relationships when basic conditionings are different. Washington has been notoriously disinterested in understanding these differences and attempting to meet Russia halfway.

In addition to my personal experience with Putin, I've had discussions with numerous American officials and businesspeople who've had years of experience working with him, and I believe that it's safe to say that none would describe him as "brutal" or "thuggish" or would turn to the other slanderous adjectives and nouns that are repeatedly used in the Western media.

I met Putin years before he'd ever dreamed of being President of Russia, as did many of us working in St Petersburg during the 1990s. Since all of the slander started, I've become nearly obsessed with understanding Putin's character. I think I've read every major speech that Putin has given—including the full texts of his annual, hours-long telephone "talk-ins" with Russian citizens. I've been trying to ascertain whether he has changed for the worse since being elevated to the presidency, or whether he is a straight character cast into a role that he never anticipated—and is using his sheer wits to try to do the best he can to deal with Washington under extremely difficult circumstances. If the latter is the case, and I think it is, he should receive high marks for his performance

since 2000 when he came to power.

It's not by accident that *Forbes* declared Putin number-one on its list of The World's Most Powerful People of 2013, replacing US President Barack Obama who was given the title for 2012.

St Petersburg, 1992

The following is my one personal experience with Vladimir Putin. It was in 1992, two years after the implosion of communism. The place was St Petersburg. For years I had been creating programs to open up relations between the two countries in the hope of helping the people go beyond their entrenched top-down mentalities. A new program possibility emerged in my head. Since I expected it might require a signature from the Marienskii City Hall, an appointment was made.

Washington has been notoriously disinterested in understanding these differences and attempting to meet Russia halfway.

My friend Volodya Shestakov and I showed up at a side door entrance to the Marienskii building. We found ourselves in a small, dull-brown office, facing a rather trim, nondescript man in a brown suit. He enquired about my reason for coming in. After scanning the proposal I provided, he began by asking intelligent questions. After each of my answers, he asked the next relevant question.

I became aware that this interviewer was different from other bureaucrats who always seemed to fall into chummy conversations with foreigners in the hope of obtaining bribes in exchange for the Americans' requests.

The CCI [Center for Citizen Initiatives] stood on the principle that we would never, ever give bribes.

This bureaucrat was open, enquiring and impersonal in demeanour. After more than an hour of careful questions and answers, he quietly explained that he had tried hard to determine if the proposal was legal. Then he said that unfortunately at the time it was not. He uttered a few good words about the proposal. That was all. He simply and kindly showed us to the door.

Out on the sidewalk, I said to my colleague: "Volodya, this is the first time we have ever dealt with a Soviet bureaucrat who didn't ask us for a trip to the US or something valuable!"

I remember looking at the bureaucrat's business card in the sunlight. It read: "Vladimir Vladimirovich Putin".

St Petersburg, 1994

US Consul General Jack Gosnell put in an SOS call to me in St Petersburg. He had 14 Congress members and the new US Ambassador to Russia, Thomas Pickering, coming to St Petersburg in the next three days. He needed immediate help.

I scurried over to the consulate and learned that Jack intended me to brief this auspicious delegation and the incoming ambassador. I was stunned, but he insisted. They were coming from Moscow and were furious about how US funding was being wasted there. Jack wanted them to hear the "good news" about CCI's programs that were showing fine results.

In the next 24 hours, Jack and I also set up "home" meetings in a dozen Russian entrepreneurs' small apartments for the arriving dignitaries (St Petersburg State Department people were aghast, since it had never been done before—but Jack overruled them).

Only later, in 2000, did I learn of Jack's three-year experience with Vladimir Putin in the 1990s while the latter was running the city for Mayor Sobchak.

Moscow, 1999–2000

With no warning, at the turn of the year 1999 President Boris Yeltsin announced to the world that from the next day forward he was vacating his office and leaving Russia in the hands of the little-known Vladimir Putin.

On hearing the news, I thought that surely this was not the Putin I'd remembered; he could never lead Russia. The next day, a *New York Times* article included a photo. Yes, it was the same Putin I'd met years ago!

I was shocked and dismayed, telling friends: "This is a disaster for Russia. I've spent time with this guy. He is too introverted and too intelligent. He will

never be able to relate to Russia's masses."

Further, I lamented: "For Russia to get up off its knees, two things must happen: (1) the arrogant young oligarchs have to be removed by force from the Kremlin; and (2) a way must be found to remove the regional bosses (governors) from their fiefdoms across Russia's 89 regions." It was clear to me that the man in the brown suit would never have the instincts or guts to tackle Russia's overriding twin challenges.

Moscow, 2000

Almost immediately, Putin began putting Russia's oligarchs on edge. In February 2000, a question about the oligarchs came up. He clarified with a question and answer: "What should be the relationship with the so-called oligarchs? The same as anyone else. The same as the owner of a small bakery or a shoe repair shop."

This was the first signal that the tycoons would no longer be able to flaunt government regulations or count on special access in the Kremlin. It also made the West's capitalists nervous. After all, these oligarchs were wealthy, untouchable businessmen, good capitalists. Never mind that their enterprises were illegal and they were putting their profits into offshore banks.

Four months later, Putin called a meeting with the oligarchs and gave them his deal: they could keep their illegally gained, wealth-producing enterprises and these would not be nationalised...if taxes were paid on their revenues and if they personally stayed out of politics. This was the first of Putin's "elegant solutions" to the near-impossible challenges facing the new Russia.

But the deal also put Putin in the crosshairs with US media and officials who then began to champion the oligarchs, particularly Mikhail Khodorkovsky. The latter



President Boris Yeltsin, handing over the "presidential" copy of the Russian Constitution to the new Acting President, Vladimir Putin, on 31 December 1999 at the Kremlin, Moscow.



Russia's President Vladimir Putin and US President Barack Obama held talks in June 2012 at the G20 summit in Los Cabos, Mexico.

I congratulated Lena via email when her predictions began to show up in real time.

St Petersburg, 2000s

St Petersburg's many CCI alumni were being interviewed to determine how the PEP [productivity enhancement program] business training scheme was working and how we could make the US experience more valuable for their new small businesses. Most believed that the program had been enormously important, even life changing.

At the end of the program, each was asked: "So what do you think of your new President?" None responded negatively, even though entrepreneurs hated Russia's

became highly political and didn't pay taxes, and prior to his being apprehended and imprisoned was in the process of selling a major portion of Russia's largest private oil company, Yukos, to ExxonMobil. Unfortunately, to US media and governing structures, Khodorkovsky became a martyr (and remains so up to today).

St Petersburg, March 2000

I arrived in St Petersburg. A Russian friend (a psychologist) since 1983 came for our usual visit. My first question was: "Lena, what do you think about your new President?" She laughed and retorted: "Volodya! I went to school with him!"

Lena described Putin as a quiet youngster, poor and fond of martial arts, who stood up for kids being bullied in the playground. She remembered him as a patriotic youth who applied for the KGB prematurely after graduating from secondary school. He was told to get an education and was sent away. He went to law school. Later, he reapplied for the KGB and was accepted.

I must have grimaced at this, because Lena said: "Sharon, in those days we all admired the KGB and believed that those who worked there were patriots and were keeping the country safe. We thought it was natural for Volodya to choose this career."

My next question was: "What do you think he will do with Yeltsin's criminals in the Kremlin?" Putting on her psychologist hat, she pondered and replied: "If left to his normal behaviours, he will watch them for a while to be sure what is going on. Then, he will throw up some flares to let them know that he is watching. If they don't respond, he will address them personally. Then, if the behaviours don't change...some will be in prison in a couple of years."

bureaucrats at that time. Most answered similarly: "Putin registered my business a few years ago." Next question: "So, how much did it cost you?" To a person, they replied: "Putin didn't charge anything." One said: "We went to Putin's desk because the others providing registrations at the Marienskii were getting 'rich on their seats'."

Into Putin's first year as Russia's President, US officials seemed to me to suspect that he would be antithetical to America's interests. His every move was being called into question in the American media. I couldn't understand why, and I was chronicling these happenings on my computer and in my newsletters.

Into Putin's first year as Russia's President, US officials seemed to me to suspect that he would be antithetical to America's interests.

Jack Gosnell (the now former US Consul General mentioned earlier) explained his relationship with Putin when the latter was Deputy Mayor of St Petersburg. The two of them had worked closely to create joint ventures and other ways to promote relations between the two countries.

Jack related that Vladimir Putin was always straight up, courteous and helpful. When Putin's wife, Lyudmila, was in a severe auto accident, Jack took the liberty (before informing Putin) to arrange for her to have medical care in Finland. He reported that when he told Putin, the latter was overcome by the generous offer but said that he couldn't accept this favour, that Lyudmila would have to recover in a Russian hospital. She did, although medical

care in Russia was abominably bad in the 1990s.

A senior CSIS [Center for Strategic & International Studies] officer, who was a friend in the 2000s, worked closely with Putin on a number of joint ventures during the 1990s. He reported that he'd had no dealings with Putin that were questionable, that he respected him, and that he believed Putin was acquiring an undeserved, dour reputation from the US media. As a matter of fact, he closed the door at the CSIS when we started talking about Putin. I guessed that his comments wouldn't have been acceptable if others were listening.

A former US official, who goes unidentified, also reported working closely with Putin, saying that there was never any hint of bribery or pressuring; nothing but respectable behaviours and helpfulness.

US State Department Encounters, 2013

I had two encounters in 2013 with US State Department officials regarding Putin.

At the first one, I felt free to ask the question that I'd previously yearned to have answered: "When did Putin become unacceptable to Washington officials and why?" Without hesitating, the official came back with the answer: "'The knives were drawn' when it was announced that Putin would be the next President." I questioned: "Why?" The answer: "I could never find out why; maybe because he was KGB." I offered that Bush number one was head of the CIA. The reply was: "That would have made no difference. He was our guy."

The second was a former official with whom I'd recently shared a radio interview on Russia. Afterwards, when we were chatting, I remarked: "You might be interested to know that I've collected experiences of Putin from numerous people, some over a period of years, and they all say they had no negative experiences with Putin and there was no evidence of taking bribes." He firmly replied: "No one has ever been able to come up with a bribery charge against Putin."

Trips throughout Russia, 2001–2014

From 2001, I've watched the negative US media mounting against Putin. There have even been accusations of assassinations and poisonings, and comparisons with Hitler. No one yet has come up with any concrete evidence for these allegations.

During this period, I travelled throughout Russia several times every year and watched the country slowly change under Putin's watch. Taxes were lowered, inflation was lessened, and laws were slowly being put into place. Schools and hospitals began improving. Small businesses were growing, agriculture was showing improvement, and stores were becoming stocked with food. Alcohol challenges were becoming less obvious, smoking was banned from buildings, and life expectancy began increasing. Highways were being laid across the country, new railways and modern trains were appearing

even in far-distant places, and the banking industry was becoming dependable. Russia was beginning to look like a decent country—certainly not where Russians hoped it to be in the long term, but improving incrementally for the first time in their memories.

He firmly replied: "No one has ever been able to come up with a bribery charge against Putin."

In September 2013, as well as visiting St Petersburg and Moscow I travelled out to the Ural Mountains and spent time in Ekaterinburg, Chelyabinsk and Perm. We travelled between cities via autos and rail. I found that the fields and forests were looking healthy, and small towns were sporting new paint and construction. I saw that today's Russians were dressing like Americans (we buy the same clothing from China). Old concrete Khrushchev blockhouses were giving way to new multistorey private residential complexes which are lovely. High-rise business centres, fine hotels and great restaurants were becoming commonplace—and ordinary Russians were frequenting these places. Two- and three-storey private homes were rimming these Russian cities far from Moscow. We visited new museums, municipal buildings and huge supermarkets. We noticed that streets were in good repair, highways were new and well marked, and service stations looked like those dotting American highways.

In January 2014, I went to Novosibirsk in Siberia where I noted similar new architecture. I saw that the streets were kept navigable with constant snowploughing, modern lighting was keeping the city bright all night, and

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Sharon Tennison, Founder and President of the US-based Center for Citizen Initiatives (CCI)

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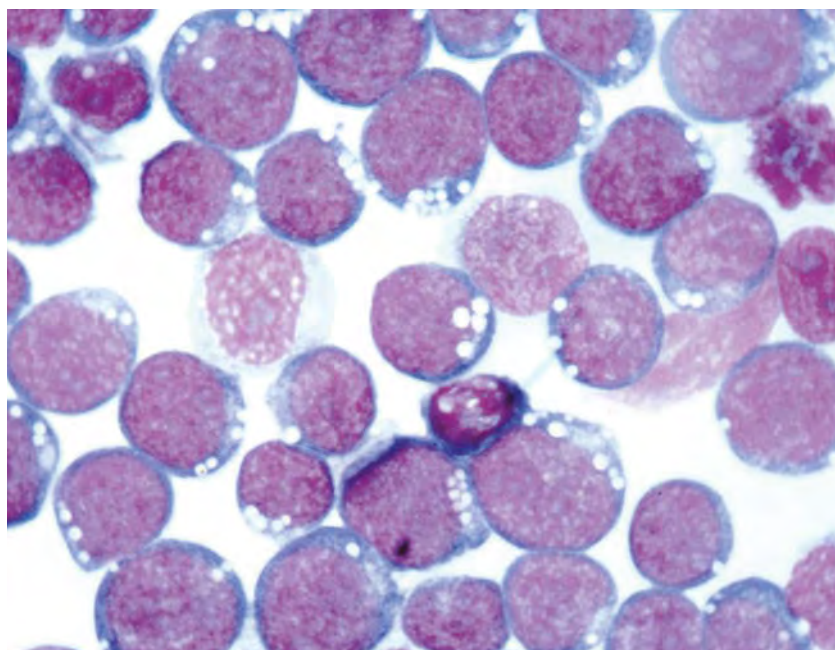
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Epstein–Barr virus, Chronic fatigue syndrome and Fibromyalgia



by Anthony William © 2015–2016

Epstein–Barr virus (Photo: US National Cancer Institute)

Medical Medium

Since his early childhood, Anthony William has been communicating with a highly evolved spirit who gives him accurate information about people's health conditions. A self-described "medical medium", William has dedicated the past 25 years to helping his clients discover the root cause of their unresolved illnesses and restore good health with natural nutrition.

A compassionate man, William heals on multiple levels, not just the physical, and has an extraordinary success rate. His insights from the spiritual realm have been shown to be years ahead of today's medical science. His clients include people from all walks of life, the rich and famous, and even medical professionals who need assistance with cases that are difficult to diagnose.

Anthony William has written his book *Medical Medium* to help the medical community and laypeople move beyond dozens of misdiagnosed illnesses including

autoimmune disease, chronic fatigue syndrome, depression, digestive disorders, hormonal imbalances, Lyme disease, multiple sclerosis and neurological conditions. William provides health information that's never before been revealed. Here we present an edited extract from chapter three, which explains a new way of understanding and treating Epstein–Barr virus and the many diseases connected with it. – Editor

The Mystery Illness of Mystery Illnesses

The Epstein–Barr virus (EBV) has created a secret epidemic. Out of the roughly 320 million people in the USA, over 225 million Americans have some form of EBV.

Epstein–Barr is responsible for mystery illnesses of every category. For some people, it creates fatigue and pain that go unnamed. For others, EBV symptoms prompt doctors to prescribe ineffective treatments such as hormone replacement therapy (HRT). And for so many people walking around with EBV, it is misdiagnosed.

Among the reasons why EBV is thriving is that so little is understood about it. Medical communities are aware of only one version of EBV, but there are actually over 60 varieties. Epstein-Barr virus is behind several of the debilitating illnesses that stump doctors. It's the mystery illness of mystery illnesses. Doctors have no idea how the virus operates long-term and how problematic it can be. The truth is, EBV is the source of numerous health problems that are currently considered mystery illnesses, such as fibromyalgia and chronic fatigue syndrome. EBV is also the cause of some major maladies that medical communities think they understand but really don't, including thyroid disease, vertigo and tinnitus.

Epstein-Barr Origins and Transmission

Though Epstein-Barr was discovered by two brilliant physicians in 1964, it had actually begun taking hold in the early 1900s. EBV's initial versions—which are still with us—are relatively slow to act, and might not even create notable symptoms until late in life. Even then, they're only mildly harmful. Many people have these non-aggressive EBV strains. Unfortunately, EBV has evolved over the decades, and each generation of the virus has grown more challenging than the one before.

Until the publication of this book, those with EBV would typically be stuck with it for the rest of their lives. Doctors seldom recognise EBV as the root cause of the myriad problems it creates; plus, they have no idea how to address the Epstein-Barr virus even when it is recognised.

There are many ways to catch EBV. You can get it as a baby if your mother has the virus. You can also get it through infected blood. Hospitals don't screen for the virus, so any blood transfusion puts you at risk. You can



Pregnancy and childbirth hormones can trigger EBV.

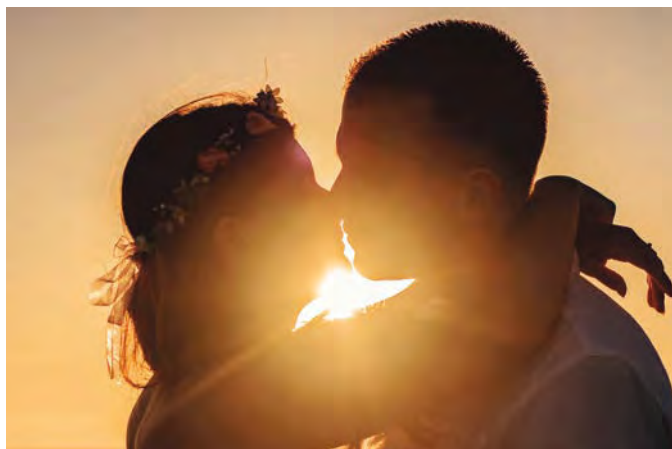
even get it from eating out! That's because chefs often end up cutting a finger or hand, slapping on a Band-Aid and continuing to work. Their blood can get into the food...and if they happen to have EBV during a contagious phase, that can be enough to infect you. Transmission can also happen through other bodily fluids, such as those exchanged during sex. Even a kiss can sometimes be enough to transmit EBV.

Someone with the virus isn't contagious all the time, though. The virus is most likely to spread during its Stage Two. This brings up something else that until now hasn't been revealed: EBV goes through four stages.

Epstein-Barr Stage One

If you catch EBV, it goes through an initial, dormant period of floating around in your bloodstream doing little more than slowly replicating itself to build its numbers—and waiting for an opportunity to launch a more direct infection. If you physically exhaust yourself for weeks and give yourself no chance to recover fully, or if you allow your body to become deprived of essential nutrients such as zinc or vitamin B12, or if you undergo a traumatic emotional experience such as a break-up or the death of a loved one, the virus will detect your stress-related hormones and choose that time to take advantage.

EBV will also often act when you're undergoing a major hormonal change such as during puberty, pregnancy or menopause. A common scenario is after a woman goes through childbirth, when she may feel various symptoms including fatigue, aches and pains, and depression. In this case, EBV isn't exploiting her weakness; the fact is that hormones are a powerful food source for the virus,



Under some circumstances, even a kiss can be enough to transmit EBV.

and their abundance acts as a trigger.

This Stage One period of fortifying itself and waiting for an ideal opportunity can take weeks, months or even a decade or longer, depending on a variety of factors. The virus is especially vulnerable during Stage One. However, it's undetectable through tests and it causes no symptoms, so you normally wouldn't know to fight it because you wouldn't be aware it was there.

Epstein-Barr Stage Two

At the end of Stage One, EBV is ready to do battle with your body. That's when it first makes its presence known...by turning into mononucleosis or "mono".

Medical communities are unaware that every case of mononucleosis is only Stage Two EBV. This is the period when the virus is most contagious. It's therefore advisable to avoid being exposed to blood, saliva or other bodily fluids from someone who has mono...or to avoid exposing anyone to your fluids if you have mono.

During this Stage Two, your body's immune system goes to war with the virus. It sends identifier cells to "tag" virus cells, i.e., place a hormone on them that marks them as invaders. It then sends soldier cells to seek out and kill the tagged virus cells. This is the power of your immune system coming to your defence.

How severely this battle rages will vary from person to person, and it will also depend on what EBV strain or variety a person has. You can have mono for just a week or two with a mild, scratchy throat and tiredness, in which case you aren't likely to realise what's really happening so you most likely won't visit a doctor for a blood test.

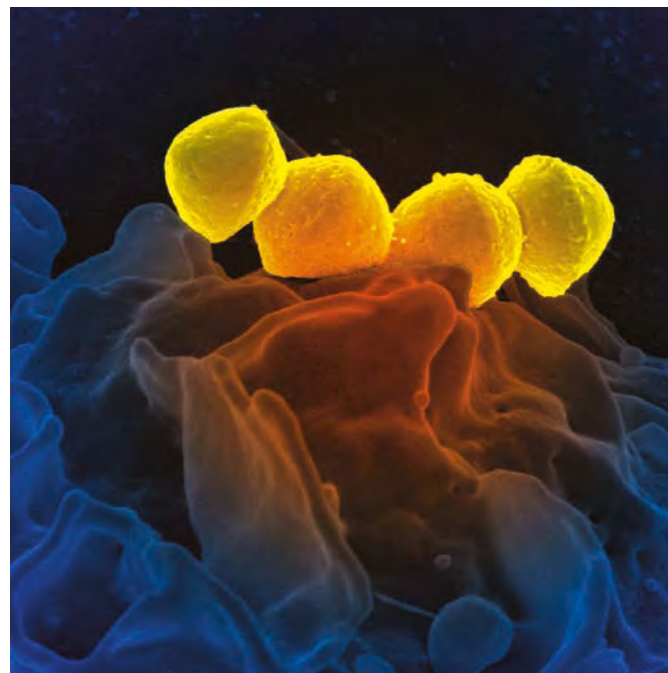
Then again, you can be hit hard with fatigue, sore throat, fever, headaches, rashes and more that hang on for several months. If this happens, the chances are that you'll go to see a doctor who'll test your blood, and the Epstein-Barr virus will show up as a form of mono...most of the time. It's during this stage that EBV seeks a long-term home by making a run for one or more of your major organs—typically, your liver and/or spleen. EBV loves being in these organs because mercury, dioxins and other toxins are likely to accumulate there. The virus thrives on these poisons.

One other secret about EBV is that it has a best friend, a bacterium called *Streptococcus*. So your body is dealing with not only a virus but also bacteria that further confuse the immune system and produce their own array of symptoms. This is EBV's number-one co-factor. In Stage Two, *Streptococcus* can travel up to create strep throat and/or infest the sinuses, nose or mouth. It can also travel down to create infections in the urinary tract, vagina, kidneys or bladder, eventually causing cystitis.

Epstein-Barr Stage Three

Once the virus settles into your liver, spleen and/or other organs, it nests there. From this point on, when a doctor tests for Epstein-Barr virus, she or he will find

antibodies and take these to indicate a past infection, when EBV was in its mono phase. The doctor will not find EBV presently active in the bloodstream. The confusion is one of the biggest blunders in medical history, and this is how this virus has slipped through the cracks. Unless you've already followed the measures in this book to kill the EBV, the virus is, in fact, still alive and causing new symptoms...and it's eluding the tests. That's because it's living in the liver, spleen or other organs, and the test to detect this has not yet been invented.



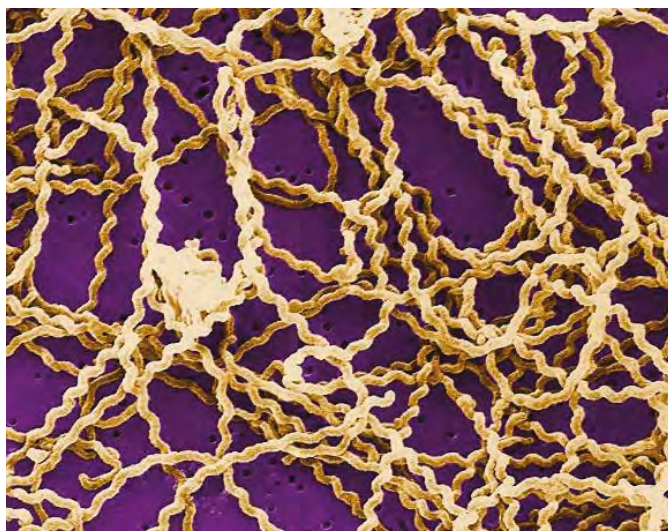
Scanning electron micrograph of Group A *Streptococcus* (*Streptococcus pyogenes*) bacteria on a primary human neutrophil. (Photo: US NIAID)

With the virus hiding undetected in your organs, your body assumes it's won the war and the invader has been destroyed. Your immune system returns to its normal state, your mononucleosis ends, and your doctor tells you that you're healthy. Unfortunately, the Epstein-Barr virus has barely begun its voyage through your body.

If you have a typical variety, EBV could lie dormant in your organs for years—possibly for decades—without your knowing it. If you have an especially aggressive variety, though, EBV may create serious problems even while it's nesting. For example, the virus may burrow deep into your liver and spleen, causing those organs to become inflamed and enlarged. Once again, keep in mind that your doctor does not know to connect the dots between past EBV and its present activity in the organs.

The virus also creates three types of poison:

1. EBV excretes toxic waste matter, or viral by-product. This becomes increasingly significant as the virus grows more cells, and its expanding army keeps eating and excreting poisonous by-product. This waste matter is



Leptospira spirochaetes imaged under a scanning electron microscope.

often identified as *spirochaetes*, which can trigger false positives in tests such as Lyme titres (screening tests for Lyme disease) and lead to a false diagnosis of Lyme.

2. When a cell of the virus dies—which happens often, as the cell has a six-week life cycle—the corpse that is left behind is itself toxic and so further poisons your body. As with viral by-product, this problem becomes more severe as EBV's army grows, creating fatigue.

3. The poisons that EBV creates through these two processes have the ability to generate a neurotoxin—a poison that disrupts nerve function and confuses your immune system. It will secrete this special toxin at strategic periods during Stage Three, and continuously during Stage Four, to prevent your immune system from zeroing in on the virus and attacking it.

The issues that may result from having an aggressive variety of EBV nesting in your organs include:

- Your liver is performing so sluggishly that it does a poor job of flushing toxins out of your system.
- Hepatitis C; EBV is actually the primary cause.
- Your liver's sluggish performance leads to a lowering of your stomach's hydrochloric acid, and your intestinal tract becomes toxic. This in turn can result in some food not being fully digested and instead putrefying in your intestines, resulting in bloating and/or constipation.
- You develop sensitivities to foods that never caused you problems before. This happens when the virus consumes a food it likes, such as cheese, and transforms it into something your body doesn't recognise.
- The virus bides its time until it senses stress-related hormones, indicating you're in an especially vulnerable state, or when it senses you're undergoing hormonal upheaval, such as during pregnancy or menopause.

When the virus is nearly ready to spring, it begins excreting its neurotoxin. This adds to the burden on your system already created by EBV's by-product and virus corpses. All this poison in your system finally triggers

your immune system—and also thoroughly confuses it, because it has no idea where the toxins are coming from.

Following are some insights into Stage Three maladies.

• **Lupus:** The immune system response I've just described triggers the mysterious symptoms that doctors can diagnose as lupus. Medical communities have no understanding that lupus is just the body reacting to Epstein-Barr's by-products and neurotoxins. It's the body having an allergic reaction to these neurotoxins, which then elevates the inflammatory markers that doctors search for to identify and diagnose lupus. In truth, lupus is just a viral infection of Epstein-Barr.

• **Hypothyroidism and Other Thyroid Disorders:** While your immune system is in disarray, EBV takes advantage of the chaos by leaving the organs it's been nesting in and making a run for a different major organ or gland—which this time is your thyroid!

Medical communities aren't yet aware that EBV is the actual cause of most thyroid disorders and diseases—especially Hashimoto's, but also Graves', thyroid cancer and other thyroid ills. (Thyroid disease is also sometimes caused by radiation; but in over 95 per cent of cases, the culprit is Epstein-Barr.) Medical research has not yet uncovered the true causes of thyroid disorders, and it's still decades away from discovering that EBV is the virus that causes them. If a doctor gives you a Hashimoto's diagnosis, it really means that she or he doesn't know what's wrong. The claim is that your body is attacking your thyroid—a view that arises from misinformation. In truth, it's the EBV—not your body—attacking the thyroid.

Once in your thyroid, EBV begins drilling into its tissues. The virus cells literally twist and spin like drills to burrow deep into the thyroid, killing thyroid cells and scarring the organ as they go, creating hidden hypothyroidism from mild cases to the more extreme in millions of women. Your immune system notices this and tries to intervene, causing inflammation; but between EBV's neurotoxin, viral by-product and poisonous corpses confusing things, and with EBV hiding in your thyroid, your immune system can't tag the virus for complete destruction.

While the above may sound unnerving, don't let it rattle you: your thyroid can rejuvenate and heal itself when it's given what it needs. Never underestimate the power of your immune system, which by the end of this chapter will become activated just by your learning the truth.

The Epstein-Barr virus invades your thyroid for a strategic reason: it's seeking to confuse and place stress on your endocrine system. The strain on your adrenal glands produces more adrenaline, which is a favoured food of EBV that makes it stronger and better able to go after its ultimate target: your nervous system.

Epstein-Barr Stage Four

The ultimate goal of the Epstein-Barr virus is to leave your thyroid and inflame your central nervous system (CNS). Your immune system normally wouldn't allow this

to happen. But if EBV has successfully worn you down in Stage Three by entering your thyroid, and if on top of that you are abruptly clobbered with some physical or severe emotional injury, the virus will take advantage of your vulnerability and start to cause a multitude of strange symptoms that range from heart palpitations to generalised aches and pains to nerve pain.

Blood tests, X-rays and MRIs will reveal nothing wrong, so doctors won't be aware that the virus is inflaming the nerves. Stage Four Epstein-Barr is therefore a major source of mystery illnesses—problems that cause doctors massive confusion.

The medical system is still years away from discovering the illness's true root—because it's viral...

What's actually happening is that your injured nerves trigger an "alarm" hormone to notify your body that the nerves are exposed and need repair. In Stage Four, EBV detects that hormone and rushes over to latch onto those damaged nerves. A nerve is similar to a string of yarn with little root hairs hanging off it. When the nerve is injured, the root hairs pop off the sides of the nerve sheath. EBV looks for those openings and grabs onto them. If it succeeds, it can keep the area inflamed for years. As a result, you can have a relatively small injury that remains flared up and causes you continual pain.

The issues that result from this viral inflammation can include muscle pain, joint pain, painful tender points, back pain, tingling and/or numbness in the hands and feet, migraines, ongoing fatigue, dizziness, insomnia, restless sleep and night sweats. Patients with these issues are sometimes diagnosed as having fibromyalgia, chronic fatigue syndrome or rheumatoid arthritis—collections of symptoms that medical communities admit they don't understand and for which they have no cure. Patients are given inappropriate treatments that don't begin to address the real culprit...because these mystery illnesses are really Stage Four Epstein-Barr.

One of the greatest missteps of all time is mistaking women's Epstein-Barr symptoms for perimenopause and menopause. Symptoms such as hot flushes, night sweats, heart palpitations, dizziness, depression, hair loss and anxiety have been and are frequently misinterpreted as hormonal change—which is what launched the disastrous HRT movement. (To learn more, see chapter 15.)

Let's take a closer look at the chronic illnesses that are the result of Stage Four Epstein-Barr virus.

• **Chronic Fatigue Syndrome:** There's a long history of womankind facing denial that there's a physical cause of their suffering. People with fibromyalgia and chronic fatigue syndrome (CFS)—which is also known as myalgic encephalomyelitis/chronic fatigue syndrome (ME/CFS),

chronic fatigue immune dysfunction syndrome (CFIDS) and systemic exertion intolerance disease (SEID)—often hear that they are liars, lazy, delusional and/or crazy. It's an illness that affects women in disproportionately large numbers. And chronic fatigue syndrome is on the rise.

Contracting CFS as a woman in your late teens or early 20s can be devastating as you watch friends move on with relationships and jobs, meanwhile feeling stuck and unable to live up to your potential. If you're a woman in your 30s, 40s or 50s, you're likely trying to be everything to everybody, taking care of more than you can handle, so you feel the pressure to act normally when CFS hits.

Compounding the isolation are the feelings of guilt, fear and shame that accompany their misdiagnoses. It is so disheartening to feel unwell and hear there's nothing wrong with you. CFS is real. It's the Epstein-Barr virus.

Those with CFS have an elevated viral load of EBV, which systematically afflicts the body by creating a neurotoxin that inflames the central nervous system. This can eventually weaken the adrenals and digestive system and create the feeling that you have a low battery.

• **Fibromyalgia:** We've had over six decades of medical denial that fibromyalgia is a legitimate problem. Now, medical communities are finally accepting it as an actual condition. The best explanation that doctors are given by the establishment, though, is that fibromyalgia is overactive nerves. What this really translates to is...no one has a clue. It's not the doctors' fault. The medical system is still years away from discovering the illness's true root—because it's viral, and it takes place at a nerve level that medical tools currently can't detect.

Those suffering from fibromyalgia are under a very real and debilitating attack. The Epstein-Barr virus is causing this disorder, inflaming the CNS and nerves throughout the body, which creates ongoing pain, sensitivity to touch, severe fatigue and a host of other issues.



Fibromyalgia is a chronic condition that causes pain, stiffness and tenderness of muscles, tendons and joints.
(Photo: MedicineNet.com)

- **Tinnitus:** This is usually caused when EBV gets into the inner ear's nerve channel, the labyrinth. The "ringing in the ear" is the result of the virus inflaming and vibrating the labyrinth and the vestibulocochlear nerve.

- **Vertigo and Ménière's Disease:** These are often attributed to calcium crystals, or stones, becoming disrupted in the inner ear. Most chronic cases are caused by EBV's neurotoxin inflaming the vagus nerve.

- **Other Symptoms:** Anxiety, dizziness, chest tightness, chest pain, oesophageal spasms and asthma can also be caused by EBV inflaming the vagus nerve. Insomnia as well as tingling and numbness in the hands and feet can be caused by phrenic nerves becoming perpetually inflamed by EBV. Heart palpitations can result from the build-up of EBV's poisonous virus corpses and by-product in the heart's mitral valve.

If you have EBV, or suspect you do, you may find the virus in Stage Four beyond frustrating. Take comfort. If you take the right steps—which medical communities don't know about yet—you can recover, rebuild your immune system, return to a normal state and regain control of your life.



Papaya and pomegranate



Recovering from Epstein-Barr Virus

You might understandably find the Epstein-Barr virus overwhelming and its effects disheartening. The good news is that if you carefully and patiently follow the steps detailed in this section, and in Part IV of the book, you can heal. You can recover your immune system, free yourself of EBV, rejuvenate your body, gain full control over your health and move on with your life.

How long the process takes varies for each individual and depends on myriad factors. Some people conquer the virus in as little as three months. However, a more typical period is a full year. And there are some people who need 18 months or more to destroy EBV.

Healing Foods

Certain fruits and vegetables can help your body rid itself of EBV and heal from its effects. The following are the best ones to incorporate into your diet (listed in rough order of importance). Try to eat at least three of these foods per day—the more the better—rotating your consumption so that in a given week or two you have all of these foods in your system.

- **Wild blueberry:** helps restore the central nervous system and flush EBV neurotoxins out of the liver.
- **Celery:** strengthens hydrochloric acid in the gut and provides mineral salts to the central nervous system.
- **Sprouts:** high in zinc and selenium to strengthen the immune system against EBV.
- **Asparagus:** cleanses the liver and spleen; strengthens the pancreas.
- **Spinach:** creates an alkaline environment and provides highly absorbable micronutrients to the nervous system.
- **Cilantro:** removes heavy metals such as mercury and lead, which are favoured foods of EBV.
- **Parsley:** removes high levels of copper and aluminium, which feed EBV.
- **Coconut oil:** has antiviral properties and acts as an anti-inflammatory.
- **Garlic:** antiviral, antibacterial defence against EBV.
- **Ginger:** helps with nutrient assimilation and relieves spasms associated with EBV.
- **Raspberry:** rich in antioxidants to remove free radicals from the organs and bloodstream.
- **Lettuce:** stimulates peristaltic action in the intestinal tract and helps cleanse EBV from the liver.
- **Papaya:** restores the central nervous system; strengthens and rebuilds hydrochloric acid in the gut.
- **Apricot:** an immune system builder that also strengthens the blood.
- **Pomegranate:** helps detox and cleanse the blood as well as the lymphatic system.
- **Grapefruit:** a rich source of bioflavonoids and calcium to support the immune system and flush out toxins.
- **Kale:** high in specific alkaloids that protect against viruses such as EBV.

- Sweet potato: helps cleanse and detox the liver from EBV by-products and toxins.
- Cucumber: strengthens the adrenals and kidneys and flushes neurotoxins out of the bloodstream.
- Fennel: has strong antiviral compounds to fight EBV.

Healing Herbs and Supplements

These herbs and supplements (listed in rough order of importance) can further strengthen your immune system and aid your body in healing from the virus's effects.

- Cat's claw: a herb that reduces EBV and co-factors such as strep A and strep B.
- Silver hydrosol: lowers EBV viral load.
- Zinc: strengthens the immune system and protects the thyroid from EBV inflammation.
- Vitamin B12 (as methylcobalamin and/or adenosylcobalamin): strengthens the CNS.
- Licorice root: lowers EBV production and strengthens the adrenals and kidneys.
- Lemon balm: antiviral and antibacterial; kills EBV cells and strengthens the immune system.
- 5-MTHF (5-methyltetrahydrofolate): helps strengthen the endocrine and central nervous systems.
- Selenium: strengthens and protects the CNS.
- Red marine algae: a powerful antiviral that removes heavy metals such as mercury and reduces viral load.
- L-lysine: lowers EBV load and acts as a central nervous system anti-inflammatory.
- Spirulina (preferably from Hawaii): rebuilds the central nervous system and eliminates heavy metals.
- Ester-C: strengthens the immune system and flushes EBV toxins from the liver.
- Nettle leaf: provides vital micronutrients to the brain, blood and central nervous system.
- Monolaurin: antiviral; breaks down EBV load and reduces co-factors.
- Elderberry: antiviral; strengthens the immune system.
- Red clover: cleanses the liver, lymphatic system and spleen of neurotoxins from EBV.
- Star anise: antiviral; helps destroy EBV in the liver and thyroid.
- Curcumin: a component of turmeric that helps strengthen the endocrine and central nervous systems.

Knowledge Is Power

The first step of the healing process is to know that the cause of your suffering is Epstein-Barr virus—and to realise that it's not your fault. Your EBV-related health problems aren't the result of anything you did wrong or any moral failing. You didn't make this happen, and you're in no way to blame. You did not manifest this; you did not attract this. You're a vibrant, wonderful human being and you have every God-given right to heal. You deserve to heal.

Much of EBV's effectiveness stems from hiding in the shadows so that neither you nor your body's immune



Elderberries and star anise



system can sense its presence. This not only allows it to commit its mayhem unchecked, but it also leads to negative emotions such as guilt, fear and helplessness.

Now things are different for you. If you have EBV, you now have a mind-body understanding of what's causing your health problems. From this alone, your immune system will strengthen and the virus will naturally weaken. So when it comes to fighting Epstein-Barr virus, in a very real sense, knowledge is power. ∞

About the Author:

Anthony William is a spiritual healer and the author of *Medical Medium Life-Changing Foods* (Hay House, November 2016) and *Medical Medium: Secrets Behind Chronic and Mystery Illness and How to Finally Heal* (Hay House, November 2015).

For more information about Anthony William's books, dietary supplements, healing resources and practitioner support services, visit <http://www.medicalmedium.com>.

Editor's Note:

This article is extracted and edited, with permission, from chapter three of Anthony William's book *Medical Medium*. See the review in this issue.

When two men find something of importance beneath the ice of Antarctica it begins a powerful struggle between an archaeologist and a megalomaniac, one who seeks to discover the truth that lies beneath the ice and the other who desires ultimate power and wealth. When research teams are sent into the world below what they discover is beyond all expectations. The extraordinary story that unfolds is a struggle not only between the two men, but for all involved – the struggle to grasp the meaning of life itself.



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Did Ethiopians once rule India?



by Clyde Winters, PhD © November 2016

Below Ptolemais of the Hunts, at a distance of about three thousand stadia, there is Adulis, a port established by law, lying at the inner end of a bay that runs in toward the south. Before the harbor lies the so-called Mountain Island, about two hundred stadia seaward from the very head of the bay, with the shores of the mainland close to it on both sides. Ships bound for this port now anchor here because of attacks from the land... From that place to the city of the people called Auxumites there is a five days' journey more; to that place all the ivory is brought from the country beyond the Nile through the district called Cyeneum, and thence to Adulis.

– *Periplus of the Erythraean Sea*¹

The Rise of the Naga Dynasty

There is a long history of navigation by the ancient Ethiopians. According to the ancient Egyptians, what we call Ethiopia today was known as Punt. The Egyptians left us many inscriptions concerning their voyages. In some of these inscriptions, we see the Puntites loading the Egyptian or Puntite ships, and they are depicted wearing headbands.

Samuel Kramer in *The Sumerians*² writes that in Sumerian inscriptions Northeast Africa was called Meluha, and that ships from Meluha sailed to Sumerian ports. Kramer also says that the Dilmun civilisation, with whom the Meluha traded, was located in the Indus Valley. This is interesting because an elite from the Indus Valley as well as the Meluhaite in the Egyptian navy wore headbands like those of the Puntite sailors.

There is mention of the Axumite (Aksumite) port city of Adulis in *Periplus of the Erythraean Sea*, written circa 100 AD [see opening quote]. The Axum (Aksum) Kingdom was centred in what is today northern Ethiopia. The Erythraean Sea was the name for the waters between the Horn of Africa and the Arabian Peninsula.

Even though we know that the Ethiopians had a long history of navigation in the Red Sea and the Indian Ocean, many people may not know that according to Dravidian history the Ethiopians once ruled much of India, Sri Lanka and Burma (Myanmar). They were called the Naga. The Naga kings ruled many Indian cities including Kantipuri, Mathura, Padmavati and Vidisha. Twelve Naga rulers so far are known from these places.

The original Naga people of Ethiopian and Indian tradition have nothing to do with the Naga people of the extreme northeast of India and northwest of Burma (Myanmar). The real name for these Mongoloid people is Naka, which means "people with pierced ears". These people are not mentioned in the ancient Indian literature.

Much of what we know about the Naga rule comes from the *Kebrä Nagast* ("The Glory of Kings")³, a literary work of the 14th-century or earlier, written in the Ge'ez script of ancient Ethiopia and Eritrea, and from Visvanatha Kanakasabhai in his book *The Tamils Eighteen Hundred Years Ago*.⁴

Kanakasabhai writes that the Ethiopian or Naga Kingdom in India had its capital city in the Deccan Plateau and had other cities spread between the Jumna (Yamuna) and Ganges rivers as early as 1300 BC, according to the Indian epic poem the *Mahabharata*. King Thashaka, King of the Naga, was fighting the Arya who were trying to take control of the Ethiopian or Naga cities in India.

Ancient Ethiopian traditions support the rule of the Puntites or Ethiopians in India. In the *Kebrä Nagast*, we find mention of the Arwe kings who ruled India. The dynasty was founded by Za Besi Angabo and began circa 1370 BC. These rulers of India, Sri Lanka and Ethiopia were the Naga. They were associated with serpents and serpent worship.

The Queen of Sheba and the Empire of Menelik I

The *Kebrä Nagast* claims that Queen Makeda, the Queen of the South, who is believed to be the Queen of Sheba, had servants and merchants who traded for her at sea and on land in India and Aswan. It also says that her son Ebna Ia-Hakim, or Menelik I, also called David II, campaigned in the Indian Sea, and that the King of India gave gifts and donations and prostrated himself before him. It also states that Menelik I ruled an empire that extended from the rivers of Egypt (the Blue Nile and the White Nile) to the west and from the south of Shoa in today's Ethiopia to East India. The *Kebrä Nagast*'s



identification of an eastern Indian empire ruled by the Naga corresponds to the Naga colonies in the Deccan and on the east coast of India between the Kaveri and Vaigai rivers.

This is what is written in the *Kebrä Nagast* (chapter 20): "From the middle of Jerusalem, and from the north thereof to the south-east is the portion of the Emperor of Rôm; and from the middle of Jerusalem from the north thereof to the south and to western India is the portion of the Emperor of Ethiopia. For both of them are of the seed of Shem, the son of Noah, the seed of Abraham, the seed of David, the children of Solomon. For God gave the seed of Shem glory because of the blessing of their father Noah. The Emperor of Rôm is the son of Solomon, and the Emperor of Ethiopia is the firstborn and eldest son of Solomon."

The *Kebrä Nagast* adds (chapter 21): "And in the words 'ends of the earth' [He maketh allusion] to the delicacy of the constitution of women, and the long distance of the journey, and the burning heat of the sun, and the hunger on the way, and the thirst for water. And this Queen of the South was very beautiful in face, and her stature was superb, and her understanding and intelligence, which God had given her, were of such high character that she went to Jerusalem to hear the wisdom of Solomon; now this was done by the command of God and it was His good pleasure. And moreover, she was exceedingly rich, for God had given her glory, and riches, and gold, and silver, and splendid apparel, and camels, and slaves, and trading men (or, merchants). And they carried on her business and trafficked for her by sea and by land, and in India, and in 'Aswân (Syene)."

The *Kebrä Nagast* records the following (chapter 94): "And [the Queen] returned and encamped in the city of Zion, and they remained therein three months, then

their wagons moved on and came to the city of the Government. And in one day they came to the city of Sâbâ, and they laid waste Nôbâ; and from there they camped round about Sâbâ, and they laid it waste as far as the border of Egypt. And the majesty (or, awe) of the King of Ethiopia was so great that the King of Mëdyâm and the King of Egypt caused gifts to be brought unto him, and they came into the city of the Government, and from there they encamped in 'Ab'ât, and they waged war on the country of India, and the King of India brought a gift and a present (or, tribute), and himself did homage to the King of Ethiopia. He (i.e. David) waged war wheresoever he pleased; no man conquered him, on the contrary, whosoever attacked him was conquered. And as for those who would have played the spy in his camp, in order to hear some story and relate it in their city, they were unable to run by the wagons, for Zion herself made the strength of the enemy to be exhausted. But King David, with his soldiers, and the armies of his soldiers, and all those who obeyed his word, ran by the wagons without pain or suffering, and without hunger or thirst, and without sweat or exhaustion, and travelled in one day a distance which [usually] took three months to traverse."

As you can see from the *Kebra Nagast*, the Ethiopians or Naga were once rulers of India.

Evidence for the Naga in Literature and Art

Naga Nagash was the title for the king of the ancient Semitic-speaking people of what is today Ethiopia. These people lived in Arwe, an ancient kingdom in Punt. The ability of the Ethiopians as great seafarers is supported by the title Bahr Nagash, meaning "ruler of the maritime province", i.e., Eritrea.

Kanakasabhai indicates that a reading of Dravidian literature dating back to 500 BC gives us considerable information on the Ethiopian or Naga rulers of India, Sri Lanka and Burma. According to Indian tradition, the Naga won central India from the Villavar (bowmen) and Minavar (fishermen).

As Kanakasabhai notes, the Naga are mentioned in the Dravidian classic texts known as the *Kalittokai* and the *Silappadikaram* or *Chilappathikaran*. The earliest mentions of the Naga appear in the Indian epic poem the *Ramayana*.

The *Silappadikaram* makes it clear that the first great kingdom of India was the Naga Nadu. The major Naga tribes were the Maravar, Eyinar, Oliyiar, Oviyar, Aruvalur and Parathavar. The Naga resisted the invasion of the Chola, a Tamil dynasty.

In the *Kalittokai* 4, the Naga Maravar tribe is described as being "[of] strong limbs and hardy frames and fierce looking as tigers, wearing long and curled locks of hair". The Tamils knew them as warlike people who used the bow and noose.

In their conquering of India, the Ethiopians were likely called Naga, or Lords, by the people. They are believed

to have taught the Arya how to write and weave.

The Arya described the Naga as half-human and half-serpent. Indeed, in Indian and Southeast Asian art, the Naga are represented by men or women with a hood made up of serpents that surround the back of the statues of Naga elites. The rank of each Naga royal was identified by the number of serpents in the dignitary's hood. Kanakasabhai notes that in the sculptures the Naga kings were represented by hoods with five to seven serpent heads, the princes and princesses by a hood of three serpents, and the ordinary Naga with a single serpent-headed hood.

...a reading of Dravidian literature dating back to 500 BC gives us considerable information on the Ethiopian or Naga rulers of India...

The Naga were a dominant group on the coast, where they were fishermen or seafarers. In fact, the Dravidians recognised them as great seamen.

The Naga kings of Sri Lanka are mentioned in the *Mahāwanso* Buddhist chronicle. They were Buddhist and were said to have later become the Dravidians, as is evident in names such as Naganathan, Nagaratnam, Nagaraja, etc. In ancient times, Sri Lanka was called Nagadwipa. The Ethiopian or Naga capital of Sri Lanka was known as Kalyani.



A page from the *Kebra Nagast*, written in the Ge'ez or Ethiopic script.

A Lost Land in the Indian Ocean

The Naga or Ethiopians were defeated by Dravidian-speaking people from Kumari Nadu or Kumari Kandam—a large island or continent that is supposed to have existed in the Indian Ocean and which connected India with East Africa and other lands. This landmass is mentioned in the *Silappadikaram* as being made up of seven *nadus* or regions.

Kumari Nadu was ruled by the Pandians or Pandians at Madurai in South India before it sank beneath the sea. The greatest king of Kumari Nadu was Sengoon. According to Dravidian scholars, the Pandians worshipped the goddess Kumari Amman. This Amman probably corresponds to the ancient god Amon of the Kushites of today's Sudan.

As written in the *Kalittokai* 104, the Pandians were forced to migrate off their island home into South India:

"In order to compensate for the area lost to the great waves of the sea, King Pandia without tiresome [*sic*] moved to the other countries and won them. Removing the emblems of tiger [Chola] and bow [Chera] he, in their places, inscribed his [Pandia's] reputed emblem fish and valiantly made his enemies bow to him." ∞

About the Author:

Clyde Winters, PhD, is an educator, anthropologist and linguist. He has taught education and linguistics at Saint Xavier University, Chicago. Dr Winters is the author of numerous articles on anthropology, archaeogenetics and linguistics. His articles have appeared in *Proceedings of the National Academy of Sciences*, *Science*, *BioEssays*, *Current Science*, *International Journal of Human Genetics*, *International Journal of Dravidian Linguistics* and *The Journal of Modern African Studies*. His books include: *Archaeological Decipherment of Ancient Writing Systems* (2016), *Ancient Scripts in South*



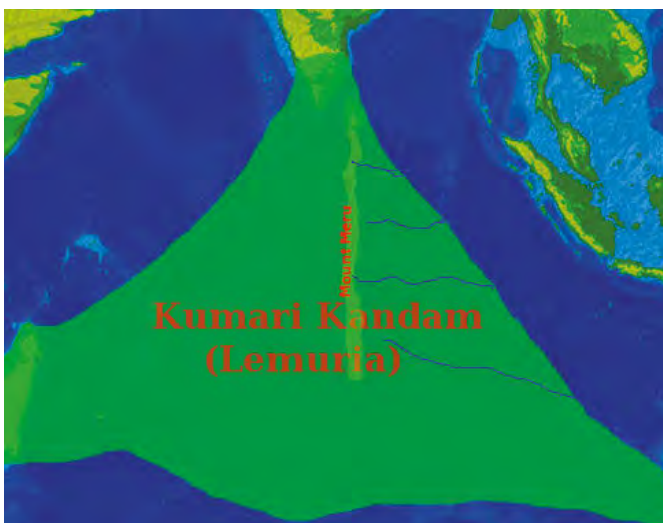
Sculpture of a Naga king depicted with a seven-serpent hood.

America: The Sumerians in South America (2015), *We Are Not Just Africans: The Black Native Americans* (2015), *Atlantis in Mexico: The Mande Discovery of America* (2013) and *African Empires in Ancient America* (2013). Dr Winters' books can be ordered at <http://www.Amazon.com>.

Dr Clyde Winters can be contacted by email at olmec982000@yahoo.com. For more information and articles, visit his website <http://www.olmec98.net>.

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Artist's impression of the lost island/continent Kumari Nadu/Kumari Kandam, said to have existed in what is now the Indian Ocean.





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Science News

GRAVITY SIMPLIFIED

by Victor W. Hatch © 2016

A good scientific theory would conform to Newton's four rules of philosophy. It would, in the simplest possible manner, provide explanations for the various manifestations of the physical universe. In doing so, it would connect and unify chemistry and physics, gravitation and electricity. It would apply equally at the macro level, as in the cosmos, and at the micro level, as in the atom. Gravitational theory must apply equally to the behaviour of galaxies, solar systems, cars, balls, molecules and atoms.

Gravitation and Space

Einstein's theory of general relativity proposes that spacetime is curved by matter, and that this curvature of spacetime is gravitation which then dictates the movement of matter. This is typically illustrated with a ball—the gravitational mass—on a rubber sheet. This model is used to show why starlight is deflected as it passes by the Sun.

This is a distorted picture, as the gravitational force around a mass such as the Sun, Moon or Earth, in the absence of other masses, varies spherically outwards from the centre of the mass.

Einstein's theory is that "spacetime" is curved by the presence of matter, and this curvature of spacetime then affects the path of matter and radiation through spacetime. This spacetime

varies in density and in doing so causes the curvature of light and radiation as the light and radiation pass a mass. From this, it follows that this spacetime must vary in correspondence with the gravitational field. Thus, for gravity to be due to the curvature of spacetime, the term "space" as used in Einstein's theory cannot be the same as space in our everyday world.

Since gravity is due to the curvature of spacetime, then "space" and "time" are effectively redefined by Einstein's theory. The path of light as it passes the Sun is deflected by the gradient of Einstein's "space". Therefore, this "spacetime" is the medium that carries light and radiation, and "space" and "time" are redefined by the speed of light, c , within this spacetime. Lorentz termed this "space" ether (or aether). To avoid confusion, the term "E-space/ether" is used here: Einsteinian "space"/Lorentzian ether.

Regardless of the name, this E-space/ether has some very definite properties. For example, in transmitting radio waves, a transmitter antenna produces electromagnetic fields in E-space/ether such that a certain impedance is experienced at the antenna. A half-wave antenna has the same impedance at any frequency. Electromagnetic, electric and magnetic fields in E-space/ether couple into antennas. Electric fields in E-space/ether couple into any conducting material such as a metal pole or a metal sheet.

Using the speed of light as a constant, c , then in E-space/ether

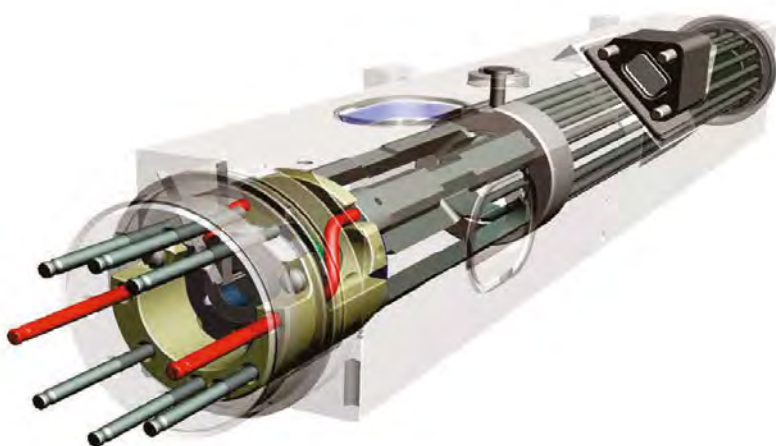
for radiation to be curved by gravitation, the density of E-space/ether must vary in the same ratio as the change in the gravitational force intensity.

Both E-space/ether density and gravitational force intensity vary by the inverse square of the distance from the centre of mass, $1/d^2$, the distance calculated by our mundane, everyday measure. Doubling the distance reduces gravitation by a quarter and similarly reduces the E-space/ether density by a quarter.

This results in the wave front farthest out, at higher altitude, travelling faster than the closer wave front. This also results in the curvature of light or radiation as it passes a mass such as the Sun or the Earth. The amount of curvature will vary such that long-wavelength radiation will curve more than short



In transmitting radio waves, a transmitter antenna produces electromagnetic fields in E-space/ether.



The Deep Space Atomic Clock (DSAC) is a miniaturised, ultra-precise mercury-ion atomic clock for precise radio navigation in deep space. The project is managed by NASA's Jet Propulsion Laboratory. A test flight in low Earth orbit is scheduled for March 2017. (Image: NASA)

wavelengths. Ultraviolet light will be curved less than infrared light.

Pendulum clocks run faster in reduced gravity at higher altitude. The earliest gravity meters used a variation of the pendulum clock. Atomic clocks also run faster at altitude. The velocity of the clock in orbit has a slowing effect on the clock rate. This is due to the increase in the mass of the clock caused by the velocity: $m = 2 \cdot E/v^2$; from $E = m \cdot v^2/2$, where E is energy, m is mass and v is velocity.

Gravity in Matter

In solid objects, the molecules are held together, frozen in place, by the attractive forces between the atoms and molecules. More than 99 per cent of the mass of every object consists of the nuclei of the atoms. There is no other source of mass. Taking the gravitational force down into the molecule and atom, we see that E-space/ether must be very dense around the nuclei of atoms and that gravity is the force that binds atoms into molecules. As an example, the van der Waals force that holds gas molecules together is gravitational force. Liquids are made up of molecules that are held together by the force of gravity. In

solid objects, the force of gravity holds the molecules of the object solidly together.

The standard model of the atom states that the atom is electrically neutral. Yet for the nucleus of the atom to hold the outer electrons in orbit, the positive electric field of the nucleus must extend beyond the outer electron orbit. Thus, the atom must have an overall positive charge.

Evidence for this is in the change of electronegativity¹ of atoms. Electronegativity is the measure of atoms to gain electrons when combining with other atoms. An atom with high electronegativity could be said to be hungry for electrons, indicating an overall positive charge. The noble, inert gases could be said to have no electronegativity as they do not combine with other elements. (The difference in electronegativity can account for the triboelectric effect.) There is an abrupt change in electronegativity and size between the elements He and Li (helium and lithium), between Ne and Na (neon and sodium), between Ar and K (argon and potassium), between Kr and Rb (krypton and rubidium) and between Xe and Cs (xenon and caesium).

He, Ne, Ar, Kr and Xe are inert, noble gases with zero electronegativity as they do not share electrons. Li, Na, K, Rb and Cs are solids, indicating a relatively high electronegativity, or positive charge, of their nuclei in relation to their position in the periodic table. This illustrates the relative change in the positive charge of atoms. The atom is not neutral but has an overall positive charge.

The standard model is that the attraction between the positive nucleus and the valence electrons is the force that binds molecules. This requires that the nuclei of the atoms be positive enough to attract the valence electrons. At the same time, as per the standard concept, there is a repulsive force between positively charged objects. So the attraction between the nuclei and the valence electrons must exceed the repulsion between the nuclei. This is contradicted by the decrease in the size of molecules as they are positively ionised. The attraction of positive to positive of the force of gravity explains this simply.

The mass of the atom consists only of positively charged mass. The conclusion from this is that there is no neutron in the nuclei of atoms. Neutrons are apparently only generated when atoms are shattered, and thus would appear to be particles of radiation created by the release of energy. The force of gravity therefore corresponds to a positive electric field.

This leads to the conclusion that the electric field corresponds to the E-space/ether density and the gravitational force. The force of gravity corresponds to a change in E-space/ether density and the residual positive electric field of atoms, molecules, the Earth, Sun, Moon, etc.

With the existing standard model, the attractive force between the nuclei of atoms and the valence electrons is too weak to account for the strong binding forces between molecules in metals and in metallic

alloys and compounds. Helium and iron both have two valence electrons, so the binding force in helium molecules and iron molecules should be the same! The stronger binding force in iron is accounted for by the attraction between the more positively charged nuclei of the iron molecules, due to their greater mass.

Note that the lack of neutrons in atomic nuclei also accounts for the lack of neutron radiation in cold fusion experiments.

Setting the force of gravity equal to the electric force between two masses of equal mass and charge results in:

$$F_{gr} = F_{e1} \text{ and } G(m_1 \cdot m_2)/d^2 = k_e(q_1 \cdot q_2)/d^2$$

$$\text{Thus: } q^2/kg^2 = G/k_e =$$

$$6.67 \cdot 10^{-11}/8.99 \cdot 10^9 = 7.42 \cdot 10^{-21}$$

$$\text{And: } q/kg = \sqrt{7.42 \cdot 10^{-21}} =$$

$$8.61 \cdot 10^{-11} \text{ coulombs per kilogram (kg) of positive charge.}$$

F_{gr} is the force of gravity;

F_{e1} is the electric force;

G is the gravitational constant, $6.67 \cdot 10^{-11}$;

m is mass in kilograms;

d is distance;

k_e is the electric force constant, $8.99 \cdot 10^9$;

q is the charge in coulombs.

The $q/kg = 8.61 \cdot 10^{-11}$ coulombs per kilogram is a positive charge; that is, each kilogram of mass has a positive electric charge of $8.61 \cdot 10^{-11}$ coulombs. This produces the condensation/curvature of E-space/ether and the gravitational attraction between objects, planets, suns, etc.

Supporting Evidence

Heat and vibration produce positively charged molecules; this is due to atoms approaching each other and knocking the outer electrons out of orbit to radiate as infrared radiation. This is the intense heat radiation from a fire and from heated metals. A positive space charge is created over the ocean by wind.² This causes the

force of the winds in hurricanes.

An experiment using a clothes dryer and wet clothes illustrates the attraction of positive to positive. Measurement of the electric charge of clothes just out of the dryer, with no antistatic measures used, shows a positive charge on the clothes corresponding to static cling and a static positive charge within the cavity of the clothes dryer. (This was measured with an electrostatic voltmeter, reverse polarity blocked by low-capacitance, low-leakage diodes.) This dramatically shows the attraction of positively charged clothes to positively charged clothes.

This same ionisation due to heat occurs with the cathodes of electron guns when electrons are emitted. This is also the source of radiation from flames: the heated gases are positively ionised by the heat, the vibration of molecule against molecule disrupting the electric field holding the outer electrons in orbit and causing them to radiate as infrared radiation.

Air from a hairdryer was positively ionised, as measured by a Keithley Model 616 Electrometer Amplifier. In an attempt to measure ionisation of gases from a car exhaust, the

maximum voltage input rating of the electrometer amplifier was exceeded and the amplifier failed.

Other Supporting Evidence

The base of clouds during a tornado is very highly positively charged, indicating a reversal of gravity, producing a strong lifting force.³

Positive ionisation of the surface of the sea by solar heat initiates the strong winds of a hurricane, which are further fuelled by more positive ionisation of the water surface by the winds. There will be some point on the surface of the ocean that's slightly more positive than other areas, attracting air towards it. This produces a wind towards this positive point. The wind then produces more positively ionised water vapour. Thus, the hurricane is fuelled. Similarly, the winds of tornadoes fuel the tornadoes.

Heating of a fuel such as hydrogen positively ionises the fuel, attracting oxygen and initiating combustion—the same for all fuels.

Steel is burned for cutting by heating to the positive ionisation temperature and feeding oxygen from the torch. Welding is done by heating metals to the positive



A positive space charge is created over the ocean by wind, and is responsible for the powerful wind force in hurricanes.



The electric field at the base of a tornado cannot be measured by a vane-type electric field meter.

ionisation temperature, producing attraction between the molecules of the metals. Two pieces of steel at high temperature weld together when in good contact.

Melting of pieces of metal positively ionises the metal, producing attraction and fusion of the metals. Heat-treating and hardening of steel is achieved by heating the steel to produce positive ionisation, attracting the molecules closer together and then freezing them in that condition by rapid quenching (cooling).

As an atom becomes larger, the strength of the positive electric charge of the nucleus becomes greater and thus the positive electric field to hold the outer electrons is greater. This results in a stronger residual positive electric field as atoms become larger. There is then greater attraction between the large atoms—greater gravitational attraction. This results in the merging and radioactive decay of large atoms and the emission of neutrons, which have an extremely short wavelength of radiation. (From this it is seen that by positively charging radioactive waste, the decay time, or half-life, could be reduced.)

Due to the extremely high

temperature of the chromosphere⁴ of the Sun, the chromosphere is at an extremely high positive voltage. This results in "dark matter", molecular hydrogen⁵, being pulled into the chromosphere. Fusion of this dark matter, hydrogen, into helium releases tremendous energy, heating the chromosphere. This is the power of the radiant heat of the Sun. Thus, the chromosphere is effectively an anode in relation to the body of the Sun as a cathode; this accelerates particles emitted from the surface of the Sun at high speed out into space.

The fusion of hydrogen into helium could thus be achieved by sealing the hydrogen in a closed container and positively charging the container and the hydrogen to strip the electrons from the hydrogen atoms, creating attraction between the positively ionised hydrogen atoms, the electrons no longer shielding the attraction between the nuclei of the hydrogen atoms. The rate of reaction could be controlled by regulating the high positive voltage.

This confirms that gravity corresponds to a positive electric field. But this must be reconciled with the first law of electrostatics, which states that like charges repel

and unlike charges attract. Experimental evidence indicates that any objects or particles that have a difference in electric charge potential are attracted together. Thus, charges tend to move to equalise the charge, much as air tends to move to equalise pressure. Phenomena at the atomic level show that positive electric charge is shielded by electrons. The conventional first law of electrostatics applies until atoms or molecules are ionised, at which point the attraction of positive to positive predominates. The electric force due to gravity is too small to register on an electroscope.

Some Conclusions

This theory fits data and manifestations of physics, chemistry, metallurgy, cosmology and meteorology. It accounts for phenomena that otherwise lack a good theoretical background, such as the van der Waals force.

This theory reconciles the force of gravity at the atomic and molecular levels with the force of gravity at the levels of cars, trucks, aeroplanes, planets, moons, suns and galaxies.

The vane-type electric field meter does not measure electric field; it only measures ion flow. Thus, it fails to measure the electric field of the Earth. It cannot measure the electric field at the base of a tornado because the electric field induced in the grounding lead cancels out any possible reading. A rotary electric field meter should be effective for this use and for measuring the Earth's electric field.⁶

Solid masses are composed of molecules locked together by electric forces. These hold together even when the external E-space/ether density is changed. They hold together until the electric field becomes strong enough to cause ionisation of the matter. Positive ionisation can be caused by heat, vibration or radiation.

Objects are not really solid. There is much space and E-space/ether

within matter, thus the change of E-space/ether density produces gravitational forces on solid matter. All matter consists of atoms which have wave characteristics, thus the change in E-space/ether density bends these waves to produce the gravitational force.

The E-space/ether density within matter is greater than in empty space. Matter is thus concentrated E-space/ether.

Since E-space/ether density corresponds to the electric field, then in some materials the E-space/ether density can be changed by applying an electric field. This effect is used to modulate light beams and switch light beams in optical fibres. Light can then also be focused by electric fields.

Tornadoes, thunderstorms and hurricanes are fuelled by the positive ionisation of water molecules by vibration and heat. The winds produce more positive ionisation of water, further fuelling the tornadoes, thunderstorms and hurricanes. It is highly probable that dust storms are due to the positive ionisation of dust particles by vibration due to heat and wind, similar to the phenomenon that produces hurricanes.

Radioactivity is the attraction of positive molecule to positive molecule approaching so close

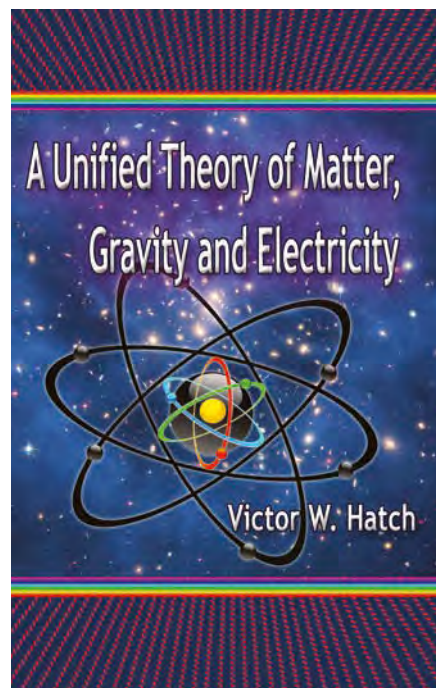
together as to cause disintegration of the molecules.

More detail is provided in my e-book *A Unified Theory of Matter, Gravity and Electricity*, including data about the electrical phenomena of tornadoes, thunderstorms and hurricanes as well as magnetic and electrical phenomena in transformers and generators. ∞

About the Author:

Victor W. Hatch, who lives in Vancouver, Washington, USA, is an inventor, engineer, musician and researcher. In 1983 he received his professional engineer (PE) licence in Oregon, and for over 30 years he has been a self-employed engineer and consultant, working primarily in analogue and power electronics design. He is a member of the Institute of Electrical and Electronics Engineers, and he served for four years in the US Air Force during the Korean War as a radar technician.

Victor Hatch is the author of *A Unified Theory of Matter, Gravity and Electricity* (2016) and *Research Report: Electricity and Gravity, Tornadoes and Hurricanes, Other Phenomena* (2015), available only as e-books. He can be contacted by email at VicHatch@msn.com. For more information, visit his website <http://vichatch.com>.



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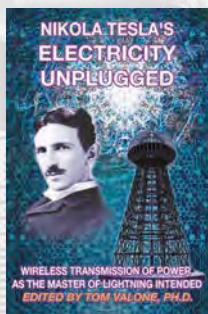
Editor's Pick

The discoveries and research by Nikola Tesla changed the world forever: alternating current electricity, X-rays and radio, to name but a few. In the year 1900 he was one of the most famous men on the planet, but a century later, he was largely written out of official science history. After his death in 1943 it became progressively difficult to obtain any books or research regarding Tesla, and by the 1980s, many science encyclopaedias had minimal, if any, reference to him at all. But why? Tesla claimed to be able to send energy across a distance, with no time taken to travel the distance, and no energy required to send it—in other words, wireless transmission of power (US Patent 645,576). This is considered one of the 'holy grails' of technology, which, if made public, would change the world yet again.

For over 40 years I have researched and read 'alternative' science claims and ideas. It is my opinion that Tesla found and used the aether in order to achieve his claims for the patent referred to above. So I'm pleased to be able to provide access to some of the better material on Tesla available today.

Duncan Roads, Editor

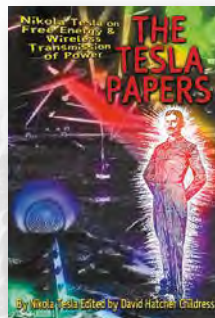
Nikola Tesla's Electricity Unplugged



**Wireless Transmission of
Power as the Master of
Lightning Intended,
Edited by Tom Valone, PhD**

Nikola Tesla's Electricity Unplugged is a unique anthology of hand-picked Tesla articles, arranged historically, which presents overwhelming and convincing evidence for the reality of Tesla's high efficiency, low cost wireless power transmission.

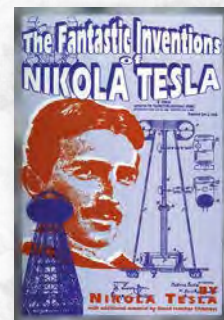
Prodigal Genius by John J. O'Neill



Tesla could see an invention in 3-D, from every angle, within his mind, before it was built. He refused to accept the Nobel Prize; he clung to his theories of electricity in the face of opposition; had friendships with Mark Twain, George Westinghouse and competition with Thomas Edison.

In this penetrating study of the life and inventions of a scientific superman, Nikola Tesla is revealed as a figure of genius whose influence on the world reaches into the far future.

The Fantastic Inventions of Nikola Tesla



This book is a readable compendium of patents, diagrams, photos and explanations of the many incredible inventions of the originator of the modern era of electrification. In Tesla's own words, are such topics as wireless transmission of power, death rays, and radio-controlled airships.

In addition there is rare material on German bases in Antarctica and South America, and a secret city built at a remote jungle site in South America by one of Tesla's students, Guglielmo Marconi.

Focus on Nikola Tesla

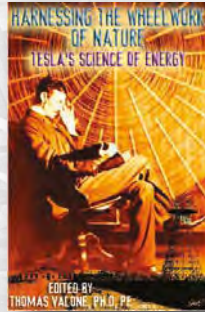
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**Harnessing the
Wheelwork of Nature**



Tesla's Science of Energy
edited by Thomas Valone,
PhD, PE

Tesla himself knew he was way ahead of his time, and perhaps his eccentric personality was as much a hindrance as a help, as borne out in his relationships with rich benefactors like Westinghouse and Morgan.

But these essays, papers, technical briefings and press clippings remind us that we still have so much to learn from Tesla and his work.

**The Free-Energy
Device Handbook**



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NEXUS **Magazine**

Forgotten Inhabitants of the Americas



Intriguing artefacts on display at the Chilean Museum of Pre-Columbian Art tell a story at odds with orthodox history.

by Rafael Videla Eissmann © November 2016

Above: *Chemamüll* or "wooden people", anthropomorphic sculptures of the ancient people of Araucanía, Chile, are exhibited at the Chilean Museum of Pre-Columbian Art. They represent the Lituche, "the first people", and wear the *callanas* headdresses to protect against the Sun's radiation. (Photo: Koppas via Wikimedia Commons)

Art and History

The Museo Chileno de Arte Precolombino (the Chilean Museum of Pre-Columbian Art) was opened in 1981 in the country's capital, Santiago de Chile, and is located near the Plaza de Armas. It has permanent exhibitions as well as many temporary ones on display. The museum also has highly sophisticated warehouses and laboratories.

In general terms, vastly diverse Pre-Hispanic cultures and civilisations are represented in the museum's large archaeological collections housed in seven galleries: the Mesoamerican, Intermediate, Caribbean, Amazonian, Central Andean, Southern Andean and Chilean.

The collections are a synthesis of the spiritual and physical concepts of the Pre-Columbian world. The diversity of materials used by the artists matches the variety of subjects on display: gods, humans, animals and plants. Through them, and always in the symbolic language of the spirit, the eternal cycle of all—birth, life, death and resurrection—is shown. It is the ancient code of divine cosmogonies and anthropogonies which is embodied in the artists, and a fragment of their *Weltanschauung* or "world view" is expressed in their art.

In the Pre-Columbian sense, art with its various codes, canons, colours and metaphors is the finest expression of these enigmatic and fantastic people who lived in the continent and whose origins are lost in the mists of the time before time. Among the topics mentioned above, it is also possible to see the elements of the cosmos—air, fire, earth and water—in perfect, dynamic symmetry. In addition to this, every field and activity of everyday life has been accurately exemplified: thinking, talking, cooking, drinking, sleeping, fighting, etc. There are, of course, activities represented such as rites, sacrifices and vows consecrated to the gods and the ancestors.

Thus, it can be stated that Pre-Columbian art is definitely a key source used by archaeologists and anthropologists to reconstruct the reality of those earlier times. It's a significant complement to the exhaustive work of scholars and historians in the study of written records such as the codices of Pre-Columbian times and the *crónicas* of the Hispanic time.

In this regard, it is very important to understand that the objects which comprise the rich, iconic art of the Americas are a proper and unquestionable manifestation of the *reality* of Pre-Columbian cultures, even if they cannot be fully understood

by modern thinking. In many cases, art objects are the only remaining tangible fragments of extinguished groups.

It is the ancient code of divine cosmogonies and anthropogonies which is embodied in the artists...

Here and there we see that scholars have reinforced their studies by examining this or that figure or object. For instance, there are references in 18th-century *crónicas*—such as Abbé Juan Ignacio Molina's *Compendio de la Historia Geográfica, Natural y Civil del Reyno de Chile* ("Compendium of the Geographical, Natural and Civil History of the Kingdom of Chile", 1776)—to the so-called *callanas*, types of headdress worn by the ancient people of the Araucanía region in southern Chile to protect themselves against the Sun's radiation when they were lifted to the Threng-Threng mountain during the last Great Flood. These ancients were known as the Lituche, "the first people". Their *callanas* were described as "wooden dishes", according to the informants of the Spanish *cronistas*. They can be seen in the wooden sculptures known as *chemamüll* or "wooden people" (see previous page and below). This affirms the relationship between the archaeological object and, in this particular case, the written source. There are innumerable examples like this throughout the Americas.

Archaeological Evidence versus Official History

It turns out that there are many archaeological vestiges that simply do not fit into the official history or, in



Two more examples of *chemamüll* sculptures, highlighting the *callanas* headdresses. (Photos: Rafael Videla Eissmann)



- a. An Aztec imperial warrior stone sculpture of Pre-Hispanic Mexico, depicting a "White Indian".
 b. A Mochica *huaco*, or Andean ritual vessel, from Peru portrays the typical copper-skinned indigenous groups.
 c. A Mexican Olmec clay sculpture with clear Asian features.
 d. An attributed Mayan figure with the characteristic African phenotype of Mexico.
 (Photos: Rafael Videla Eissmann)

particular, into the mainstream vision of Pre-Columbian times. This official history teaches, for example, that the continent was "discovered" by Christopher Columbus in 1492 and that no other Europeans had been there before—although in the last decade it has been partly acknowledged that Nordic settlements existed before the Spaniards arrived in North America.

Could a continent inhabited by millions and millions of people have been "discovered" by Columbus and his economic enterprise? Wasn't the concept of "discovery" and the colonisation process in the Americas nothing but a religious and political-economic pretext to raze the continent's pagan cultures and civilisations? Wasn't this Spain's self-justification for its looting?

Mainstream history also promotes the idea that the Americas were peopled by one exclusive inhabitant: the stereotypical indigenous tribes that came from Asia $\pm 16,500$ –13,000 years ago, characterised by an average height of 1.65 metres, bristly black hair, prominent cheekbones, Asian-style eyes, and so on. Was this really the only Pre-Hispanic ethnic type in the continent? What does the archaeological evidence suggest? How can mainstream history explain the representations of people without Asian-like features? Furthermore, if there was only the above-mentioned stereotype in the Americas, then how can we understand those representations of individuals with "Caucasian" features—the "White Indians"—and those with African characteristics who in fact do exist in other continents?

Additionally, mainstream historians tout almost dogmatic evolutionary concepts, assuming that the inhabitants of the Americas were reaching some "advanced" degree of civilisation only by the 15th century. This is because it is assumed that before this period the inhabitants were simply hunters and gatherers and had an incipient state of agriculture. It is assumed that throughout the Americas, a long-term process had taken place: these tribes had been nomadic people but were now beginning a settled stage, as took place in the

Central Andes and on the Mesoamerican Plateau.

Has this theory been properly formulated? Why does it necessarily have to fit into the patterns of other cultures and civilisations? Was there a worldwide law of "evolution" or progress that took place in all the continents? Does it match the chronological records and archaeological vestiges of civilisations such as the Maya and the Inca?

Altogether, these are some basic questions that come to mind when one observes and studies the fascinating archaeological evidence. However, what happens with the objects that do not even fit the mainstream perspective? This is what occurs for instance with particular anthropomorphic figures that describe other ethnic groups and with objects that do not match any evolutionary pattern.

Although these vestiges are part of the collections and exhibitions of different museums, they are kept in check as isolated objects without much cultural background or, on the other hand, they are presented in the context of a certain culture in order to "fit" with mainstream history. But usually they are displayed as some sort of unconnected and bizarre expression of art that does not signify much in the reconstruction of Pre-Hispanic times as they are exceptional and segregated pieces, curious artefacts which no one seems to notice.

Quite possibly this treatment would be acceptable if there were only a small number of objects. But this is not the case. On the contrary, the archaeological evidence shows numerous examples throughout the Americas that demonstrate figures which simply do not correspond to the official reconstruction of Pre-Hispanic times.

These are vestiges of the *almost* forgotten inhabitants of the Americas.

Unusual Figures and Strange Artefacts

A first glimpse of the archaeological collections in the Chilean Museum of Pre-Columbian Art shows ethnic

diversity that mainstream history does not want to recognise: that before the arrival of the Spaniards in the 15th century, the Americas had different racial groups who travelled via transpacific as well as transatlantic routes. Of course, we see the traditional copper-skinned indigenous faces and also some clearly Asian-like features. But significantly enough, it is possible to observe, too, examples of the *Indios blancos*, the "White Indians" referred to in numerous *crónicas* and even in some ethno-historical sources from the first decades of the 20th century. What's more, there are examples of anthropomorphic figures that have an irrefutable African ethnicity.

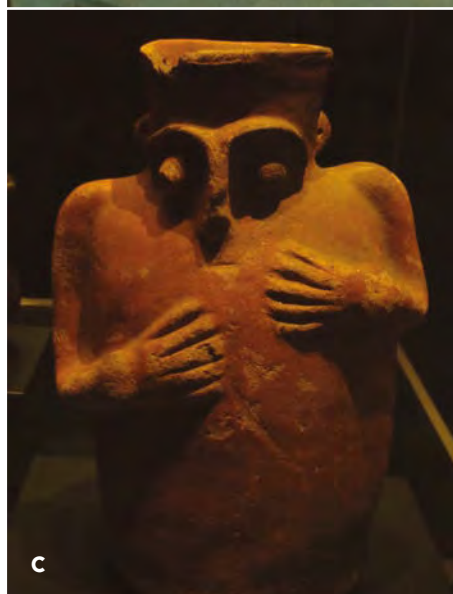
In general terms, there are abundant works of literature and studies about the indigenous people. But what of the others? Why have archaeologists and historians ignored the presence of these non-indigenous groups? What were their origins? When and how did they arrive in the Americas? What was their fate?

In the museum's collection there are also outstanding

figures that almost defy any kind of interpretation. Perhaps one of the most suggestive is that of a hybrid creature from the Jama-Coaque culture of Ecuador: a four-legged animal with a thick tail and a human head (see "a" below). Does it correspond with the totemic power of a shaman? Or is it one of those hybrid beasts that the traditional myths speak about?

Another interesting figure is a Mayan wheeled zoomorphic figure (see "d" below). But inexplicably, anthropologists and historians have argued that the Pre-Hispanic cultures did not know about the use of the wheel. Of course, there is no evidence for its use. So how can we explain this figure? What purpose did it have? What did it represent?

Other objects have an enigmatic aura as they feature human-like attributes but with specific elements that are not quite properly human. Intriguingly, these figures are found in cultures that do have perfect human representations in their art. So, should it be assumed that the artists were depicting at least two types of being?



a. Sculpture of a hybrid creature from the Jama-Coaque culture of Ecuador.
b, c. Humanoid figures found in the south of Chile. The first figure is a bi-faced stone sculpture. The second one is an anthropomorphic vessel with a strange disposition of the hands. What were the original models?
d. Mayan wheeled zoomorphic figure.

(Photos: RVE)



Anthropomorphic clay figures from: a. the Jama-Coaque culture of Ecuador; b. the Chupícuaro culture of Mexico; c. the Quimbaya culture of Colombia (note the odd representation of the hands and feet). (Photos: RVE)

Certainly, these are not isolated cases. There are examples in the collections of the Chilean Museum of Pre-Columbian Art as well as in other museums. In this sense, the human-like or humanoid figures of the Chupícuaro culture of Mexico are characterised by large-proportioned heads and somewhat oddly shaped bodies (see "b" above). All these figures wear distinctive headdresses. There are the strange statues of the Quimbaya culture of Colombia with unusually contoured flat heads and abnormally shaped hands and feet (see "c"). What was the purpose of these representations? Are these objects the products of the sculptors' imaginations or fantasies? Or are they just the result of the artists' aesthetic skills? If so, why do some of these figures depict humans accurately while others have nonstandard and peculiar features?

Echoes of a Vanished Race

Perhaps even more fascinating is the significant number of anthropomorphic figures that show the elongated-head people of the Americas that are related to the civilising gods or cultural heroes and are found from Tierra del Fuego to Alaska. These were the ancient gods known as the Hówen in the Patagonian tradition, the Viracochas in the Andean and the Kukulcáns-Quetzalcóatl in the Mesoamerican. Here and there, ancient myths and legendary tales have preserved these wonders which constitute the basis of the Pre-Hispanic civilisations. In archaeological terms they correspond to the Palaeo-Americans, the people who populated the continent before the arrival of groups from Asia.

The elongated-head people have been represented in

many cultures including the Selk'nam of Chile, the Tiwanaku of Bolivia, the Chancay of Peru, the Tolita (see photo next page), Jama-Coaque and Valdivia of Ecuador, the Maya-Jaina, Colima-Nayarit and Olmec of Mexico, the Hopi of the United States and the Tlingit of Alaska.

Just as with other Pre-Hispanic art representations, should it be considered that these wonderful sculptures are the result of the imagination of the artists that shaped them? How and why could the very same idea be found in so many geographically distant cultures? What is the explanation?

Moreover, why would these elongated-head people always have been related to the "gods"?

Strikingly, since the time of the Spanish conquest, the elongated skulls have been known to European scholars. In this sense, one of the most important pieces of evidence is the foetus with an elongated skull that was recorded by ethnologists Mariano Eduardo de Rivero y Ustáriz and Johann Jakob von Tschudi in



Anthropomorphic figure with conical headdress from an unknown culture of southern Chile. (Photo: RVE)



Pre-Hispanic anthropomorphic clay figure depicting an elongated head, from the Tolita culture of Ecuador.
(Photo: Rafael Videla Eissmann)

Antigüedades Peruanas ("Peruvian Antiquities", 1851). This fact would suggest that the elongated skulls are not the result of an artificial technique but instead are from a natural type of a race that has since vanished.

Today, the evidence of these skulls is overwhelming, as can be seen at the Museo del Sitio de Tiwanaku (the Site Museum of Tiwanaku) in the highlands of Bolivia. Fantastic Tiwanaku, the metropolis of the Viracochas, was the magical-religious centre of the Andean world and the basis of the later Inca Tawantinsuyu, the Empire of the Sons of the Sun.

So, these artistic manifestations, as well as those mentioned before, correspond to a past reality and, more precisely, to *real* beings. In this regard, a substantial role was played by ethnologists who conducted field research in the early 20th century and studied the last uncontacted living tribes that still remained free from Western influence. For instance, ethnologist Martin Gusinde recorded the remaining traditions of the Selk'nam or Ona, the Clan of the Sacred Branch, in Tierra del Fuego. Gusinde was able to document the essential initiation rite called Háin, where the Selk'nam spoke of the gods or "spirits" known as the Hówen, the immortal extraterrestrial

beings who descended from the stars and created humanity. As part of the ritual, the Selk'nam played some type of sacred pantomime with the roles of the Hówen: they appeared as conical hatted beings, each with unique body painting that symbolised a constellation (see photos below).

As can be seen, the artistic expressions of the Pre-Hispanic cultures have a *real* background which builds now-abundant archaeological evidence that not only confronts and undermines the mainstream historical perspective but, more importantly, establishes the basis for a *new history*. ∞

About the Author:

Rafael Videla Eissmann is an historian from Chile who has written books and articles about the Antarctic origins of mankind, the vestiges of the primal civilisation of the Americas and its symbols, and other aspects of Pre-Columbian cultures. His books include *El Gran Diluvio: Mitos americanos sobre la última catástrofe planetaria* ("The Great Flood: Myths of the Americas about the Last World Catastrophe", 2016) and *Símbolos Rúnicos en América: El regreso a la tierra ancestral* ("Runic Symbols in the Americas: The Return to the Ancestral Land", 2011). His article "Echoes of the Great Flood in the Americas" was published in NEXUS vol. 23, no. 5, August–September 2016.

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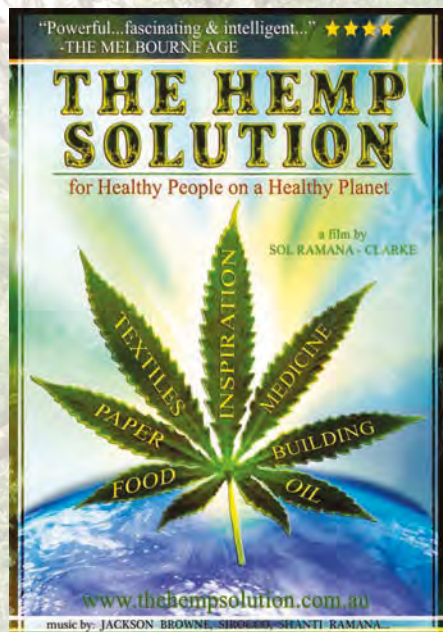


The Selk'nam of Tierra del Fuego performed a sacred pantomime in which the immortal Hówen or Star People were represented as conical hatted beings.

These photographs were taken in the early 20th century.

(Photos: Martin Gusinde)

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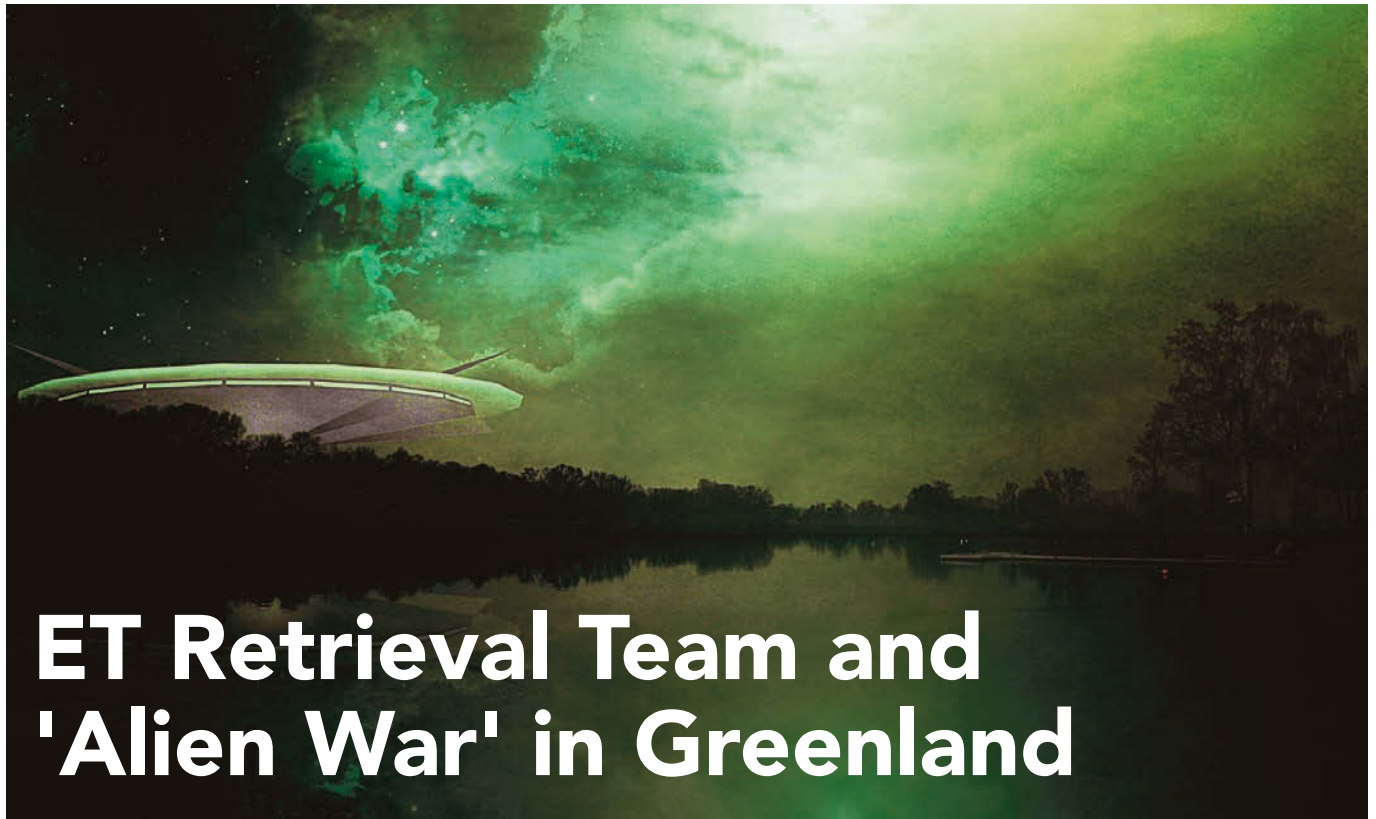
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ET Retrieval Team and 'Alien War' in Greenland

Illustration: Thomas Budach, www.pixabay.com

by Linda Moulton Howe © November 2016

There was something about the Reptilian ones. Even though they were dead...he would talk about the overwhelming fear when they got near even the dead ones to cart them off.

– "Steve", son of a USAF retriever of dead aliens at crash sites from 1947 onwards

A Double Life with Above Top Secret Clearance

On 14 November 2016, I received the following email from a long-time Staten Island, New York, resident whom I will call "Steve".

"Hi Linda: You are a tireless journalist and one that I trust. I started watching Art Bell the first year he was broadcasting his show. I think that was 1995? I have been sitting on a major story for decades. This has never been covered—the public has no knowledge of it. I say this because I have been following all these subjects since I was 6 years old, with good reason, and I just turned 50."

I talked to Steve and asked for permission to do a recorded phone interview for Earthfiles and Coast to Coast AM radio. He gave me permission and began

explaining that his father, whom we agreed to call "John Smith", led a double life in the US Air Force from 1947 to 1955, which did not end when his father was honourably discharged.

John Smith's public face for several years was in international stock brokerages. However, behind the scenes, according to Steve, his father had an Above Top Secret clearance to retrieve dead extraterrestrial bodies at many different crash sites around the United States, beginning with two locations in July 1947 in New Mexico: one between Roswell and Corona, and the second below Oscura Peak on the White Sands Proving Ground about 50 air miles southwest of Corona.

The Truman administration needed military help for

ongoing retrieval operations of the mysterious non-humans—both dead and alive—and their advanced craft technologies. But President Truman and his advisers wanted a strict policy of denial about everything deemed "non-human, or extraterrestrial" in the interests of national security in order to prevent public panic. Allegedly, President Truman signed a Top Secret executive order at that time to formalise some kind of treaty with the *living* non-humans that military forces were retrieving from Roswell and sites beyond.

"His job was strictly to go in and grab the bodies and take them out. There were others that would take care of the *live* ones."

If true, that's when the first secret "black" dollars began to be diverted from congressional and public oversight to highly classified efforts to communicate with the beings and back-engineer the alien technology. So, John Smith's association with stock brokerages around the world was a government front operation to process money for secret dealings with aliens. Meanwhile, Smith was trying to cope with his intense fear of having to physically gather different types of Grey, White and Reptilian humanoids from many different crash sites and put them into body bags.

Historically, there have been other whistleblowers who have suggested that some or all of the UFO crashes were Trojan Horse events designed to get *something* or *someone* into the human population—who had no idea that their government was negotiating deals with alien intelligences—while at the same time insisting that there was nothing to UFOs except weather balloons and swamp gas.

That's how John Smith's double life evolved as a

money man in the growing dark underbelly of American military and intel agents underground who were either working with, or were in a secret war against, an alien presence. John Smith had no one to tell about his shocking work assignments except his wife and two sons.

The son, Steve, talking to me, was born on 17 October 1966, 19 years after the Roswell incident. Steve says that when he was about five years old, in 1971, his father began to open up about Roswell and his assignments to pick up dead alien bodies and participate in what Smith called an "alien war" behind the scenes in Greenland and the Aleutian Islands. According to Steve, the secret "alien war" occurred simultaneously with the Korean War that raged in public view from 1950 to 1953. But in Greenland, the United States Air Force at Thule Air Base was allegedly providing secret help to one side of the "alien war".

[Following is Linda Moulton Howe's 24 November 2016 interview with "Steve" Bishop, who started by discussing the secret work carried out by his father, "Sgt John Smith", in retrieving dead aliens from crashed UFOs. Ed.]

Part 1

Recovering Alien Bodies in New Mexico

Steve Bishop (SB): Whenever it comes to anything with the aliens, everything is completely compartmentalised. His job was strictly to go in and grab the bodies and take them out. There were others that would take care of the *live* ones. And he'd seen them, too. And then there were other compartments that did the clean-up. Other compartments would haul it away. Everything was very compartmentalised. And they weren't really supposed to talk to each other.

Linda Moulton Howe (LMH): You were born 13 years after the end of the Korean War. Your father was doing this work of retrieval of extraterrestrial bodies during that whole period, not just during the Korean War, correct?

SB: Correct. He told us that one of the big stories was Roswell. My dad was at Roswell. And I've known about it since the 1970s. Roswell wasn't even close to the only crash. It used to go on quite a bit, and our government is very good at covering this stuff up because he [his father] had been to multiple sites inside of this country alone. He talked about the Greys—different ones—but the ones that always scared him, the Reptilians with their green scales—you could see that he would get upset. It scared him! And my dad did not scare. My dad was not a scared person.

LMH: How did they gather the bodies?

SB: They were put in body bags, and it was only him and a few others that



A 1989 aerial photograph showing the US Thule Air Base/Pituffik Airport in northwestern Greenland.

would actually go to the bodies and they had to put them in body bags. He said that they were almost like the size of children. I know there were dozens. He talked about the Greys, different heights.

There was something about the Reptilian ones. Even though they were dead, maybe some portion of them still might have been alive somehow because he would talk about the overwhelming fear when they got near even the dead ones to cart them off. It was so foreign and alien in nature that it would make him shake.

LMH: Okay. Can you describe what he was seeing in these Reptoids?

SB: The major thing he always talked about was their skin was green, leathery and scaly. Their eyes were black and larger than us [our human eyes].

LMH: They were taller and your father was how tall?

SB: Five foot six inches.

LMH: Did he say anything like they [the Reptilians] were between six and seven feet tall or seven and eight feet tall?

SB: I know he did, and I don't remember the exact [height]. The actual thing that did happen was that there were two ships that collided [in the Roswell region]. He carried off, I think, two or three dead ones. But there was one that was completely alive and one that was dying. And this was maybe the first site, or one of the first sites, that he was at. He talked about it a great deal.

One of the main details was the fact that there were two ships, and one hit there [near Corona] and the other



Artist's impression of a Reptilian alien
(Image: Svet P.)

landed—I think it was 50 [air] miles away. I don't know which location he was at because by the time all of it did finally become public, my father was already gone.

LMH: It was allegedly the triangular shaped craft that hit between Roswell and Corona and released a rescue pod that had the beings in it, and it flew over Oscura Peak and came down on the White Sands Proving Ground below Oscura Peak. [There was a third crash site on the Mescalero Apache Reservation south of Ruidoso.]

SB: And that's the location where I believe that they had two that survived, but one didn't survive long. The other one survived.

LMH: What did your father say about both the live one and the dead or dying one?

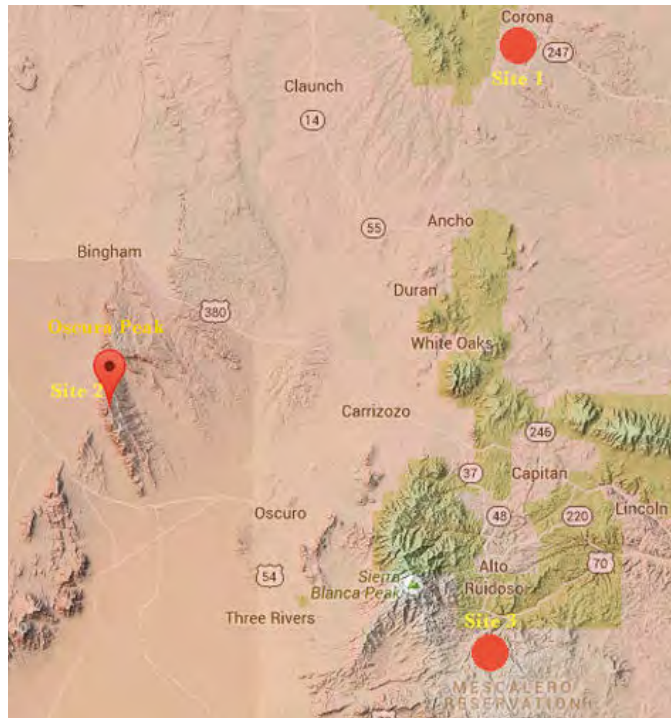
SB: They were definitely under five feet—the short ones. He was not allowed near the live ones because that wasn't his department. So he only saw them from a distance. They were short, sort of greyish. Leathery skin. He said they almost looked like some kind of doll because they were so un-Earthlike with the extremely small, elongated neck. It was hard to see that these things can actually walk around and be alive, but he could see one that was walking around and alive! He didn't have the same reaction to them that he had towards the Reptilians.

LMH: What was the relationship from his point of view between the Reptilians and these small Greys?

SB: He didn't know. He didn't have an insight into all the facts.

LMH: Did he ever see the Reptilians and small Greys together, alive or dead, at the same place?

SB: Yes. That's really what I wanted to talk about because I had never heard anything or anyone report what I'm about to talk about. And hopefully, there are veterans out there that are willing to come forward with this now.



Map showing three sites in New Mexico where UFOs crashed in the first week of July 1947: Site 1 is near Corona and Roswell; Site 2 is below Oscura Peak; and Site 3 is south of Ruidoso.

The Public Korean War and the Secret War in Greenland and the Aleutian Islands

On 25 June 1950, the Korean War began when some 75,000 Korean People's Army soldiers deliberately crossed the 38th parallel [north] separating the Soviet-backed North Korea from the pro-Western Republic of Korea. The United States did not enter the war on South Korea's behalf until July 1950, and in July 1953 the fighting ended after some five million soldiers and civilians had died.

What the world did not know, according to Steve's father, Sgt John Smith, is that during the Korean War an "alien war" also raged in Greenland and far away to the west in the Aleutian Islands that extend southwest of Anchorage, Alaska, into the Bering Sea. Greenland is a colony of Denmark, but in 1946 US President Harry Truman tried to buy Greenland from Denmark. At a UN meeting, Denmark's Foreign Minister, Gustav Rasmussen, met with the US Secretary of State, James F. Byrnes, to discuss the US purchase of Greenland. Nothing was ever reported publicly and no one knows what happened in the meeting, but the US made no further attempts to acquire Greenland. However, a 1951 NATO treaty allowed American bases to be built there anyway.

LMH: We're going to the Korean War that began on 25 June 1950 and ended on 27 July 1953. This is the time frame, and your father was involved.

SB: He got moved over to Greenland. And I'm not sure if he went to Greenland first or if he went to the Aleutian Islands first. But from the stories I remember



Artist's impression of a Grey alien

him telling my brother and me, the same things happened in both locations—which was an alien war. This went on for months. The aliens that were out there on at least two sides were warring with one another all around the [Thule] base, shooting each other down. Our people tried to shoot at them, too. But we couldn't hit anything. They just outmanoeuvred whatever weapons we had back then.

So, we also had a deal going on with them because when one side... if a ship got injured or damaged, they would land directly on the base and people would come out with supplies, whatever they needed, to

help them fix the ship and take off again.

LMH: Okay, but that assumes that the United States was treating one of these battling extraterrestrial groups as some sort of a friend or an ally to help.

SB: Correct.

LMH: Which ones were friends?

SB: Don't know. He talked about the Greys being there, and some looked the same on the other side.

LMH: You mean it looked like Greys fighting Greys?

SB: Yeah!

LMH: Well, how do you make sense of that? What did your father say?

SB: I don't know and he didn't know. It was very confusing because that part, they were told, they were not allowed to ask or talk about. And so whatever they talked about was kind of in their own groups.

LMH: Your father had a job with the Air Force to gather up the dead bodies of extraterrestrials that included the small Greys and the Reptilians. Did your father deal with taller Greys?

SB: He said he saw them in all different sizes.

LMH: Did your father give any indication that he saw the dead bodies of two different types of Greys in the Greenland alien battle?

SB: Yes, there were more than just Greys and Reptilians. There were, he said, all types. He knew of maybe close to a dozen different ones back then.

LMH: A dozen different extraterrestrials?

SB: Of different types that he carried away.

LMH: Well, can you try to help us understand what those dozen might be like?

SB: The ones that I know for sure...I know he had the Reptilians. And I know he, for a fact, had the smaller Greys. And then there were others mixed in.

LMH: Humanoids?

SB: Yes, humanoid.



Adak Island in the Aleutian chain, Alaska



Official portrait of US President Harry S. Truman, painted in 1945 by Greta Kempton.
(Photo: Harry S. Truman Library)

LMH: There is a distinction made among human abductees and the military that there is something that is in the seven-to-eight-foot category, all white, and they are referred to as Tall Whites or tall humanoids.

SB: He did talk about really tall aliens. I don't remember what all the details were. Most of the talking about what was taking place with me and my father was probably between 1972 to 1974. And then we started going into it a little bit more in the 1980s when I was in high school.

LMH: What did he say about the Tall ETs?

SB: They were dead when he got there.

LMH: How did they compare to the other types of ET?

SB: I remember him talking about Green ones, the Greys and some White ones. But I remember him saying they were all different shapes and colours and heights, but he mainly talked about the Greys, the smaller ones.

LMH: Because they were the most that he gathered as dead bodies?

SB: Yes. Yeah, I think that's what it was.

LMH: Did he ever say that these small, doll-like Grey bodies were in fact androids, organic robots made by something else?

SB: Nope, he never mentioned anything about robots.

LMH: What did he say about the bodies that were dead in terms of what had killed them? Was he looking at burns? Wounds? Holes? What killed them?

SB: A lot of it were burns, parts blown off from the crash. Sometimes they didn't see any marks, but the aliens were dead—not always in one piece.

LMH: Did he say that there was even a rumour among the Air Force personnel that he was working with, or government intel agents, about what an extraterrestrial

war in Greenland, on Earth, would be about?

SB: What he said was that we had some kind of deal with one of the races, and it was made with one of the Presidents. I think Truman made the deal with the Greys.

LMH: Maybe, yeah.

SB: Yes, he always referred to that. He talked about that there were even some fights here in the United States on some of the bases. But the main one was in Greenland and the Aleutian Islands. This was a war because it happened all the time, every day. Sometimes with a few ships. Sometimes with hundreds. The skies were filled. There were ships coming down left and right. And our men on the ground were all terrified because they could not do anything. They had to hurry up and either help or haul off. And this has never been made public.

LMH: Well, what did they come to understand was the reason that extraterrestrials would be fighting each other in Greenland for months on Earth?

SB: The only thing he said was that there were two warring sides of aliens fighting [in Greenland and the Aleutian Islands]. They were told not to talk about it. This was straight across the base. They were all warned: they would die [if they talked]!

Part 2

Encounters with Greys and an Insectoid Being

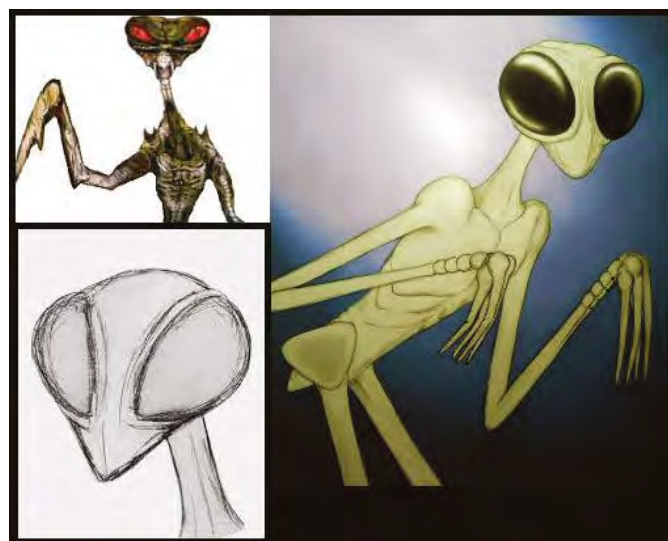
LMH: Did your father physically handle any Insectoid bodies?

SB: I don't know. He talked about a lot of different, strange ones that didn't look anything like us. I would say it's a possibility.

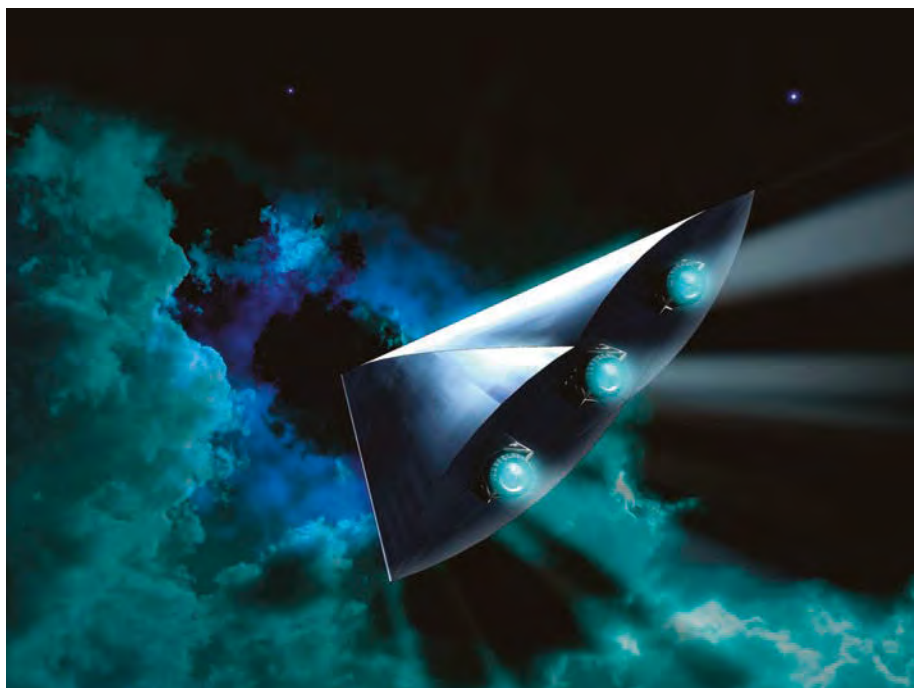
LMH: I thought I understood that you referenced Insectoids.

SB: I saw the Insectoids.

LMH: Let's switch gears to your own experiences as



Artist's impressions of Insectoid aliens
(Images: FolsomNatural, www.flickr.com)



LMH: Could you see any pupil at all?

SB: Not that I recall. It was night time. It had more than two arms. I was terrified! It was like I was sitting in front of it and it was almost like a wave, like a break in the air that came from its head or its eyes into my body, and all that I felt was pure, unadulterated fear. And it seemed to almost, like, want to draw off that fear somehow. It felt like it was putting the fear in, but taking something out of me that was very terrifying.

LMH: Did you say that small Greys were working with this big Praying Mantis?

SB: Yes, I used to, like, freak and used to run to my parents' room, and my dad was never happy about that.

the child being aware of your father talking to you about extraterrestrials. How did all of this begin for you?

SB: My dad used to get mad because I used to run into their bedroom most nights—screaming—because I was constantly being visited by small Greys that sometimes used to float me all the way downstairs, but generally I remember them having me over their heads and I couldn't move. I never could move during any of these occasions. They used to walk down the stairs with me over the top and bring me into the living room and put me on a table.

And I used to sit with my legs draped over the table in front of an Insectoid being. I don't know why they were doing it to me or what they were doing to me. But I do know it seems the damn thing was enjoying itself.

LMH: What were you looking at, this Insectoid being?

SB: The height. I can tell you that thing had to be at least eight to 10 feet. I was a child. That thing's head would have hit the ceiling.

LMH: Where was the head of this Praying Mantis in terms of your ceiling?

SB: The thing wasn't standing up straight. Its legs were bent and it was sort of hunched over, leaning towards me.

LMH: What colours were you seeing in the eyes?

SB: The eyes I remember were huge, and it just felt like they were looking right through me.

LMH: Colours?

SB: It was more of a creamy color.

LMH: The whole insect was creamy colour?

SB: I was glued to the face, the eyes—mostly the eyes. The eyes—they were black. They were huge—much bigger than what is known for the size of the eyes for the Greys. They were huge. They were roundish and they kind of jutted out just like a bug's.

LMH: Well, wouldn't you have said to your father, who had been talking to you about gathering up the bodies of extraterrestrials and the war in Greenland, "An extraterrestrial is coming for me! Dad, help me!" And wouldn't you have had a dialogue with him about what was happening, and couldn't he get up from his bed and come and see what was happening?

SB: I did, but he would shut down. He didn't want to talk about it. He didn't want to believe it. And he would get mad at me. My mom, on the other hand, knew something was going on and she tried to talk to him about it and he would shut her down. These things really scared him. And I as an adult, looking back—I wouldn't react the way he did.

LMH: It sounds like your father felt that the Praying Mantis was retaliating against him in some way. And that may have been going on throughout our government—that if we were in fact having a secret war and that we were fighting on the side of one ET group versus another and the Praying Mantis had the ability to trump the control of the Ebens, this would have been a sign of its own force, that it could reach the child of one of the men working in the United States government who had a job to collect dead bodies from these alien wars.

SB: That has been a thought that has crossed my mind. And it's the most logical thought that I can think of, because I know that not only was I abducted but I know my mom was, too.

Steve's Abduction with his Mother

SB: We went to her father's house in Brooklyn, New York. And we were driving home and we were not even two minutes from the house when a cigar-shaped one came over. This was the country back then. Nobody else

on the road. And it started getting closer and closer, and my mom pulled over. The car died. I started freaking and at one point I said, "We've got to call the police; we ought to call the Army, the Navy, the Marines." Then, it just simply disappeared.

Now, when it was there, this large, long, cigar-shaped thing was hovering in the air. It also had windows. We were able to see these Grey-looking beings, as small as they were. We could still see the outline and we could see them looking at us—or looking out, at least. As soon as I made the comments about calling the Army, that's when it just vanished—disappeared! We were only two minutes from home, and when we got there we were missing somewhere around four hours of time. And it was almost morning.

LMH: Did your mother have memories?

SB: She remembers everything that I did: that it [the UFO] was there, we were scared, we were beside the road, the car went off and then it [the UFO] was gone.

We didn't even look at the time until we got home, because my dad was freaking out. "Where were you?" He was expecting us home.

LMH: Wouldn't your mother have said, "We were pulled over by the side of the road and we were watching a UFO and we had missing time", and said to your father, "What do you know about this?"

SB: And she did. All I remember was them fighting.

LMH: Any of the words?

SB: No, it was a lot of screaming and fighting, and it just didn't make any sense to me.

LMH: She would have been so emotionally upset because it was a threat to her child and to herself. And your father would have been upset because his family was now being threatened by a phenomenon that was clearly tied directly to his work.

SB: That's true.

Steve's Father's Distrust of the Greys

LMH: Your father had questions about whether he could trust the Greys that the United States government had made a treaty with, and we were treating them as being allies and our friends. What did your father indicate was the reason why he did not trust the small Greys?

SB: I think it was in part the way the Greys themselves acted. The whole thing never sat right with him. There were way too many questions.

LMH: Did he give you an example?

SB: Once he told me they did actually ask what was

going on. "Why are we friends with one and not the other? And why is this a secret?" And they were told that if they ever asked that again, that would be the last thing they would ever say. So, they never talked to anyone outside the group about it again. At least he did [talk] with his family.

He was very, very concerned. I know my father, who was a city boy, moved to the country to make a homestead. He had all this money, but he was busy out there farming, or having us do it, raising ducks and chickens and rabbits and stuff, because he was always worried about *something* coming in the future. And *something* coming down with the government, something that they knew along with the aliens, and he just didn't know what it was. So, he wanted to play it safe. And he wanted to get away from populated areas.



Shapes and Capabilities of ET Craft

LMH: Did he ever say anything about specific craft shapes?

SB: He saw all the different types. There were the classic saucer types. Cigar ones. Ones that looked like cylinders. Some, he said, just kept changing shapes. The incredible speeds—how they would just be there out of the blink of an eye and then sometimes just disappear. And doing all those impossible manoeuvres that we still can't do today—stop on a dime and turn 90 degrees and take off again. We still can't do that.

LMH: I just wondered if craft shapes could give us any indication today of who was warring with whom in Greenland in the 1950s.

SB: Whatever was happening was not from this world because of the things that he said they [the aliens] were doing—stopping on dimes—and we couldn't hit a single craft with anything that we shot at them.

Continued on page 82



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Strange Times...

THE MYSTERIOUS PAST OF THE HOPI: FROM KÁSSKARA TO THE AMERICAS

by Shawn Hamilton
© December 2016

In parts one and two of this series, Hopi elder Oswald "White Bear" Fredericks (1905–1996) detailed the remote origins of his tribe, a history many thousands of years old. It includes a sunken continent in the Pacific, along with interstellar entities called Kachinas who helped refugees from this drowning land resettle on South America's west coast via a chain of islands.

Periodic Global Catastrophes

The original Hopi homeland in the Third World, located in the Pacific Ocean, was called Kásskara, also known as Mu.

Kásskara was coeval with Atlantis, a technological civilisation that White Bear said existed in the Atlantic.

Plato described Atlantis in his dialogue *Timaeus*, detailing how one of the Egyptian temple priests at Sais had given his uncle, Solon, this information along with the good-natured chide that Egypt had documented a history that made the Hellenes seem like children by comparison.

It's "a tale which, though strange, is certainly true", Critias tells Socrates, portraying Atlantis with such exacting specificity that one suspects the story is accurate.

Crucially, a key feature of the story accords with Hopi tradition. It advances the disconcerting notion that planetary cataclysms happen

periodically—at regular intervals. While Egyptian history includes several of these global destructions, modern people remember only one, the Great Deluge or biblical Flood, as Critias reports that the temple priest told Solon:

And whatever happened either in your country or in ours, or in any other region of which we are informed—if there were any actions noble or great or in any other way remarkable, they have all been written down by us of old, and are preserved in our temples. Whereas just when you and other nations are beginning to be provided with letters and the other requisites of civilised life, after the usual interval, the stream from heaven, like a pestilence, comes pouring down, and leaves only those of you who are destitute of letters and education; and so you have to begin all over again like children, and know nothing of what happened in ancient times, either among us or among yourselves. As for those genealogies of yours which you just now recounted to us, Solon, they are no better than the tales of children. In the first place you remember a single deluge only, but there were many previous ones...

The New Land in the East

White Bear explained that the people who became the modern Hopi had originated on Kásskara, although not everyone from Kásskara became Hopi. The people of this continent, of which Hawaii is a remnant, defended themselves in warfare with Atlantis that led to the destruction of both civilisations.

White Bear reported that otherworldly beings called Kachinas, who flew in spacecraft, had seen a continent emerging out of the water to the east, and they helped his ancestors reach this rising new continent that we know as South America.

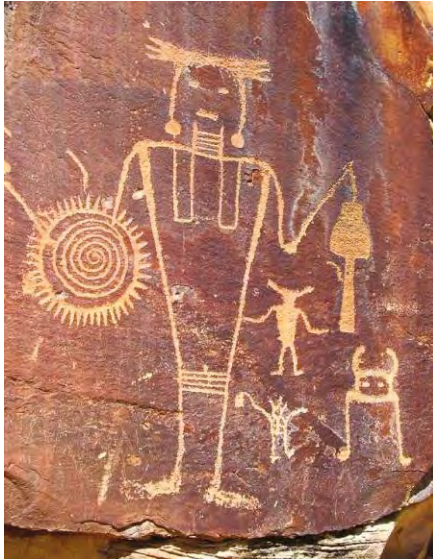
"It was the same country as that we had lived on in our Second World, Topka, but its appearance was different, so now we called it the Fourth World," White Bear said.

According to Hopi tradition, the Earth has switched its poles several times, meaning that the North Pole was at the place where the South Pole is currently and vice versa.

"In the Fifth World it will change again. On each occasion, the Earth tilted completely from north to south and not halfway," White Bear explained. "That would have caused too much damage and was not the Creator's intention, except once during Topka, the Second World, when the Earth tilted only halfway and everything froze."

The Kachinas observed this new land, and when it was above water they began preparing for a great migration of Kásskaran refugees to the emerging continent that would become their motherland, White Bear said.

"The Hopi call it the Fourth World, Toowakachi," he noted, adding that the word *sistaloakha* designates everything that is created quickly and in perfect form. The Creator had decided to save them and directed the Kachinas to help the people reach this new continent. These colonists migrated from the Third World to the Fourth in three types of vehicles.



Petroglyphs found near Mishongnovi, Arizona, depict "flying shields" and ant-like gods who assisted the ancient Hopi.

"The initial group arrived in 'flying shields' [spaceships]. These were assigned to important, high-ranking people who had priority because they were tasked with establishing the new colony. The Kachinas, being space travellers, knew where the new land was, and they brought these esteemed leaders first. The Kachinas could do that because they had flying shields. Our people did not have them, and we could not build them, but you recall that people of Atlantis also had flying shields. They did not receive them from the Kachinas, who had left them behind, but re-engineered them with their malevolent power, as I have told you."

Arrivals of the Clans

The first clans reached Toowakachi a long time before Kásskara had sunk completely. Among the more important of the groups that arrived by the flying shields were the Clan of Fire, the Clan of the Snake, the Clan of the Spider, the Clan of the Bow, the Clan of the Lizard, the Clan of the Eagle and the Clan of Water.

"The complete listing shows the Clan of the Bow towards the end because this clan acted badly in the

Third World. But some people of the Clan of the Bow were still important," White Bear said. "Even if many had taken part in the destruction of the Third World, all had not left the path of the Creator. This is why they were saved."

The second group of refugees was flown on "big birds" (aircraft).

The Hopi March festival, Powamu, recalls these events. White Bear took part in this ceremony at Oraibi when he was a young man, allowing him entrance into Powamu society.

"Before the ceremony, the chief of our tribe sang a song that evoked the Third World that we had left and spoke about the malicious queen who had conquered the greatest part of the world and whose influence was so harmful," he said, referring to the Queen of Atlantis.

"Many people were fearful during this time because the old continent, Kásskara, was sinking fast; one city after another was being destroyed. The water kept rising and covered most of the continent, yet our people knew that they were to be saved," White Bear said.

The third group consisted of those who were still at the beginning of their search for spiritual wisdom.

"My clan, the Clan of the Coyote [on his maternal side], was part of it. I know it from my mother who belonged to this clan, like her parents," he said. "They had a precise knowledge of these events because they kept them in their memories in order to transmit this knowledge like a heritage to the Fourth World."

White Bear said that this third group came by boats and had to struggle for a long time.

"We do not forget these events because everything that is difficult to attain is more appreciated and one will always remember it," he noted. "The people who arrived by boats belonged to the lower clans with little power, and for this reason they had been subjected to the influence of the Clan of the Bow with its destructive plans and

motivations. Although the people in the third group took part in the destruction, they did not intend to do so, so they were offered a chance to escape," he said.

Throughout this migration in the boats, the Kachinas protected this group. Each clan had a Kachina assigned to guide its members safely to the new continent, advising and directing them towards islands where they could rest, but White Bear said that while the Kachinas could make themselves understood, humans at first were not privileged to speak with them.

The Clan of the Flute still celebrates a ceremony that refers to these boat journeys, and in this way the Hopi remember each detail and stage of that epic ocean passage, an event which is recalled to them by a row of seven statues (moai) on Easter Island (Rapa Nui).

"These statues represent the seven worlds which we must cross," White Bear said. "Easter Island is the only island on our way which did not sink completely in the ocean after our passage."

On the subject of "the seven worlds", a little context might help illuminate. The Hopi actually speak of "nine worlds", or "universal kingdoms", which were manifested according to the Creator Taiowa's plan. One spiritual kingdom was reserved for Taiowa and one for his "nephew", Sotuknang. White Bear's mention of "the seven worlds which we must cross" relates to vibratory centres (chakras) in the human being, corresponding on a physical level to the glands.

So, by means of their flying shields, aeroplanes and boats, the Kachinas shepherded Kásskaran refugees to South America in order to help establish them there.

"At that time, the highest part was already above water," White Bear explained. "But you should know that not all who survived Kásskara could come to this new continent. We, the Clan of the Coyote, were the last to arrive."

"Those who left after us were taken along by currents towards other lands because they had not been selected to come to South America. Some arrived in Hawaii, a part of the Third World that had not been destroyed. Others arrived on South Pacific islands, and some on an island which is part of Japan today, as I learned a few years ago," White Bear said. "A young man from this island visited me. He had read the *Book of the Hopi* and said that his grandmother had told him exactly the same stories concerning the old world.

"There were, therefore, a certain number of people who could not come to the new land, although they had the same origin and also came from Kásskara. This is why on the Hawaiian Islands the initiated people are called Kahuna, which has the same meaning as Kachina," he added.

I'm wondering if the island that White Bear says is "part of Japan today" might be Yonaguni, located about 110 kilometres or 70 miles east of Taiwan.

Destiny of the Atlanteans

According to White Bear, not all the inhabitants of Atlantis perished when their continent was destroyed. Those who had not taken part in



Seven moai stand as silent sentinels on Easter Island (Rapa Nui). (Photo: Arian Zwegers)

their queen's attack on Kásskara were saved. They also wanted to come to the new continent, but the Creator had promised that the new land would belong solely to the Hopi ancestors for a long time.

"Although there were no Hopi yet on this new continent, the inhabitants of Atlantis could not come to South America. The Creator did not want to have them there," he said. "So He sent the Kachinas to prevent them from moving towards the west because, even if the survivors had not followed their chiefs, they still remained subjects of Atlantis."

White Bear explained that during the Third World, the people of

Atlantis had also associated with Kachinas, but the Kachinas left them when the Atlanteans became malevolent.

"The Kachinas directed them east towards areas that today are called Europe and Africa. But their capacities had been removed from them. Nailed to the soil, they could not fly any more and could only survive if they left in small groups and each group carried only one small portion of the total knowledge that they had before," White Bear said. "This is why the people in that region do not have a memory of their history which is comparable to ours," he clarified, adding that when the Atlanteans destroyed the Third World, the Creator reduced them to a low cultural level.

"But after their punishment, which lasted hundreds of years, they started to develop again. Think of the culture of the Egyptians. For us Hopi, this time is not so remote, and all of this forms part of the Hopi tradition," White Bear advised.

Toowakachi, the Fourth World

With this Fourth World, Toowakachi, which means "beautiful country for all people", we are in the middle of Earth and humanity's lifespan, White Bear explained.

"We are in the fourth of a total of seven worlds which we must cross." These are physical worlds, although



The submarine structures at Yonaguni are apparently natural rock shaped by human hands. A Japanese visitor told White Bear that his grandmother had related a similar origin story. (Photo: Vincent Lou)



Massive, intricately worked, H-shaped stone blocks at Puma Punku are part of the complex at the Tiwanaku site, Bolivia. (Photo: Janikorpi)

requires us to reassess some of our assumptions, consider that in 2008 a stone bracelet likely to be 40,000 years old was unearthed in Denisova Cave, Siberia. According to the Archaeological Institute of America, oxygen isotope analysis indicates that the bracelet is from "the same layer" where a Denisovan bone was found, as Dr Anatoly Derevyanko, director of the Institute of Archaeology and Ethnography, told the *Siberian Times* [7 May 2015]. He believes that the layer in which the bracelet was discovered had not been contaminated by later human activity.)

White Bear said that those who arrived in Táotoóma could settle only in the relatively small area that had arisen from the sea, where everyone was to live together.

"That shows why my people are certain we were the first and only people on this continent. There are tribes in America which came much later because the ice had melted in the north [Canada to Bering Strait].

"A long time before all this occurred, the Creator had shown us planets. He made this formidable offer to us after we had been created as living beings, but we failed because we did not follow the instructions He had given us; we did not respect His law. This is why we had initially this small portion of land—in order to learn how to dominate our feelings and live together," he said.

The Hopi Reservation itself, in such a remote and unlikely location, may serve a similar purpose today.

Destruction of the First City

Upon arriving on the new continent, the Kásskaran refugees' initial task was to build the first city, Táotoóma, which they sited on the lower part of a mountain.

Gradually the land area expanded as it rose from the sea, and small numbers of people began to migrate to other places.

"We could start to explore the new continent, and for this reason

they're related to the previously mentioned seven chakras. "Three are behind us, and three are in front of us. This fact is expressed in our impenetrable rituals as well as in some remains which have been found in Mexico and in South America," he said. "Timewise, we have already exceeded half of the seven worlds' lifetime because the duration of each world to come is shorter."

White Bear described a city called Táotoóma, about the size of modern-day Los Angeles, saying that a section of this ancient city was what we recognise as Tiwanaku or Tiahuanaco in today's Bolivia.

"We call the part of the Fourth World which first emerged out of the water Táotoóma. In your language, this name means 'the place that was touched by the arm of the Sun'. We Hopi say that it was the first part seen by the eagles, which were sent by the Kachinas. The eagles fly very high, and they saw the new country emerging from water. This is why we admire the eagles. Thus, we were in the new country, and finally the last group arrived by boat. With their arrival, the migration was complete.

"When we stood on the coast of this continent, we looked behind us

and saw that the islands had sunk. The Kachinas had given us a 'third eye' [perception, wisdom, insight], which allowed us to see the disappearance of our motherland and the islands," White Bear said.

As already noted, not all of those who came to the Fourth World and who lived in Táotoóma would become the Hopi ancestors.

"We should instead say that our ancestors were among these people. Our ancestors are those who arrived at Oraibi and settled there definitively. Those are called Hopi," White Bear said. He then provided a clue about the time scales involved.

"A rather long time passed between the arrival of the first group on the flying shields and the arrival of the last group in boats. It is said that it took 3,000 years before we all came together. All this happened a long time ago because the arrival of those who were on the flying shields took place 80,000 years ago. We have a very simple way to speak about the long periods of time: *soomody* means 1,000 years. *Soo* means "star", and you know how many stars there are! So the migration started 80 *soomody* ago."

(While such a vast time scale

we used the flying shields [spaceships]. Some of us had reached a sufficient rank to accompany the Kachinas during their explorations to see how the newly founded colonies were faring," White Bear explained.

Eventually people again proceeded to entertain their own ideas about the correct way of following the divine Creator's laws. They had left the correct path, White Bear said, adding that among them were people of high rank who were attracted to wealth and positions of prestige.

"They began to make bad use of Tawuya [undefined], so the Kachinas tried to prevent them from flying away into the universe. We were not allowed to go there as long as we had not fulfilled all of our obligations in this world. But these people falsely believed they were ready. The Creator became aware of what had happened, and after some time He came in person and took the city, raised it into the sky, turned it upside down and buried it in the ground. In all the area around it, one felt the enormous air blast. The soil vibrated—it was like an earthquake.

"It was a disappointment for our Creator, whom we had disobeyed. After that, our people disbanded and went in various directions. This was the first dispersal of our people on this continent."

White Bear explained that these events transpired during the 4,000 years after the clans had assembled on the new continent, which emerged from the water looking much like it does today.

Over time, the people—especially those who had remained faithful to the Creator—left the ruins of Táotoóma, the first city built in the Fourth World. They wanted to separate themselves from the others in order to preserve their ancestral wisdom and cosmology as well as fulfil their sacred obligations.

"They founded new colonies all

over South America. They did not leave all at the same time but gradually, over a long period. A Kachina was assigned to guide each group during its migration. The groups, which we call clans, had to separate in order to survive—and to successfully follow the Creator's teachings, which belonged to the divine plan. During these migrations, the Kachinas could communicate with us and they helped us just as before," White Bear said. "They taught us how to sow and collect the same day without waiting months for the fruits to mature."

After the people had moved away from the ruins of the destroyed city, certain Kachinas were "intended", or designated, for children who had not yet been born. These children were selected to transmit the true memory of past events, and White Bear noted that such events "very often arrived in [Hopi] history".

"The child receives the knowledge when it is still in the belly of his mother. Sometimes it is the mother who receives it so that all these thoughts can penetrate the child before the birth, so the child does not need to learn later. It is only necessary to recall this knowledge which it received prior to its birth," White Bear said.

"All of this happened over several hundred years after the migration's beginning. But the teaching of the Kachinas made it possible to keep our traditions alive in memory. Often Kachinas went to the Creator at the speed of light in order to inform Him of our progress on the Earth. As I've said, some of us had acquired high rank and had become very close to the Kachinas, who in turn allowed us to accompany them during their flights."

The Bear Clan Migrations

White Bear related the history of the Clan of the Bear to which his father belonged, saying that he chose this clan because it was selected to serve the role of guide and leader in the Fourth World.

"I learned everything from my father and his brother who knew the history of the clans and their migrations into this hemisphere, because our ancestors were the chiefs of the Hopi and the Clan of the Bear since their arrival in the Fourth World," he recounted.

"But first I want to tell you something my mother told me. When we left the destroyed city, the Kachinas erased the memories of all those who remained as well as their future generations. Thus, all those who later lived around the ruins did



Photograph taken in 1899 of Old Oraibi, the original Hopi village that's part of the Hopi Reservation in Arizona. Old Oraibi was the birthplace of Oswald "White Bear" Fredericks. In 1964, the village was declared a US National Historic Landmark.

not have the faintest idea what had happened before," he said, adding that in the Third World the Clan of the Bear was one of the least important clans.

"It did not have a negative past and had not taken part in the destruction of the previous world, and for this reason it was selected as the dominant clan in the Fourth [current] World. It's why the Clan of the Bear has a higher rank than the Clan of Fire, which destroyed the First World, or the Clan of the Spider and the Clan of the Bow, which destroyed the Second and the Third Worlds," he said.

Because of the Clan of the Bear's status among the Hopi, a Kachina of higher rank, Eototo, was assigned to guide the people of this clan, although White Bear said that Eototo was more properly referred to as a deity. Eototo stayed with them wherever they went to assure their welfare. He guided them north from South America, but they encountered very harsh conditions along the way.

"The area they had to cross was terribly hot. They spent a lot of time crossing the forests and getting used to the climate, and many children died at birth because of heat. Times were difficult. They wanted to seek mountains to leave this heat, but the Kachinas encouraged them to continue and protected them throughout the long journey through the jungle. There still exists today a ceremony that

recalls this protection," White Bear recounted.

"After a long time, they migrated out of the tropical region. The people started breathing better, the children no longer died, and the population increased. They continued moving north as Eototo guided them towards lakes and rivers. After many years [or perhaps generations?] they arrived at an 'ice barrier' near what we today call the US–Canada border. It prevented their further passage north. This happened over 12,000 years ago. Eototo told them that this ice sheet was a door which would be opened later for other people who would migrate towards the south."

These, of course, are the groups that anthropologists recognise as having crossed the Bering Strait, yet the Hopi say that their own people arrived first and came from the opposite direction. White Bear related how his ancestors had turned back from the ice sheet and had to move east while crossing a vast expanse of wet land until they came to the Atlantic Ocean. Eototo told them that it was the end of their journey east, and then instructed them to walk in the direction of the setting Sun.

"They obeyed and went west, arriving after many years at the Pacific Ocean," White Bear explained. "Eototo said to them, 'You have finished your migration and can now choose where you want to live'—but the clan did not



A Hopi woman dresses the hair of an unmarried girl, c. 1900.
(Photo: Henry Peabody)

yet know where it wanted to settle. After much investigation it chose this place [Oraibi], where the people built their first village and where the Hopi have lived ever since." ∞

Author's Note:

Oswald "White Bear" Fredericks was the primary Hopi consultant for Frank Waters' *Book of the Hopi* (1963, 1977). In a future article, White Bear will discuss the ending of the Fourth World, including the Blue Star Kachina prophecy that all Hopi ceremonialism will cease when a Kachina dancer removes its mask before the uninitiated.

About the Author:

Shawn Hamilton is a teacher, reporter and writer who lives in Sacramento, California. He covered the California State Capitol for Pacifica Radio's KPFA, received a Project Censored award in 2011 and writes poetry for fun. As a teenager, he was introduced to Oswald "White Bear" Fredericks by his high school anthropology teacher and became intrigued by aboriginal cultures.

Hamilton's articles "Earth Cataclysms and the Hopi Kachinas, Saviours from Space" and "Káskara, Sunken Land of the Hopi Ancestors" were published in NEXUS vol. 23, no. 5 (Aug–Sep 2016) and vol. 23, no. 2 (Feb–Mar 2016) respectively.

Shawn Hamilton can be contacted at kasskaran@protonmail.ch. For more information, visit his website <http://theswillbucket.com/>.



Panoramic view of the Hopi Reservation from Arizona State Route 264, located a few kilometres from Oraibi.

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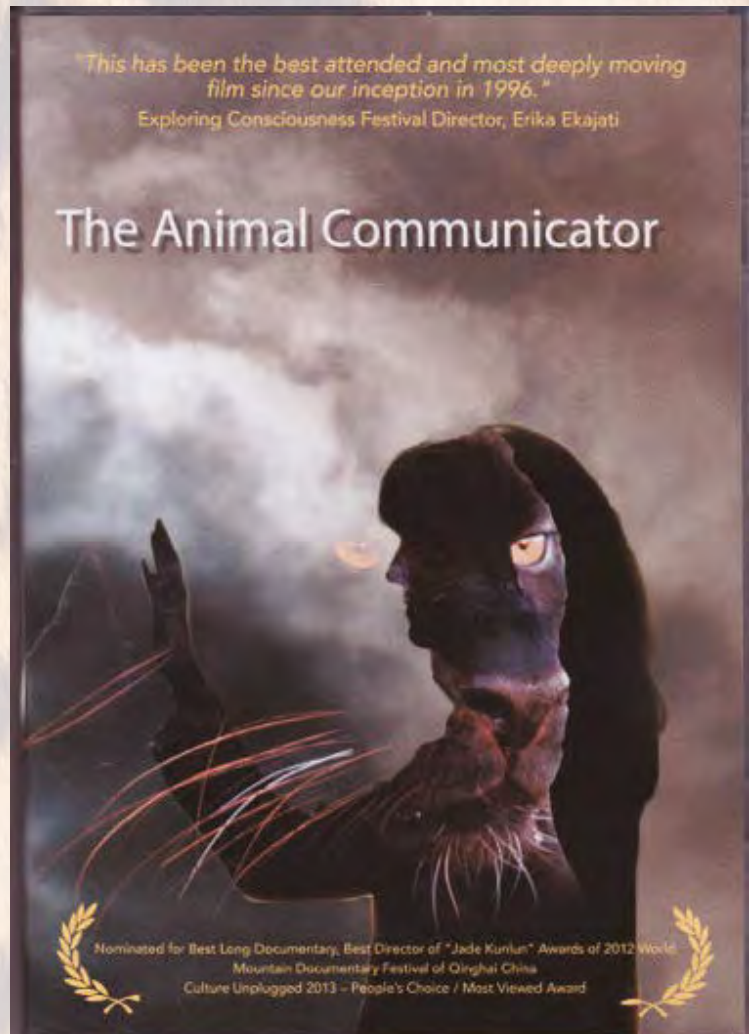
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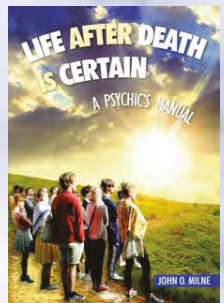
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Life After Death is Certain

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Engineer John Milne developed his own mediumship as a healing practice through the Valley Spiritualist Church, Brisbane, of which he was president from 1963 to 1991. He saw the need for a psychic manual, and published his work in 1968. He died in 1992, but in recent times he made contact with the spiritual circle to ask for his book to be republished.

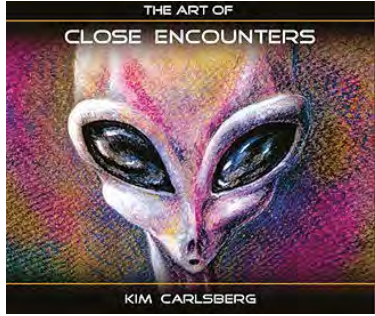
John Milne discusses the scientific, philosophic and spiritual aspects of survival after death and holds that spiritualism is the science of life, free of dogma and creed and focused on replacing the mystery and fear of dying with a reason and purpose for living. He explains the operations and purposes of spirit guides, helpers and mediumship circles, the nature of psychic gifts, and the various types of mental and physical mediumship. He describes the workings of spirit and distance healing and the seven principles of spiritualism.

His approach is responsible, alerting us to the many pitfalls of psychic work yet also giving inspiration to true spiritual seekers.

NEXUS

The Art of Close Encounters
by Kim Carlsberg

This book features the author's contributions as well as those from numerous sources about experiences with UFO sightings and interactions with alien entities by direct contact/abduction as well as via dreaming and psychic states. This beautifully illustrated hardcover contains text on the left and mostly full-colour images on the right.



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Books

A TRAVELER'S GUIDE TO THE AFTERLIFE

by Mark Mirabello, PhD

Inner Traditions, VT, USA, 2016

ISBN 978-1-62055-597-2 (214pp)

www.InnerTraditions.com

Considering the growing interest in near-death experiences and the survival of consciousness after death, it's instructive to review what has been passed down to us. Ohio-based history professor Dr Mark Mirabello explores beliefs and ideas about dying, death and what may lie beyond from cultural and religious traditions, ancient texts, indigenous lore, and classical and modern philosophers.

Mirabello outlines 50 ways to rethink how we look at the afterlife: for instance, we shouldn't assume that ethical or moral behaviour is a prerequisite for entering it. He recounts adepts' spiritual journeys from the *Bardo Thodol* and an array of attitudes to mortality, many of them bizarre. He also examines ancient and modern means of trying to communicate with the dead.

As for his own stance, Mirabello says that based on probability theory it's better to wager for the

existence of the otherworld. He challenges nihilists and materialists and those who believe that death is final, as evidence suggests it's not.

MEDICAL MEDIUM

by Anthony William

Hay House, Inc., USA, 2015

ISBN 978-1-4019-4829-0 (368pp hc)

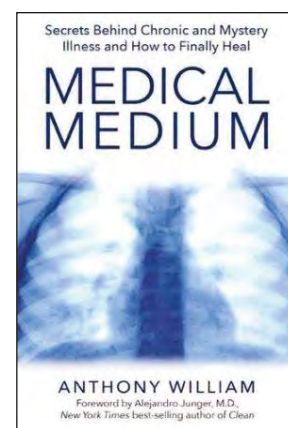
www.hayhouse.com

If you've been doctor-shopping for aches and your chronic "mystery illness" hasn't been treated, you can learn much from Anthony William's *Medical Medium* that you won't find anywhere else. William's healing knowledge was sparked at the age of four when "the Spirit of the Most High" began speaking into his ear and describing people's health afflictions—as this being still does.

Guided by this Spirit, William has diagnosed thousands of "mystery illnesses" and reversed them with the right natural foods, herbs and supplements. Here, he dispels many medical and dietary myths. He reveals the role of Epstein-Barr virus in so-called chronic fatigue syndrome, fibromyalgia, multiple sclerosis, rheumatoid arthritis and thyroid conditions (see extract from

his book in this issue). So often there's a viral cause, and the more compromised the immune system the more the viruses take hold. He elaborates on the secrets behind diabetes, adrenal fatigue, *Candida*, migraine, shingles, ADHD, PTSD, depression, PMS and Lyme disease. He's adamant that the *Borrelia* parasite is *not* the cause of Lyme.

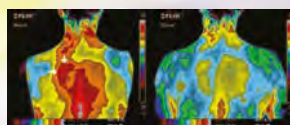
William has advice on good gut health, detoxification, and foods to avoid or eat regularly (yes, fruit). He sets out a 28-day healing cleanse program, offers meditations for soul-healing and suggests how to ask for help from "essential angels". His diverse case histories attest to the success of his protocols.



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THE SINGULARITY

edited by Uziel Awret

Imprint Academic, Devon, UK, 2016

ISBN 978-1-845409-07-4 (432pp)

www.imprint-academic.com

The idea of a "technological singularity", where machine intelligence overtakes human brain power, was first expressed by statistician I. J. Good in his 1965 article "Speculations Concerning the First Ultraintelligent Machine". Now that we may be approaching this singularity, we need to ask if we can avoid it or if it's inevitable.

Physicist and consciousness researcher Uziel Awret invited philosophers, futurists, scientists, psychologists, ethicists, AI experts and others to comment on Professor David J. Chalmers' paper "The Singularity: A Philosophical Analysis", published in the *Journal of Consciousness Studies (JCS)* in 2010. Chalmers concludes in this paper that we need to build appropriate values into machines and first construct artificially intelligent systems in virtual worlds.

Awret introduces this compilation of republished articles from 30 thinkers on different ways of addressing the singularity. They include Bryan Appleyard (preface), Damien Broderick, Daniel Dennett, Ben Goertzel, Susan Greenfield,

Frank Tipler, Ray Kurzweil and Nick Bostrom. Some are singularity sceptics; others have advanced the argument in different directions.

Professor Chalmers replies to the commentaries in his 2012 *JCS* paper, reprinted here, referring to aspects of uploading, personal identity and consciousness that add to the debate. These are important issues that we must tackle before technological advances outstrip our abilities to deal with them.

THE HAUNTING OF ASYLUM 49

by Richard Estep and Cami Anderson

New Page Books, NJ, USA, 2016

ISBN 978-1-63265-062-7 (179pp)

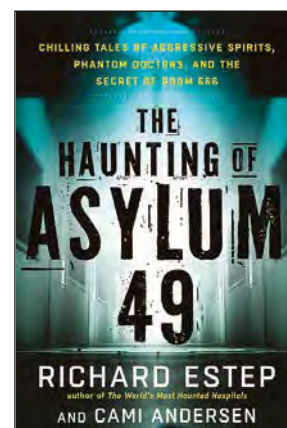
www.NewPageBooks.com

Kimm Andersen fulfilled a lifelong dream in 2006 when he and his wife Cami Andersen (co-author of this book) and relatives bought the abandoned Tooele Valley Hospital near Salt Lake City, Utah. Their purpose was to stage haunted hospital experiences, and their business has burgeoned in the last 10 years, especially around Halloween. It turned out that the old hospital is home to many discarnate spirits, some of whom were patients or worked there.

"Asylum 49", as it's known, is a magnet for paranormal researchers,

clairvoyants, ghosthunters and people wanting to be scared out of their wits. One team, headed by British-born, Colorado-based paramedic Richard Estep (the other co-author), makes regular visits to the facility. The research team uses all manner of high-tech devices to detect the presence of otherworldly spirits, even recording their voices and images. These spectres have their own personalities, likes and dislikes, and territories—and some don't welcome intrusions. They can meddle with equipment, slam doors, gently touch visitors or push them aggressively, and physically scratch volunteers. They are lost, but don't seem to want to move on.

Richard Estep and Cami Andersen have written a gripping, highly readable account, confirming that another level of reality lies beyond.

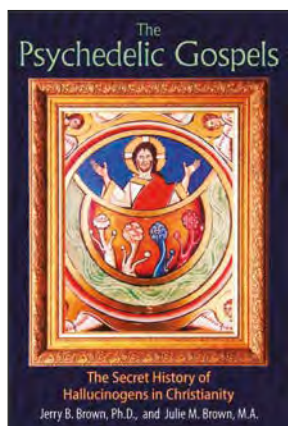


Fluoride poisoning: is fluoride in your drinking water and from other sources making you sick?

Fluoride Fatigue outlines the chronic fatigue and other ill effects experienced by many people when they drink fluoridated water. The book notes how to test if fluoride is causing these symptoms and, if it is, how they may often be cured. New Zealand born Dr Spittle has practised over a wide field in the medical profession for over 40 years. He is Managing Editor of *Fluoride*, the quarterly journal of the International Society for Fluoride Research, since 1999.

Order online via
www.NexusMagazine.com

THE PSYCHEDELIC GOSPELS
by Jerry B. Brown, PhD,
and Julie M. Brown, MA
Park Street Press, VT, USA, 2016
ISBN 978-1-62055-502-6 (260pp)
www.ParkStPress.com



The notion that the use of psychedelic plants led to the rise of religion was first promoted by R. Gordon Wasson in the 1950s, and former Dead Sea Scrolls scholar John Allegro proposed in his 1970 book *The Sacred Mushroom and the Cross* that Jesus Christ didn't exist but was a Gnostic symbol for an entheogenic fungus.

In conducting research for their book, anthropologist Dr Jerry Brown and his wife Julie Brown, an integrative psychotherapist, went in search of "plain sight" proof of a sacred mushroom cult in Catholic churches and cathedrals. They were initially inspired by a 2006 visit to Rosslyn Chapel near Edinburgh, where they discovered that its central Green Man figure features an upside-down *Amanita muscaria* fungus on his forehead.

Their subsequent tour of sacred places took in Greece, France, the UK, Germany, Italy and Turkey, and they found irrefutable evidence in paintings, frescoes and sculptures of a variety of fungus types known to elicit consciousness-expanding states and allow connection with the divine. One fresco shows Adam and Eve picking mushrooms from a mushroom tree! They present an array of colour and black and white photos to support their case.

The Browns wondered why

Wasson believed that use of such fungi did not occur later than 1000 BC, and why he mentioned no Church involvement in entheogens when the evidence, at least until the end of the High Middle Ages, suggested otherwise. They learned that Wasson, who worked at JP Morgan from the mid-1930s to mid-1950s, was a banker to the Vatican and thus was reluctant to apply his theory to Christianity!

The Browns call for a sensible approach to entheogen research that might gain credence in mainstream science and theology.

PLANT SPIRIT GARDENER by Alanna Moore

Python Press, Aust., Ireland, 2016
ISBN 978-0-9757782-9-6 (195pp)
www.pythonpress.com

For her new book, Australian-Irish geomancer Alanna Moore draws on the wisdom of folklore and her own experience in understanding and working with the plant kingdom (see 19/05, 19/02, 17/02 and more).

First, she educates us on what plants give so that we may live, why many trees have sacred traditions, and why forest therapy can improve our health. Next, she opens us up to the world of plant spirits, fairy doctors and therapeutic gardening. In her discussion of plant energies, Moore highlights the electrical nature of plants, spiral forces and the effects of electrosmog.

A long-time dowser, Moore uses the technique to determine plant and tree energies, select suitable species, choose the right planting locations and orientations, and work out the best plant healing methods. Dowsing can help you harmonise your garden, perform Earth acupuncture, position Towers of Power, and create stone labyrinths, symbolic mandala patterns and landscape features such as altars, ponds, pyramids and wild areas.

Taking another leap, Moore explains how to work in cooperation with the devas and create mystical gardens. Her book is rich with magical and practical advice.

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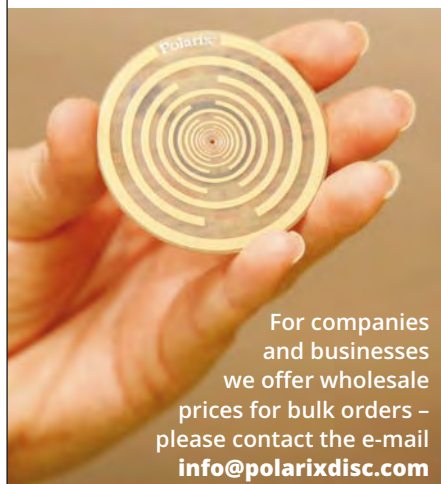
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THE ILLUMINATI

by Robert Howells

Watkins, London, UK, 2016

ISBN 978-1-78028-872-7 (217pp)

www.watkinspublishing.com



Countercultures have always tried to stand up to tyrants, but they've often had to operate as secret societies, upholding the truth and aiming towards the advancement of humanity. In *The Illuminati*, his third book, conspiracy author and former Watkins esoteric bookshop manager Rob Howells traces the evolution of major secret societies leading to Adam Weishaupt's 1776 founding of the Bavarian Illuminati. Far from being the proponent of an overarching New World Order, the Illuminati (meaning "enlightened") aimed to liberate humanity from its physical, mental and spiritual chains. One power that prevented people from achieving this enlightenment was the Catholic Church: it forced the mystery schools to go underground to preserve the ancient knowledge.

As Howells sees it, the Illuminati had a politically active stance of organised dissent that even made the French Revolution possible. It was counterculture in action, and he argues that the Illuminati and related secret societies established the philosophy that has ultimately been picked up by online hactivist groups such as Anonymous and WikiLeaks as well as whistleblowers like Edward Snowden in this era of digital disruption. Indeed, he posits that they're worthy successors for their ideals of freedom from

censorship and empowerment of societies against the ruling classes. Just as Weishaupt advocated for wider social change, these modern-day activists are showing up the Old World Order. Concerned citizens and online communities need to put the elites on notice, Howells urges in his pertinent book.

THE WIKILEAKS FILES

by various contributors

Verso, London, UK, 2015, 2016

ISBN 978-1-78478-621-2 (614pp)

www.versobooks.com

In the introduction to this hefty compilation, WikiLeaks founder Julian Assange sets the tone by exposing the apparatus of the US Empire/national security state and examining the reactions to various WikiLeaks releases, especially the US Department of State diplomatic cables that revealed what US operatives around the world really thought of their host nations and leaders. He likens these reactions to a type of "religious hysteria".

This volume provides welcome scholarly analysis of what the WikiLeaked documents, war logs and videos reveal about "the true human cost of empire" in how the United States handles regional and international geopolitical power dynamics. The first three chapters are written by an anonymous author who unmask's America's relationship with foreign dictators, the war crimes and human rights abuses of the "war on terror" and the promotion of neoliberal economic reform measures designed to give US corporations wholesale access to "global markets". The next 15 chapters feature contributions from Sarah Harrison, Linda Pearson, Russ Wellen, Robert Naiman, Gareth Porter, Dahr Jamail, Tim Shorrock, and others on specific hot spots.

If you ever needed more proof about America's questionable if not criminal dealings with nation-states and even with its own people, *The WikiLeaks Files* will confirm that your worst suspicions are valid.

HIDDEN AGENDA

by Mike Bara

Adventures Unlimited Press, 2016

ISBN 978-1-939149-66-4 (193pp)

www.nexusmagazine.com



Rumours of secret space programs have been stepping up in recent times. Here, Mike Bara, a former aerospace engineer and author of ancient aliens books (21/06, 21/02, 20/01), begins his analysis by examining the strange airship sightings of the late 1800s in the USA, leading back to an earlier private Prussian project linked with the Anunnaki. A mysterious N/B gas, said to aid lift and propulsion and alleged to have been utilised in these airships, may have been a key ingredient in the later Nazi Bell device. Bara suggests that the Nazis developed spacecraft based on Shauberger's Repulsive design and in the 1930s set up Antarctic bases. The Americans went on to capture Nazi technology and recruit German scientists and engineers such as Dr Wernher von Braun.

In his coverage, Bara reviews reports of crashed UFOs and their alien crews, technology retrieved for back-engineering (e.g., fibre optics, transistors), and the rise of the US national security state led by the MJ-12 group. He examines T. Townsend Brown's gravitation control discoveries that may have been used in antigravity research that went silent by the mid-1950s. He looks into the Project Horizon proposal to establish a lunar base, the race between the Americans and the Russians, and the secret

Apollo missions to collect alien artefacts from the Moon.

Bara also investigates testimony from whistleblowers who claim to have seen alien reproduction vehicles (ARVs) and Above Top Secret reports and who have photographed orbiting space platforms. He thinks it's likely that secret space programs *do* exist.

TAVISTOCK INSTITUTE

by Daniel Estulin

TrineDay, OR, USA, 2015

ISBN 978-1-63424-043-7 (239pp)

www.TrineDay.com

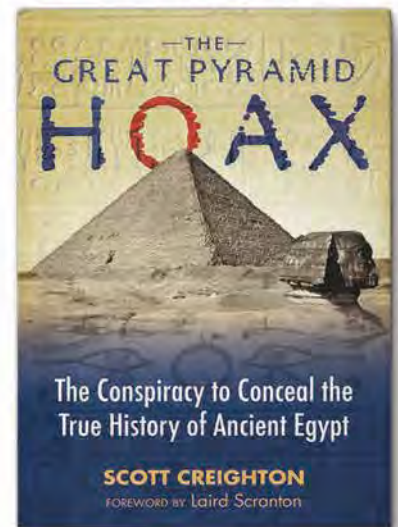
Known for his books on elite machinations (21/04, 17/03, 15/04), Daniel Estulin has turned his attention to England's Rockefeller-funded Tavistock Institute of Human Relations, formed in 1946 as an offshoot of the 1920-founded Tavistock Clinic and specialising in social science but with a covert psychological warfare agenda.

As Estulin has ascertained, also with reference to the work of other researchers, the Tavistock Institute shared its brainwashing experience, as well as its psychologists, with the CIA in mind-control programs such as *Bluebird* and those under the *MK-Ultra* banner, many of them involving hallucinogenic drugs. Tavistock-Rockefeller technocrats including Eric Trist conspired to introduce behaviour modification techniques to the labour force for the new postwar world, and Estulin speculates that these mind-control techniques may also have played a part in the JFK assassination.

With the discovery of LSD's effects in 1943, a new tool of social control was now in the offing and a new countercultural movement, instigated by Tavistock Institute agents, flowered in mid-1960s San Francisco, powered by the drug that was then made readily available by the CIA, says Estulin.

We're lucky to survive the iron grip of media propaganda, Estulin notes, imploring us to break the shackles of this mass programming and think properly for ourselves.

— NEW RELEASES —

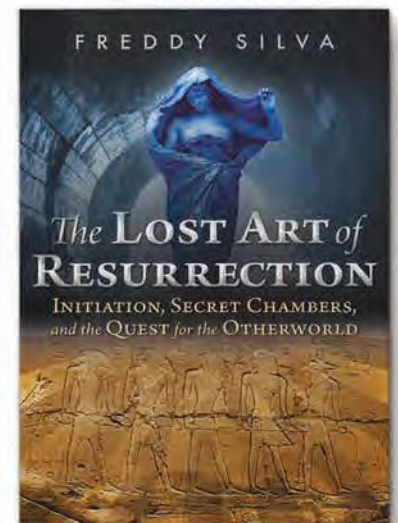


The Great Pyramid Hoax

Scott Creighton

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Freddy Silva

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REVIEWED BY RICHARD GILES

TRAVIS: THE TRUE STORY OF TRAVIS WALTON

by Jennifer W. Stein

Onwings Productions, USA,
2015 (90mins)

www.onwingsproductions.com

On 5 November 1975, timber logger Travis Walton's life changed forever. The 21-year-old from Snowflake, Arizona, was struck by a blue beam of light from an unknown 12-metre (40-foot) disc hovering silently ahead of him. He disappeared for five days, igniting a firestorm of controversy around the seven-member logging crew, the last people to see him.

Walton recounts his ordeal in this documentary which has since won 24 awards at film festivals in the USA. He describes how his abduction affected his life when the media, sceptics and debunkers attacked him, his family and friends.

In *Travis*, ufologists including Stanton Friedman and Lee Spiegel explain why this story still astounds investigators, astrophysicists and journalists. The documentary film also combines new and archival interviews with the logging crew, police and the polygraph examiner.

Executive director-producer Jennifer W. Stein believed the time had come to record interviews and testimonies for the next generation. The film is an historical and psychological record of the saga.



ERICH VON DÄNIKEN LEGACY NIGHT

directed by Vitaly Safarov

Zohar Entertainment Group, UK,
2016 (150mins)

Video on demand at

www.zoharstargate.com/events

It's been 50 years since Erich von Däniken's famous book *Chariots of the Gods?* was first published. In London on 15 October 2016, Zohar Entertainment Group staged an

event to celebrate this anniversary with a comprehensive presentation of the author's work over decades.

Von Däniken presents evidence that 6,000 years ago spaceships surrounded the Earth and that Vedic texts reported on a War in Heaven. He says that ETs chose the prophet Ezekiel to pass on information, taking him up a mountain to survey a temple using 318 precise measures. Ezekiel received these details in a vision that included a tour by "a man whose appearance was like that of bronze".

According to the Book of Enoch, "angelic" beings took the prophet Enoch into the skies. Von Däniken says that these beings were ETs, and he notes that our ancestors depicted their "gods" with rays of light and helmeted heads. He discusses Peru's Nazca lines and Egypt's Great Pyramid with its underground water chambers. He maintains that it was Enoch, not Cheops, who built this pyramid.

The 95-minute presentation is followed by interviews. At the end, von Däniken is honoured with the first Stellar Citizen Award for people who have changed the world.

Where is your Aussie Spirit

Toyota Landcruiser, HJ-47



- For Sale in Europe -

This 10/84 Australian registered Toyota Landcruiser Troop Carrier with Trailer is available in Mar/Apr. Fitted out with spares, tools and other requirements, it would suit a couple or single person to tour the world; through Europe and then the Pan-American Highway or maybe Japan first.

The trailer is designed to be dismantled into its components and the tray stands up, to fit with the Landcruiser into one 20' shipping container. All the tools are carried.

The spare parts include all glasses for the Landcruiser, alternator, starter motor and lots of smaller parts & items. Compressor, tyre repair tools, chain saw, jumper leads and many other items, incl. a 1.5 t Tirfor, are all on board. The present owner will assist with the familiarisation of the vehicle and with various aspects of world cruising.

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MUSIC

REVIEWED BY RICHARD GILES

AFTER THE RAIN

by Hat Fitz & Cara

Hat Fitz and Cara Records,
Australia, 2016 (32mins)

www.hatfitzandcara.com

www.theplanetcompany.com

These two great musicians produce gospel-style blues with old-time flavours. This is Hat Fitz and Cara's fourth album. Their second, *Wiley Ways*, won Album of the Year at the 2012 Australian Blues Music Chain Awards, and their third, *Do Tell*, spent months at the top of the Australian Blues and Roots Airplay Chart. Cara Robinson was named Female Vocalist of the Year in the 2015 Chain Awards. If you love stomping blues guitar, sensitive percussion and quirky lyrics, then this album is for you. I've seen them live and can attest to their musical excitement.



THE SEVEN SUNS

by John McSherry

Compass Records, USA, 2016
(46mins)

www.compassrecords.com

www.johnmcsherry.com

www.theplanetcompany.com

John McSherry's second album *The Seven Suns* is a journey into the heart of ancient Ireland, richly inlaid with personal, national and mythical elements. Guests include Seán Óg Graham (guitars), Michael McGoldrick (flute) and Niamh Dunne (fiddle, viola). A master of the uilleann pipes, McSherry was a founding member of the legendary Irish bands Lúnasa and Coolfin. His

new, original compositions explore the knowledge and wisdom of the Irish people. A superb album of spiritual and passionate music.

WOMEN OF AUSTRANESIA

by Women of AustraNesia

AustraNesia Records, Australia,
2016 (52mins)

<http://tinyurl.com/zwad6yn>

www.theplanetcompany.com

Women of AustraNesia is an ensemble from Cairns, far north Queensland, comprising singers of Aboriginal, Torres Strait Islander, Polynesian and Melanesian descent. On their self-titled album, these fine vocalists celebrate their rich cultural tapestry with their own songs that pay tribute to important women in their lives. They sing in a mix of indigenous languages and English, backed by musicians playing traditional instruments. Their songs serve to acknowledge and empower all women.

A BIT NA TA

by George Telek, David Bridie &
Musicians of the Gunantun

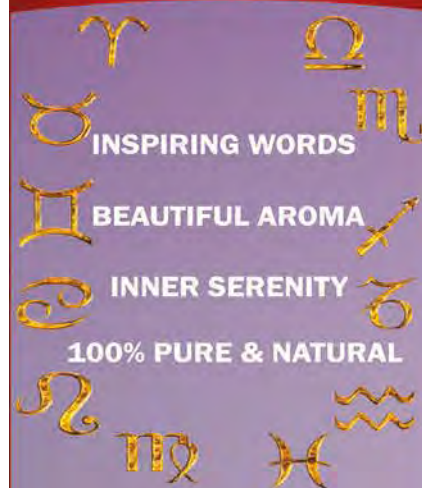
Wantok Musik, Aust., 2016 (63mins)

www.wantokmusik.org

www.theplanetcompany.com

A project centred on Rabaul, *A Bit Na Ta* (meaning "The Source of the Sea") was commissioned for the exhibition "No. 1 Neighbour: Art in Papua New Guinea 1966–2016" at the Queensland Gallery of Modern Art. It charts the huge changes in the century before 1975, when PNG became independent, from the perspective of the Tolai people. Key to their survival has been the strength of their *tubuan* society, which plays a major role in their spiritual and everyday lives. Famed Tolai musician George Telek (23/01) and Australian producer-musician David Bridie worked with Tolai historian Gideon Kakabin as well as family and friends to tell the stories of this culture in music and art.

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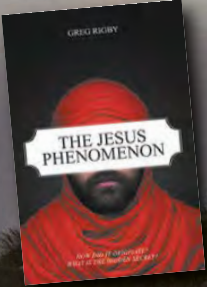
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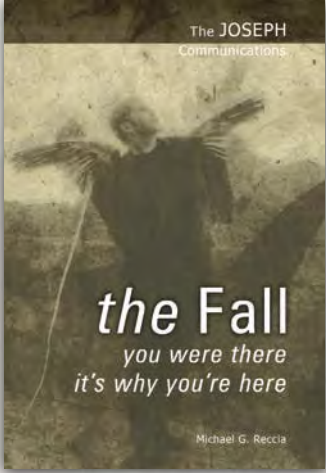



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Who Is Vladimir Putin? Continued from page 27

lots of new traffic lights (with seconds counting down to light change) were appearing.

It is astounding to me how much progress Russia has made since a little-known man with limited political experience walked into Russia's presidency and took over a country that was flat on its belly.

Reflections on our Projections

So why do our leaders and media demean and demonise Putin and Russia? Like Lady Macbeth, do they protest too much?

Psychologists tell us that people (and countries?) project onto others what they don't want to face in themselves. Others carry our "shadow" when we refuse to own it. We confer on others the very traits that we are horrified to acknowledge in ourselves.

Could this be why we constantly find fault with Putin and Russia?

Could it be that we project onto Putin the sins of ourselves and our leaders?

Could it be that we condemn Russia's corruption, acting as if the corruption within our corporate world doesn't exist?

Could it be that we condemn Russia's human rights and LGBT issues, not facing the fact that we haven't solved our own?

Could it be that we accuse Russia of "reconstituting the

USSR" because of what we do to remain the world's "hegemon"?

Could it be that we project nationalistic behaviours onto Russia because we ourselves have become nationalistic and we don't want to face it?

Could it be that we project warmongering onto Russia because of what we have done over the past several US administrations? ∞

About the Author:

Sharon Tennison is the Founder and President of the US-based Center for Citizen Initiatives (CCI). An American, Tennison established the CCI in 1983 to bring about a constructive relationship with the then Soviet Union and has continued this work in the new Russia. She is the author of *The Power of Impossible Ideas: Citizens' Extraordinary Efforts to Avert International Crisis* (Odenwald Press, 2012).

Sharon Tennison can be contacted by email at sharon@ccisf.org. For more information, visit the website <http://www.ccisf.org>.

Editor's Note:

This article is edited for publication here. The original source is at <http://www.winterpatriot.com/node/852>. The article is also posted on the GlobalResearch.ca website; see <http://tinyurl.com/psvndxa>.

ET Retrieval Team and 'Alien War' in Greenland Continued from page 63

LMH: Which would imply that they had some kind of force field protection?

SB: That and the fact that they moved so fast. There is not a country on this planet that had anything that we couldn't at least hit. Not even Russia, because it was the old other powerhouse at the time. Out of all these hundreds of ships that were apparently fighting overhead, we were unable to make a single hit on any of them.

LMH: Why would humans have been allowed to be in the Aleutian Islands or Greenland in the first place if there was an alien war ongoing for months in both locations?

SB: The way it looks is that we were allied with one side. And maybe they [the enemy] were coming after us. I don't know. We've been building up our military to fight them one day.

LMH: But, Steve, fight which ones?

SB: I don't know. That's just a scary thing—there's too much we don't know!

Time for Disclosure

LMH: We are speaking in November 2016. Have you had any vivid dream or encounter with any kind of an alien presence that gives you any kind of a picture or gut sense of what is coming?

SB: I don't think I've been abducted since I was at least sixteen. And I think that if we don't see something in the next few years, then there is something very bad about these aliens that they [the government and the aliens] are keeping from us—and not just that they are keeping it from us so that they [the human insiders] can continue to make money. Because that is kind of my hope. That would mean that there would be good things to disclosure, that if they [humans and ETs] are just keeping it in there so they can continue to use the human race to increase their wealth.

There are just too many nations around the world that believe in it [other life in the universe]. There is too much out there now. I don't think they can get the genie back in the bag, and I think it's time. We're to the point where it *has* to come out! We, the human race, need to know what's going on. We've been lied to for our whole history! ∞

Editor's Note:

This interview is extracted and edited, with permission, from Linda Moulton Howe's Earthfiles.com website. Part one is at <http://tinyurl.com/jrd274v>; part two is at <http://tinyurl.com/zfvc38g>.

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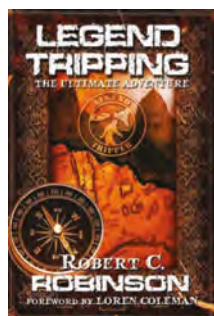
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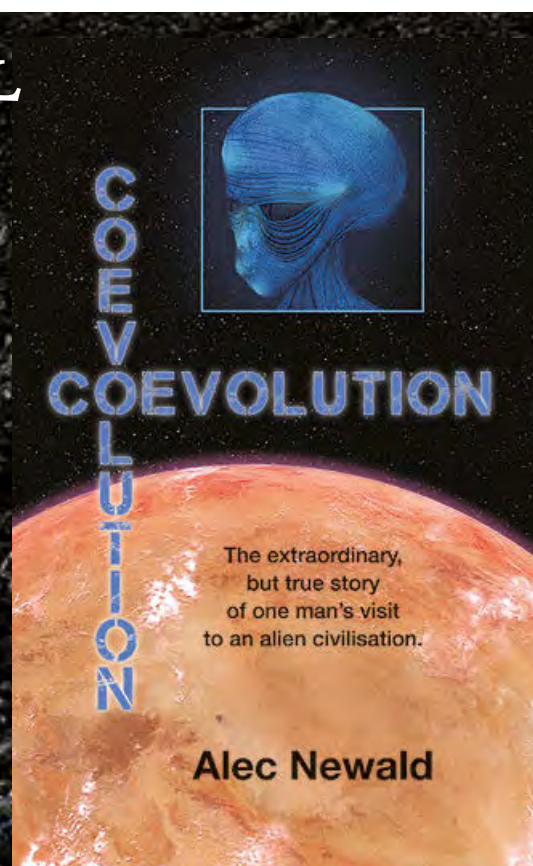
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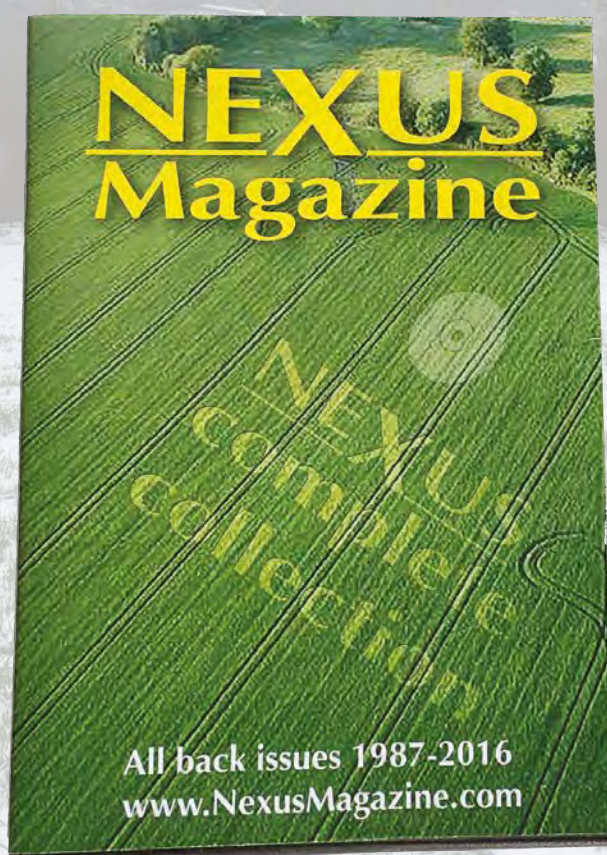
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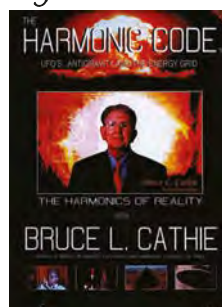
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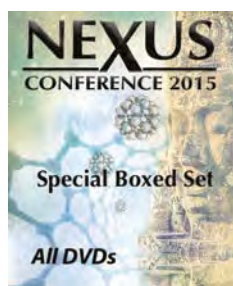
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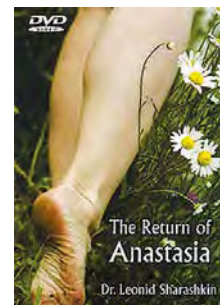
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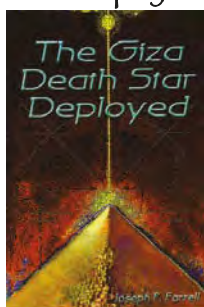


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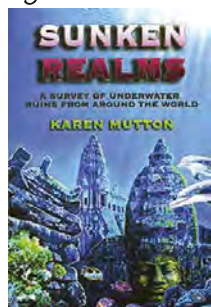
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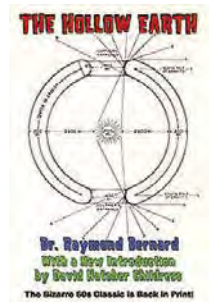
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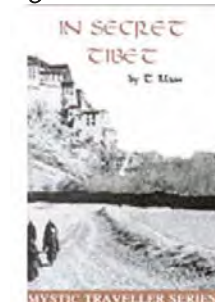
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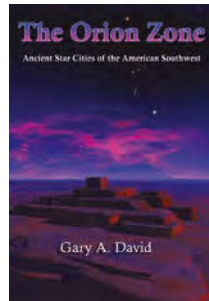
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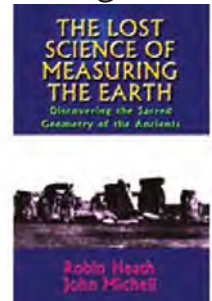
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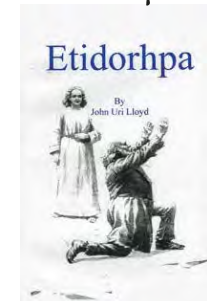
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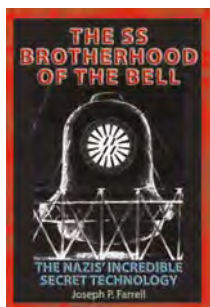


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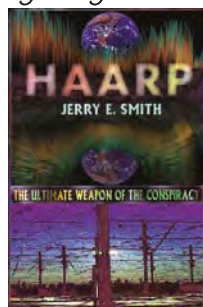
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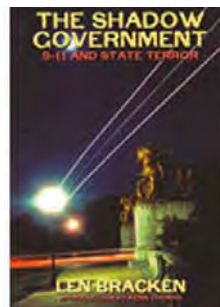
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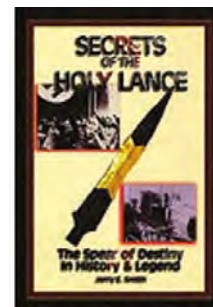
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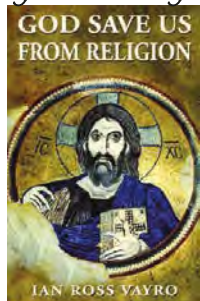
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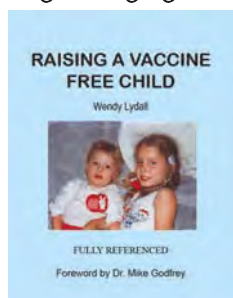


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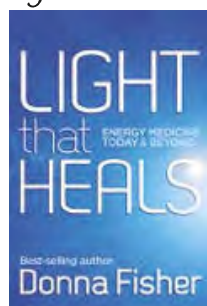
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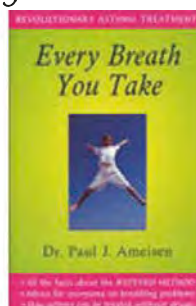
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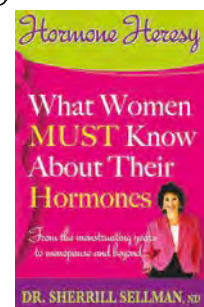
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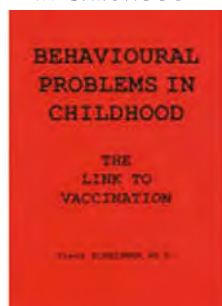
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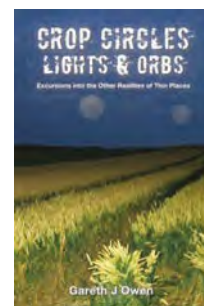
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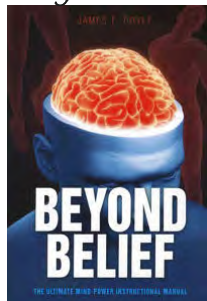
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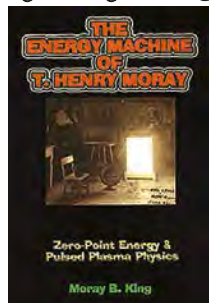


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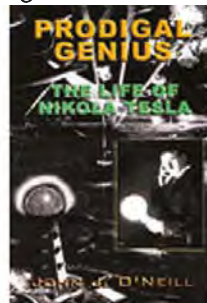
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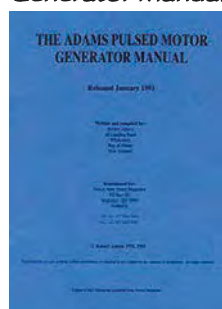
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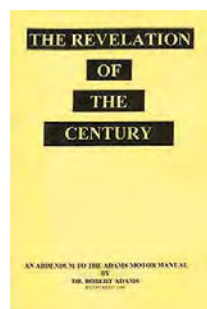
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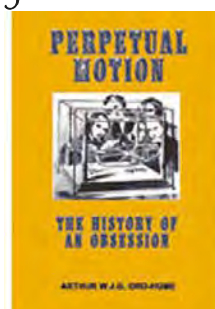
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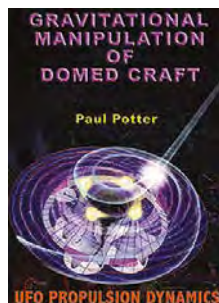
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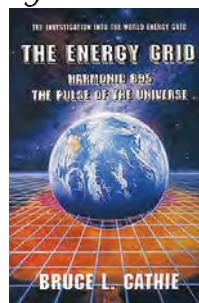
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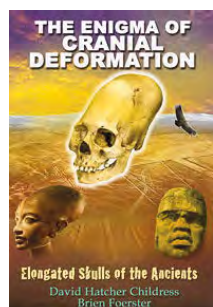


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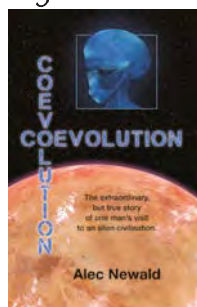
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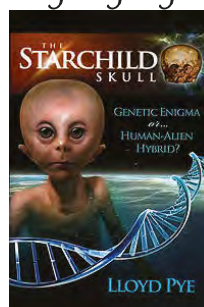
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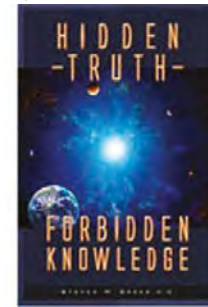
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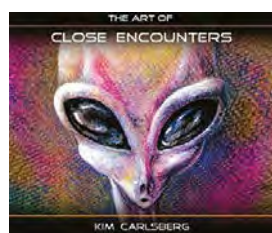
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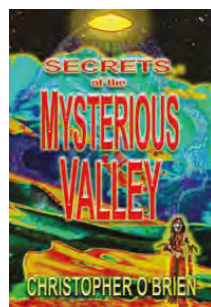
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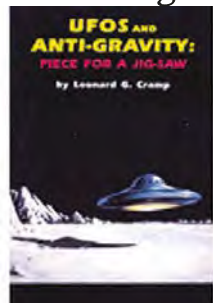
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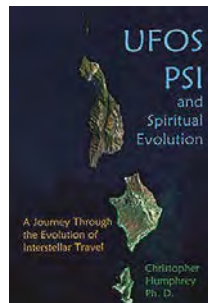
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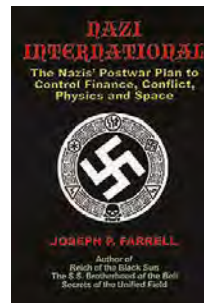
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This face crème was created as a powerful antioxidant formula with Co-enzyme Q10, aloe vera, vitamin C and hemp oil naturally. Essential oils of lavender and mandarin to brighten your day. Anti-aging moisturiser with anti-wrinkle properties for smooth skin. Effective treatment for sunspots.



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